

FM:  $H \left( \begin{array}{c} \uparrow \\ \diagup \quad \diagdown \\ \text{---} \quad \uparrow \end{array} \right) < H \left( \begin{array}{c} \uparrow \\ \diagup \quad \diagdown \\ \text{---} \quad \downarrow \end{array} \right)$

AFM:  $H \left( \begin{array}{c} \uparrow \\ \diagup \quad \diagdown \\ \text{---} \quad \downarrow \end{array} \right) = H \left( \begin{array}{c} \uparrow \\ \diagup \quad \diagdown \\ \text{---} \quad \uparrow \end{array} \right) = \dots$