

# DOWNEAST INTERGROUP NEWS

## Volume V Issue 4 April 2010

The Downeast Intergroup Committee is a group of AA members coming together in the spirit of fellowship to help carry the AA message by publishing a newsletter, sponsoring AA-oriented social events, and distributing AA literature. We support communication and participation between AA members, groups, and districts. [downeast\\_intergroup@yahoo.com](mailto:downeast_intergroup@yahoo.com)

### From Steering Committee Minutes for March 15, 2010

The Hotline Workshop was a success. Issues such as the 12-Step process, how it will become known to the public, and what our responsibility is to the people who call for information and help.

There is an updated printing of the meeting list on the way (for the April Meeting) which will include the new Hotline number and the new website address ([downeastintergroup.org](http://downeastintergroup.org)). There's talk of calling the Function Committee, the "Unity Committee"... what do you think? Willy K., DEIG Secretary

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### From District 16 ....

#### What Me Worry?

I'm sick and tired of worrying about things that don't really matter.

I'm sick and tired of having unreasonable expectations of myself.

I'm sick and tired of worrying about things over which I have no control.

I'm sick and tired of worrying about what other people are thinking about me.

I'm sick and tired worrying about what happened yesterday, and worrying about what might happen tomorrow.

I'm sick and tired of comparing my insides to other people's outsides.

I'm sick and tired of feeling sorry for myself.

I'm sick and tired of living in the problem instead of the solution.

I'm sick and tired of being sick and tired.

Don't give pain the power to destroy you. Joe M.

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**Do you want to receive this newsletter by e-mail?  
Send me your address.... Would you like to be a  
committee member on one of our committees? Ask  
and show up.... Is your name on the Hotline List?  
Show up.... Is your group represented? Elect an  
intergroup rep or send the group secretary. Editor.**

### InterGroup Treasurer's Report

Report Date 3/15/10

GENERAL FUND

Balance (1/1/09) = \$738.25

INCOME	Current	YTD
All Welcome Group		
Bangor/Brewer Friendly Group		
Blue Hill Group (Friday Night)		\$200.00
Brooklin Bridge to Recovery	\$75.80	\$75.80
Bucksport B.Y.O.B.		
Came to Believe Group (District 3)		
Castine Shipshape Group		\$50.00
District # 8		
District # 16		\$20.00
District # 21	\$21.00	\$63.00
District # 25	\$30.00	\$30.00
Ellsworth Group		
Fenchman's Bay Group	\$50.00	\$50.00
Fresh Start Group		
Miscellaneous		\$2.22
Orland Riverside AA Group		
Serenity by the Bay Group		\$50.00
Slipknot Group/Salisbury Cove		\$2.00
Stark Raving Sober		\$20.00
Stonington/Deer Isle Group		
Sullivan Harbor Group		
Tuesday Nootimers		\$25.25
<b>TOTAL CONTRIBUTIONS</b>	<b>\$176.80</b>	<b>\$588.27</b>
EXPENSES	Current	YTD
Check Order		
Coffee Supplies		
Literature Fund Contribution		\$50.00
Meeting Lists Printing Charges		\$260.00
Newsletter + Mailing Expenses	\$54.88	\$180.55
Rent for Church Space	\$10.00	\$30.00
Website Expenses	\$140.00	\$140.00
<b>TOTAL OPERATING EXPENSES</b>	<b>\$204.88</b>	<b>\$660.55</b>
<b>Beginning Balance</b>	<b>02/15/10</b>	<b>\$694.05</b>
Total Contributions this period		\$176.80
Expenses this Period		<\$204.88>
<b>Total Balance</b>		<b>\$665.97</b>
Minus Prudent Reserve		<\$140.00>
<b>Ending Balance</b>	<b>03/15/10</b>	<b>\$525.97</b>

### LITERATURE ACCOUNT

BEGINNING BALANCE (YTD) AS \$200.00

LITERATURE ACCOUNT	Current	YTD
Beginning Balance	\$49.12	\$49.12
Literature Sales	\$0.00	\$92.00
Literature Expenses	\$0.00	\$0.00
<b>Ending Balance</b>	<b>\$141.12</b>	<b>\$141.12</b>