

## NEW - DISCIPLESHIP FOUNDATIONS

### Intro - Discipleship Foundations

Greg 4/26

Unit 1 - Jesus, The Ultimate Disciple Maker

Dennis 5/3

Unit 2 - Biblical Foundation For Life-on-life Missional Discipleship

Jerry 5/10

Unit 3 - Elements Of Transformation

Greg 5/17

Unit 4 - Qualified And Humble Leaders

William 5/24

Unit 5 - The Power Of Association

# INTRO - DISCIPLESHIP FOUNDATIONS

Jesus loved the world, helped many, and disciplined a few

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## UNIT ASSIGNMENTS

- ☐ COMPLETE: Read the Intro and schedule who will lead your weekly meetings for this Journey Section  
Use the [Group Planning Worksheet](#) to help plan group time  
Look ahead at the [Day of Prayer Exercise](#) and schedule a day for it

## TRUTH

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You then, my child, be strengthened by the grace that is in Christ Jesus, 2 and what you have heard from me in the presence of many witnesses entrust to faithful men, who will be able to teach others also.

**2 Timothy 1:1-2**

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## Welcome to the Discipleship Foundations Guide!

The purpose of this guide is to help discipleship leaders involved with the Life on Life Missional Discipleship movement. As you work through this material you will gain skills and a foundation of discipling others the way Jesus did. We hope this will help individual leaders launch into an effective lifestyle of disciple making. The following guidelines will help your group get the most out of this material.

## **Experience this Material in a Group**

This material has not been designed to be read as a book but to be experienced in the context of a group in two different ways. The first way is for an experienced life-on-life leader to take future leaders through this study as a group for six weeks in order to train and prepare them to lead their own discipleship groups in the future. These would-be leaders who are committed to starting a discipleship group in next 5-9 months. A second way to use this guide is for a discipleship group to use this as their curriculum to build a deeper conviction and foundation for discipling like Jesus. The units are practical and action-oriented, and each week's assignments are designed to be completed and discussed as a group.

## **Share Leadership of the Discipleship Foundations Group Meetings**

We suggest giving everyone in the group leadership experience by rotating the leadership of the weekly group meetings. This will allow the majority of the group to get a feel for planning and leading the group time. In the Appendix, you will find a Group Planning Worksheet which will help you plan the agenda and manage time in the group. There is not enough time to cover all the unit's content, so you will need to plan the group time with this tool. The first week is planned out as an example. Be sure to give helpful peer feedback so everyone can develop their leadership skills. Weekly feedback is done when using this guide, but not in normal discipleship groups.

## **Schedule the Group Meetings**

Schedule 5 weekly meetings to complete this study. If possible, also schedule a full day of prayer together to complete the Kingdom Day of Prayer Exercise. Your group should plan on meeting for an hour and a half each meeting. If possible, choose the same day and time for consistency. Take time to schedule who will lead each week.

## **Commit to Complete Assignments Before Group Meetings**

The meetings will last an hour and a half, and follow the TEAMS format, which is also used in The Journey curriculum. The idea is that this group will experience the elements of transformation in a TEAMS-based group that includes truth, equipping, accountability, mission and supplication. It is best if you prepare the unit during the week and come ready to discuss it during the weekly meeting. Many have found it helpful to break down the unit by completing one section a day over the course of five days for personal worship. Be sure to do the Mission section early in the week to give yourself time to complete the assignments.

## **Pray for a Life-on-Life Missional Discipleship Movement**

Spend time in prayer asking God to ignite a movement of life-on-life Missional Discipleship in and through your lives and the church.

EQUIPPING

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Topic and Leader (write in who will be leading each group time)

Unit 1: Jesus, the Ultimate Disciple-maker (Leader model first)

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Unit 2: Biblical Foundation of Life-on-Life Missional Discipleship

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Unit 3: Elements of Transformation

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Unit 4: Qualified and Humble Leaders

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Unit 5: Power of Association

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# ACCOUNTABILITY

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MISSION

“Thomas said to him, ‘Lord, we do not know where you are going. How can we know the way?’  
6Jesus said to him, ‘I am the way, and the truth, and the life. No one comes to the Father except through me.’”  
John 14:5-6 (ESV)

Your Mission assignment this week is to read the third Life Issues booklet, which addresses the question, “Is Jesus the only way to God?” Read the short introductory section and answer the questions in the margin that accompany the chapters from John’s Gospel. You can skip most of the readings in John, but be prepared to discuss the questions in your next Journey Group meeting. You can write in the booklet or on the space below.

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Use the space below to journal your thoughts and feelings about portraying Jesus as the only way to God to the least and the lost. Be prepared to discuss your thoughts at your next group meeting.

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## SUPPLICATION

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"Is this not the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? 7Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? 8Then shall your light will break forth like the dawn, and your healing shall spring up speedily; your righteousness will go before you; the glory of the LORD shall be your rear guard. 9Then you shall call, and the LORD will answer; you shall cry, and he will say, 'Here I am.'"

**Isaiah 58:6-9a (ESV)**

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The prophet Isaiah says when you attend to those in need, God will answer when you call (verse 9). Ask God to let you see others through the compassionate eyes of Jesus. Then ask Him to help you put that compassion into action.

**My prayer request regarding the truth for this week:**

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**My prayer request regarding a situation in my life:**

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**My prayer request regarding living a missional life:**

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**Prayer requests from others in my group:**

[illegible]