happiness and sadness they kept coming and sharing. A lot of wisdom was shared by all. Thank you ladies for sharing your experience and hope, God bless each of you.

Joe M

ANNIVERSARIES

Mar 1 M	Ruth E, Belfast	27 yrs
Mar 5 F	Paul S, Millinocket	32 yrs
Mar 13 Sa	Ryan C, Blue Hill	1 yr
Mar 15 M	Corrine S, Deer Isle, Potluck	630 2 yrs
Mar 28 Su	Searsport - Nancy	25 yrs
	Joyce	3 yrs
Mar 31 W	Paul S, Blue Hill	4 yrs

MEETING LIST CHANGES

Add Th 630 PM Big Book Meeting, Parkman OB Delete S 7 PM Salisbury Cove

Add Th 7 PM Salisbury Cove, Eden Baptist Ch

OD

Add W 6 PM Womens Meeting, Sedgewick

School, Rt 15 C/Lit/D

Delete M 7 PM Lubec

Add M 7 PM Whiting, Cobscook Friends
Meeting House, Rt 189 OD

Delete T 7 PM Columbia

Add M 730 PM Machias, Congregational Church, Center St O/Lit/D

CALENDAR

- 3/1 M Living Sober Group 1st Anniversary, Congregational Church, Center St, Machias 730 PM. Speakers Meeting hosted by District 25 Love & Service Committee
- 3/7 Su Pre-Conference Forum, American Legion Post #5, Center St, Waterville, 9 AM -
- 3/15 M DEIG Meeting, Congregational Church, Ellsworth Falls, 6 to 7 PM -Hotline Answering Service Workshop, 7 to 8 PM, Business meeting.
- 3/26,27 & 28, F, Sa, Su, Area Assembly, Lewiston

High School, 156 East Ave, Lewiston. Assembly starts Sa at 9 AM

4/25 Su Old Timers Gathering, Mattawamkeag Town Hall, 11 AM to 4 PM, Potluck at noon, speakers (w/20+ years) 130 PM to 4 PM.

7/1,2,3,& 4, 75th International Convention, San Antonio, TX – check GSO website

Heard Around The Rooms By Joe...

There's no harm in having nothing to say, just try not to say it out loud....

The true magnitude of life is in the little things we say and do....

EDITORIAL COMMENT

I repeat, I can not do this newsletter alone. This space is yours but I shall use it for my comments.

It has always been customary for AA entities to provide services to all groups (and meetings) whether these groups and meetings choose to participate or not. It is therefore noteworthy when a group decides to participate in any service entity,- district, intergroup, or committee. In January 2010 after a group business meeting, the Northern Bay Big Book Group decided to participate in Area 28 and District XXI. Of course the GSR was welcomed with open arms. These AA entities provide services that groups and meeting alone find it difficult to do.

The DEIG needs your support, both in bodies and money, especially when it comes to building committees, such as Function, Hotline, Meeting List, Literature, etc. We could do more together to express the Joy of Living. Sharing experience, strength, and hope can operate on many levels, and we need your participation.

One way that would help would be for the groups to get together and choose a zone representative for the clutch of local groups. Another way is for a volunteer to step forward and do the job until a structure can be created. Of course the local groups within a 30 to 45 minute drive could be more active and send an intergroup representative, or include the job as part of the secretary's. Bob D.

Contact Information

Please send articles, events, corrections, anniversaries, and other group or district news to Newsletter Editor, POBox 83, Stonington, ME 04681, e-mail rkd-one@lycos.com, or phone 207-367-2994. You can also write to Intergroup Secretary, POBox 333, Bucksport, ME 04416. Please mail contributions to support this intergroup to Intergroup Treasurer, 1056 Pleasant St, Blue Hill, ME 04614. We ask for your name and AA job title from all who contribute any items printed in this newsletter. Events listed are for your information, and are not necessarily sponsored or endorsed by AA or this intergroup.