**Plan**

English for Elders

【零基础学英语1】最容易坚持学习的零基础英语课程 | 学英语初级 | 学英文

<https://www.youtube.com/watch?v=Xb__hvuP2Jc&list=PLeLUwRVMTGPQwJSGhd78Wdbj35ElXOZAo&ab_channel=%E6%98%9F%E8%8D%A3%E8%8B%B1%E8%AF%AD%E7%AC%94%E8%AE%B0>

【零基础学英语2】最容易坚持学习的零基础英语课程 | 学英语初级 | 学英文

<https://www.youtube.com/watch?v=Lobz3njQe3Y&ab_channel=%E6%98%9F%E8%8D%A3%E8%8B%B1%E8%AF%AD%E7%AC%94%E8%AE%B0>

光聽就行！1000個簡短易用的英語短句

<https://www.youtube.com/watch?v=ABJyFy3S-BY&ab_channel=LearnEnglishandmorewithMs.Tomato>

Reading Practice (Improve your pronunciation in English

<https://www.youtube.com/watch?v=E0APXrppsP4&ab_channel=EnglishLanguageAcademy>