

PHYS 107 - Week 7 - Monday

* Work $W = Fd \cos \theta$

$W > 0$ is work done by the force on the system such that energy in the system increases

* Kinetic energy $KE = \frac{1}{2}mv^2$
energy of motion of an object with mass m

* Potential energy PE
capacity of an object to do work based on its configuration (position, extension)
 $\hookrightarrow PE = mgy$ (gravity)
* Work/energy theorem: $PE = \frac{1}{2}kx^2$ (spring)

$$\begin{aligned} W_{\text{net}} &= KE_f - KE_i \\ &= \Delta KE \end{aligned} \quad \begin{array}{l} \text{for any force} \\ \text{always true} \end{array}$$

If there is a potential energy:

$$W_{\text{net}} = -(PE_f - PE_i) = -\Delta PE$$

$$\rightarrow KE_i + PE_i = KE_f + PE_f$$

conservation of energy

~~Q8. Bowling ball~~ Q10 dropped marbles

* Conservative forces vs. non-conservative forces

↓
work W_{net} only depends on the initial and final state (position, extension of spring)

↓
there exists a PE

Non-conservative forces: depend on the path taken
example: friction

$$W_{\text{net}} = W_c + W_{\text{nc}} = KE_f - KE_i - (PE_f - PE_i)$$

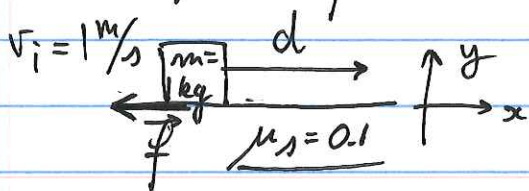
$$\Rightarrow KE_f - KE_i = -(PE_f - PE_i) + W_{\text{nc}}$$

$$\text{or } KE_f + PE_f = KE_i + PE_i + W_{\text{nc}}$$

general energy conservation

Q 8 Bowling ball

* Example: friction: An object starts sliding with a speed of 1 m/s . How far does it slide? $\mu_s = 0.1$



$$\begin{array}{ccccccc} KE_f & + & PE_f & = & KE_i & + & PE_i & + & W_{\text{nc}} \\ \parallel & & \parallel & & \parallel & & \parallel & & \parallel \\ 0 & & 0 & & \frac{1}{2} m v_i^2 & & 0 & & -f d \\ (v_f = 0) & & (y = 0) & & \parallel & & (y = 0) & & (\theta = 180^\circ) \\ & & & & 0.5 \text{ J} & & & & \end{array}$$

$$\rightarrow 0 = 0.5J - fd$$

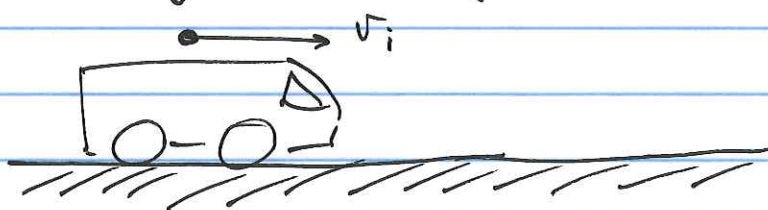
$$\text{or } d = \frac{0.5J}{f}$$

$$f = \mu_k N = \mu_k mg = (0.1)(10 \text{ kg})(10 \text{ m/s}^2) = 1 \text{ N}$$

$$\rightarrow \underline{d = 0.5 \text{ m}}$$

Q 9 car skid

* Braking distance of a car :



$$W_{mc} = -fd$$

For a car with initial speed $v_i = 40 \text{ m/s}$ ($\approx 90 \text{ mph}$) and rubber tires skidding on the road ($\mu_s = 0.8$)

$$\hookrightarrow \frac{1}{2} m v_i^2 - fd = 0$$

$$\frac{1}{2} m v_i^2 - \mu_k mg d = 0$$

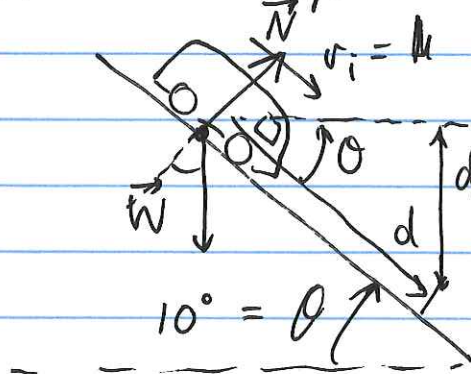
$$d = \frac{v_i^2}{2\mu_k g} = \frac{(40 \text{ m/s})^2}{2(0.8)(10 \text{ m/s}^2)} = \frac{1600 \text{ m}^2/\text{s}^2}{(1.6)(10 \text{ m/s}^2)}$$

$$= 100 \text{ m}$$

Observations :

- braking distance d depends on v_i^2
 $\rightarrow 2 \times$ higher speed $\rightarrow 4 \times$ higher distance
- independent of mass m of car
 why does a truck have a longer stopping distance? the $N = mg$ only has part of the mass (tractor) but $\frac{1}{2}mv_i^2$ has the full mass of the entire tractor/trailer
- μ_k small, for example rubber on ice
 $\rightarrow d$ becomes much longer

* What happens when you brake downhill?



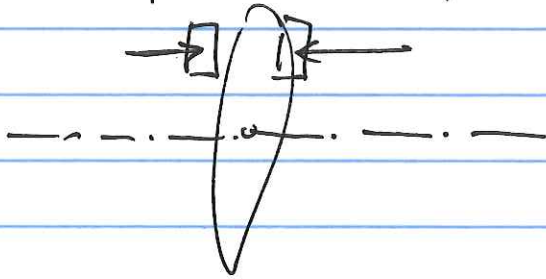
$$\begin{aligned}
 KE_i &= \frac{1}{2} m v_i^2 \\
 PE_i &= m g d \sin \theta \\
 KE_f &= 0 \\
 PE_f &= 0 \\
 W_{nc} &= -f d = -\mu_k N d \\
 &= -\mu_k m g \cos \theta \cdot d
 \end{aligned}$$

$$\rightarrow \frac{1}{2} m v_i^2 - \mu_k m g d \cos \theta + m g d \sin \theta = 0$$

$$\hookrightarrow d = \frac{v_i^2}{2(\mu_k \cos \theta - \sin \theta)g} = 130 \text{ m} > 100 \text{ m}$$

Notice that for $\theta = 0^\circ$: $d = \frac{v_i^2}{2(\mu_k 1 - 0)g}$ as found earlier

* Actual brakes: independent of gravity/normal force since pneumatic system pushes against a disk \rightarrow much higher N can be achieved



* ABS systems: when wheels block \rightarrow slipping on the road is dependent on μ_k
when wheels don't block: $\mu_s \rightarrow \mu_s > \mu_k$

Q16 loop

* Power : rate at which work is done :

lifting a 1 kg mass slowly versus quickly :
same amount of work, but over a
different time interval

$$\text{Power } P = \frac{W}{\Delta t}$$

$$\text{units: } 1 \text{ Watt} = 1 \frac{\text{J}}{\text{s}}$$

Example : energy in a cereal bowl = 1200 kJ

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work done by a hiker to raise a 60 kg mass
to a height of 2000 m (perfect efficiency)

↓
if this takes half a day, 6 hours

$$\hookrightarrow P = \frac{1200 \text{ kJ}}{(6 \text{ hrs})(3600 \frac{\text{s}}{\text{hr}})} = \underline{55.6 \text{ W}}$$

Example: push-ups : $W_{\text{net}} = -(PE_{\text{up}} - PE_{\text{down}})$

$$W_{\text{net}} = -mgh = (80 \text{ kg})(10 \frac{\text{m}}{\text{s}^2})(\frac{1}{4} \text{ m})$$
$$= 200 \text{ J}$$

1 push-up per second ($\Delta t = 1 \text{ s}$)

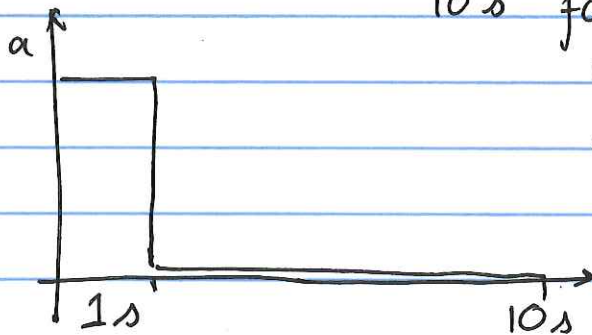
$$\rightarrow P = \frac{200 \text{ J}}{1 \text{ s}} = \underline{200 \text{ W}}$$

* Sprinter Usain Bolt

10 s for 100 m dash

$v = 10 \text{ m/s}$ maximum velocity

$a = 10 \text{ m/s}^2$ in first second



$$KE = \frac{1}{2}mv^2 = \frac{1}{2}(60\text{kg})(10\text{m/s})^2 = 3000\text{J}$$

Reaches this energy in 1 s $\rightarrow P = \frac{3000\text{J}}{1\text{s}}$

$$= 3000\text{W}$$