

## **FREE AND CHEAP FOOD IN GLASGOW**

### **Mondays**

Lodging House Mission, 7.30am to 2.30pm, cooked breakfast or lunch, £1

Open Doors Trust, Cadogan Street, 7.30pm to 10.00pm, FREE

Salvation Army Laurieston Centre:  
free hot drinks and breakfast rolls (8.30-10.00am)  
three course lunch £1 (11.30am to 4.00pm)

The Sheiling (City Mission), 8.00pm to 10.30pm, FREE

The Wayside, 7.30pm to 10.00pm - FREE

### **Tuesdays**

Destiny Church, Cadogan Street, 8.45pm to 12.30am, FREE

Lodging House Mission, 7.30am to 2.30pm, cooked breakfast or lunch, £1

Salvation Army Laurieston Centre:  
free hot drinks and breakfast rolls (8.30-10.00am)  
three course lunch £1 (11.30am to 4.00pm)

The Sheiling (City Mission), 8.00pm to 10.30pm, FREE

The Wayside, 7.30pm to 10.00pm – FREE

Glasgow Simon Community, Cadogan Street, 9.00pm to 9.45pm - FREE

### **Wednesdays**

Lodging House Mission, 7.30am to 1.00pm, cooked breakfast or lunch, £1

Open Doors Trust, St Vincent Church, Bothwell Street, 11.30am to 1.00pm, FREE

Salvation Army Laurieston Centre:  
free hot drinks and breakfast rolls (8.30-10.00am)  
three course lunch £1 (11.30am to 4.00pm)

The Sheiling (City Mission), 8.00pm to 10.30pm, FREE

Simon Community, Cadogan Street, 9.00pm to 10.00pm, FREE

The Wayside, 7.30pm to 10.00pm - FREE

### **Thursdays**

Lodging House Mission, 7.30am to 2.30pm, cooked breakfast or lunch, £1

Queens Park Baptist Church, Balvicar Street, 7.00pm to 9.30pm, FREE

Salt and Light Bus, Waterloo Street, 10.00pm to 12.00am, FREE

Salvation Army Laurieston Centre:

free hot drinks and breakfast rolls (8.30-10.00am)

three course lunch £1 (11.30am to 4.00pm)

The Wayside, 7.30pm to 10.00pm - FREE

### **Fridays**

Lodging House Mission, 7.30am to 2.30pm, cooked breakfast or lunch, £1

Salvation Army Laurieston Centre:

free hot drinks and breakfast rolls (8.30-10.00am)

three course lunch £1 (11.30am to 4.00pm)

St Simons' Church, Dunaskin Street, Partick, 6.00pm to 7.00pm, FREE

The Sheiling (City Mission), 8.00pm to 10.30pm, FREE

The Wayside, 7.30pm to 10.00pm - FREE

### **Saturdays**

St Simons' Church, Dunaskin Street, Partick, 1.00pm to 2.00pm, FREE

The Wayside, 7.30pm to 10.00pm - FREE

### **Sundays**

Frederick Ozanam Centre, Parnie Street, 11.30am to 2.00pm, FREE

St Simons' Church, Dunaskin Street, Partick, 1.30pm to 2.30pm, FREE

The Shiloh, St Columba's Church, St Vincent Street, 7.30pm to 9.00pm, FREE

Simon Community, Cadogan Street, 9.00pm to 10.00pm, FREE

Lodging House Mission, 4.00pm to 6.00pm

The Wayside, 7.30pm to 10.00pm – FREE

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Lodging House Mission, 35 East Campbell Street, G1 5DT

The Wayside, 32 Midland Street, G1 4PR

The City Mission (The Shieling) 24 MacAlpine Street, G2 8PT

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This list was correct as at 31/07/09. See [www.hipinglasgow.com](http://www.hipinglasgow.com) for updates