

* Work $W = Fd \cos \theta$

$W > 0$ is work done by the force on the system such that energy of the system increases

* Kinetic energy $KE = \frac{1}{2} mv^2$
energy in the motion of an object of mass m

* Potential energy PE

capacity of an object to do work based on its configuration (position in gravity, extension/compression of a spring)

$$PE_g = mgy$$

$$PE_{\text{spring}} = \frac{1}{2} k(\Delta L)^2 = \frac{1}{2} kx^2$$

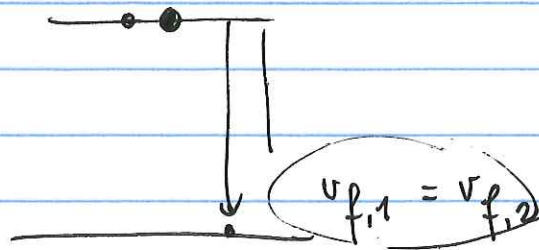
* Work/energy theorem:

$$W_{\text{net}} = KE_f - KE_i = \Delta KE$$

IF there is potential energy

$$W_{\text{net}} = - (PE_f - PE_i) = -\Delta PE$$

→ conservation of energy: $KE_i + PE_i = KE_f + PE_f$



$$v_{f,1} = v_{f,2} \rightarrow KE_1 = \frac{1}{2} m_1 (v_{f,1}^2) \mid KE_2 = \frac{1}{2} m_2 (v_{f,2}^2)$$

* Conservative forces / Non-conservative forces

↳ Work W_{net} only depends on initial and final state, doesn't depend on path taken

$$\hookrightarrow -(PE_f - PE_i) = W_{\text{net}}$$

Non-conservative forces: W_{net} depends on path
example: friction

$$W_{\text{net}} = \underbrace{W_c}_{\text{conservative}} + \underbrace{W_{\text{nc}}}_{\text{non-conservative}} = (KE_f - KE_i) - (PE_f - PE_i)$$

$$-(PE_f - PE_i) + W_{\text{nc}} = KE_f - KE_i$$

$$0E_f + KE_f + PE_f = KE_i + PE_i + W_{\text{nc}} + 0E_i = Fd \cos \theta$$

~~generalized~~

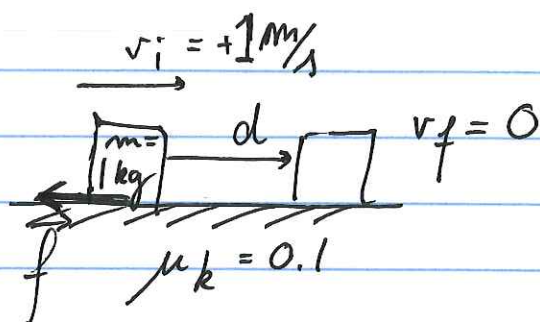
"generalized" conservation of energy

$$\Delta PE = PE_f - PE_i = mg(0.5 \text{ m}) = (5 \text{ kg})(10 \text{ m/s}^2)(0.5 \text{ m}) = 25 \text{ J}$$

$$\Delta KE = 0 - 0 = 0$$

$$W_F = \underbrace{F \cdot d \cdot \cos \theta}_{\substack{\text{1 m} \quad \text{1} \\ \theta = 0^\circ}} = (1 \text{ m}) F = 25 \text{ J}$$

$$F = \frac{25 \text{ J}}{1 \text{ m}} = 25 \text{ N}$$



How far does this object slide?

$$\vec{N} \rightarrow N = mg \quad \vec{f}_k = -\mu_k N = -\mu_k mg$$

$$\vec{W} = m\vec{g} = -mg$$

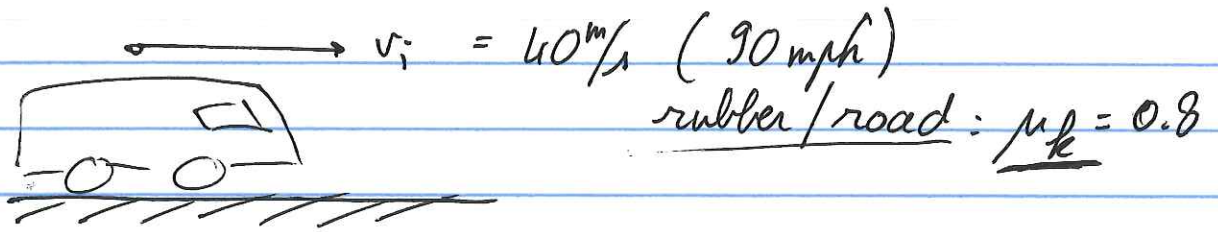
$$\underbrace{KE_f}_{v_f=0} + \underbrace{PE_f}_0 = \underbrace{KE_i}_{\frac{1}{2}mv_i^2} + \underbrace{PE_i}_0 + W_{nc}$$

$$\frac{1}{2}(1 \text{ kg})(1 \text{ m/s})^2 = 0.5 \text{ J}$$

$$W_{nc} = F \cdot d \cdot \cos \theta = \mu_k mg d \underbrace{\cos 180^\circ}_{-1} = -\mu_k mg d$$

$$0 = \left(\frac{1}{2} m v_i^2 \right) - \mu_k mg d$$

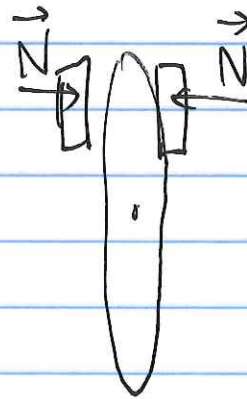
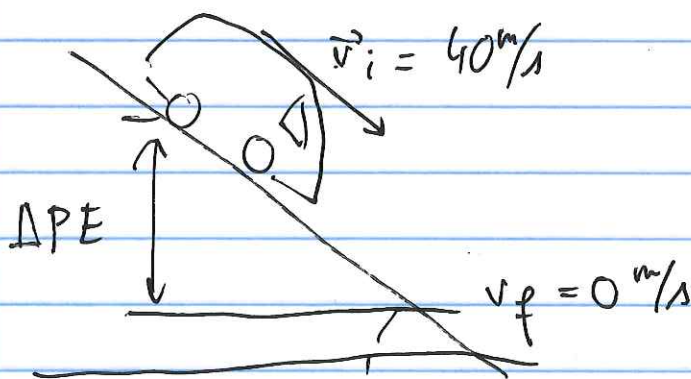
$$\hookrightarrow d = \frac{\frac{1}{2} v_i^2}{\mu_k g} = \frac{(1 \text{ m/s})^2}{2(0.1)(10 \text{ m/s}^2)} = \underline{0.5 \text{ m}}$$



$$\underbrace{\frac{1}{2} m v_i^2}_{KE_i} + \underbrace{W_{nc}}_{- \mu_k m g d} = 0$$

$$\hookrightarrow d = \frac{v_i^2}{2 \mu_k g} = \frac{(40 \text{ m/s})^2}{2(0.8)(10 \text{ m/s}^2)} = \frac{1600 \text{ m}^2/\text{s}^2}{(1.6)(10 \text{ m/s}^2)} = 100 \text{ m}$$

rubber/ice: $\mu_{k, \text{ice}} = 0.4 \rightarrow 200 \text{ m}$



$\mu_{k_s} > \mu_k$ ABS
 rolling slipping

Power = rate at which work is done

$$P = \frac{W}{\Delta t}$$

$$W = 10 \text{ J} : 1 \text{ s} = \Delta t$$

$$\rightarrow P = \frac{10 \text{ J}}{1 \text{ s}} = 10 \frac{\text{J}}{\text{s}} = 10 \text{ W}$$

$$1 \text{ Watt} = 1 \frac{\text{J}}{\text{s}}$$

$$10 \text{ s} = \Delta t \rightarrow P = 1 \text{ W}$$