

Biostatistics for Health Care Researchers: A Short Course

# **Hypothesis Testing and Confidence Interval Estimation**

Presented by:

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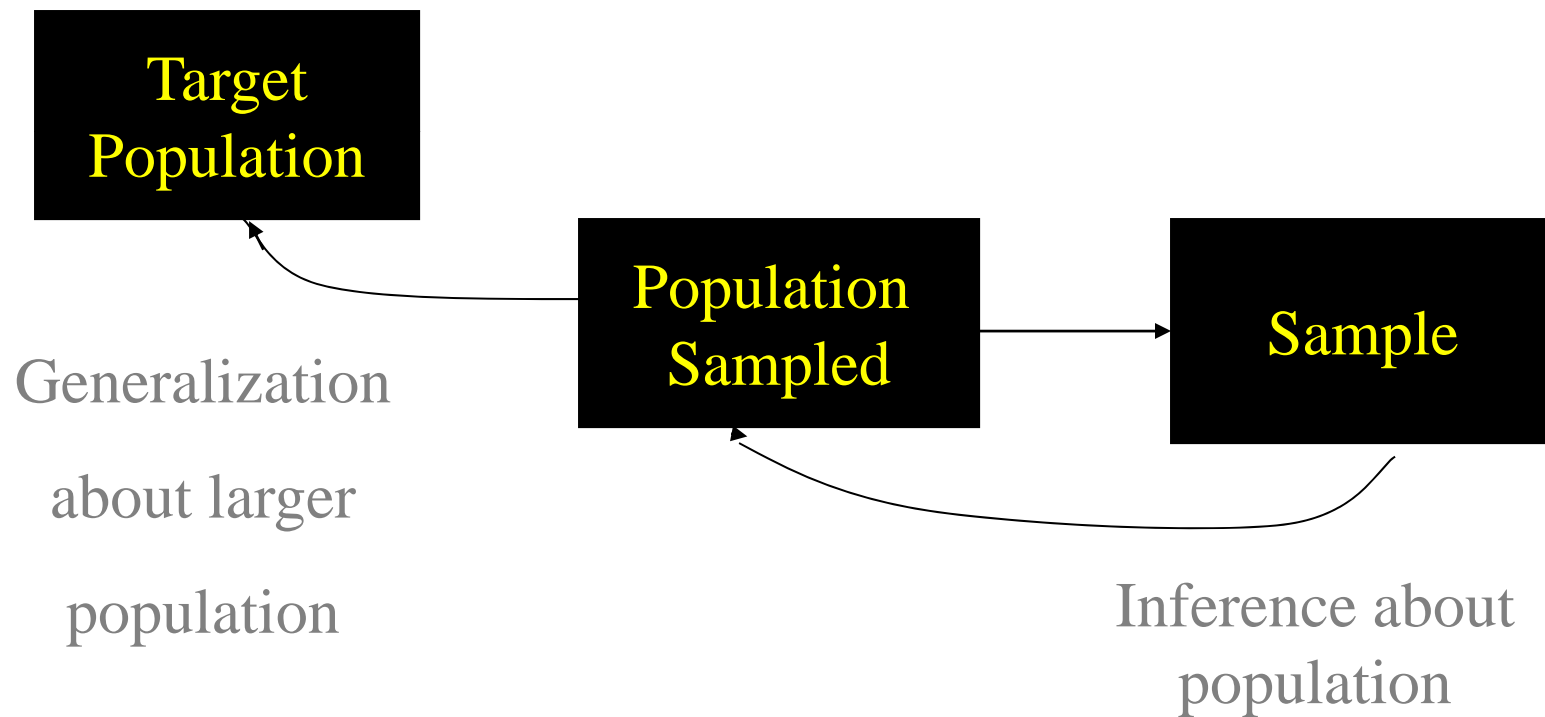
# Objectives

- Introduce concepts of hypothesis testing and confidence interval estimation
- Understand how decisions are made based on the sampled data
- Distinguish statistical and clinical significance

# Examples

- Do children with new onset seizures have lower levels of neuropsychological functioning than a normative sample?
- Are women of childbearing age drinking more caffeine than recommended?

# Statistical Inference



# Example 1

- Target Population: All children ages 6-14 with new onset seizures
- Population Sampled: Children in Indiana and in Cincinnati area with new onset seizures
- Sample: Children that participate in study

## Example 2

- Target Population: All women age 16-45 in UK
- Population Sampled: women in Manchester area
- Sample: women recruited from business offices

# Hypothesis Testing: Basic Concepts

- Null and Alternative ( $H_0$  and  $H_1$ )
- One-sided and two-sided tests
- Test statistic and its sampling distribution
- Rejection region
- Type I and Type II errors
- Sample size and power

# Example 1

Question: Is processing speed (measured by WISC-III Coding) for children with new onset seizures different the normative score of 10?

Population:

- Normally distributed
- Standard deviation  $\sigma=3$

Sample summary:

- $n = 282$  ,  $\bar{X} = 9.8$

Fastenau et al. under review



## Example 1 (Continued)

- Null Hypothesis  $H_0 : \mu = 10$
- Alternative Hypotheses:
  - One-sided:  $H_1 : \mu < 10$ , or  $H_1 : \mu > 10$
  - Two-sided:  $H_1 : \mu \neq 10$
- In this case, we are interested in  $H_0 : \mu = 10$  versus  $H_1 : \mu \neq 10$

# Test Statistic

Two characteristics:

- The value of a test statistic depends on a sample
- The sampling distribution of a test statistic under the null hypothesis is known

# One Sample Test of the Mean

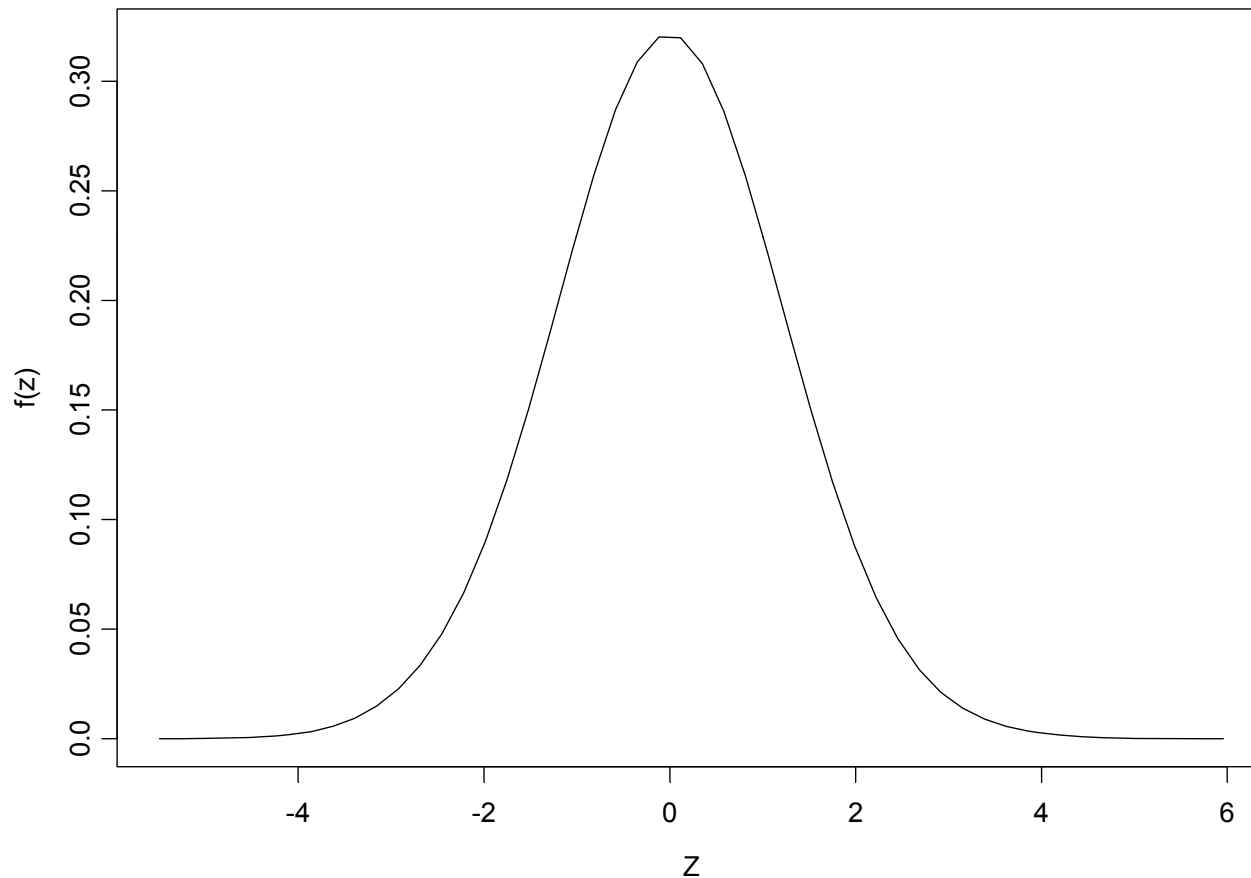
- When the sample is from a normal population (OR when the sample size is large), one can use Z-Test to test the mean of the population
- Test statistic

$$Z = \frac{\bar{X} - \mu_0}{\sigma / \sqrt{n}}$$

# Central Limit Theorem and the Sampling Distribution of $Z$ Under $H_0$

- CLT: Let  $X_1, \dots, X_n$  be a random sample from a population with mean  $\mu$  and standard deviation  $\sigma$ .
- If  $H_0: \mu = \mu_0$  is true, the distribution of  $Z$  can be approximated by a  $N(0, 1)$  distribution.

# Sampling Distribution of $Z$



- Centered at 0
- Most values between  $\pm 5$
- Area under curve = 1

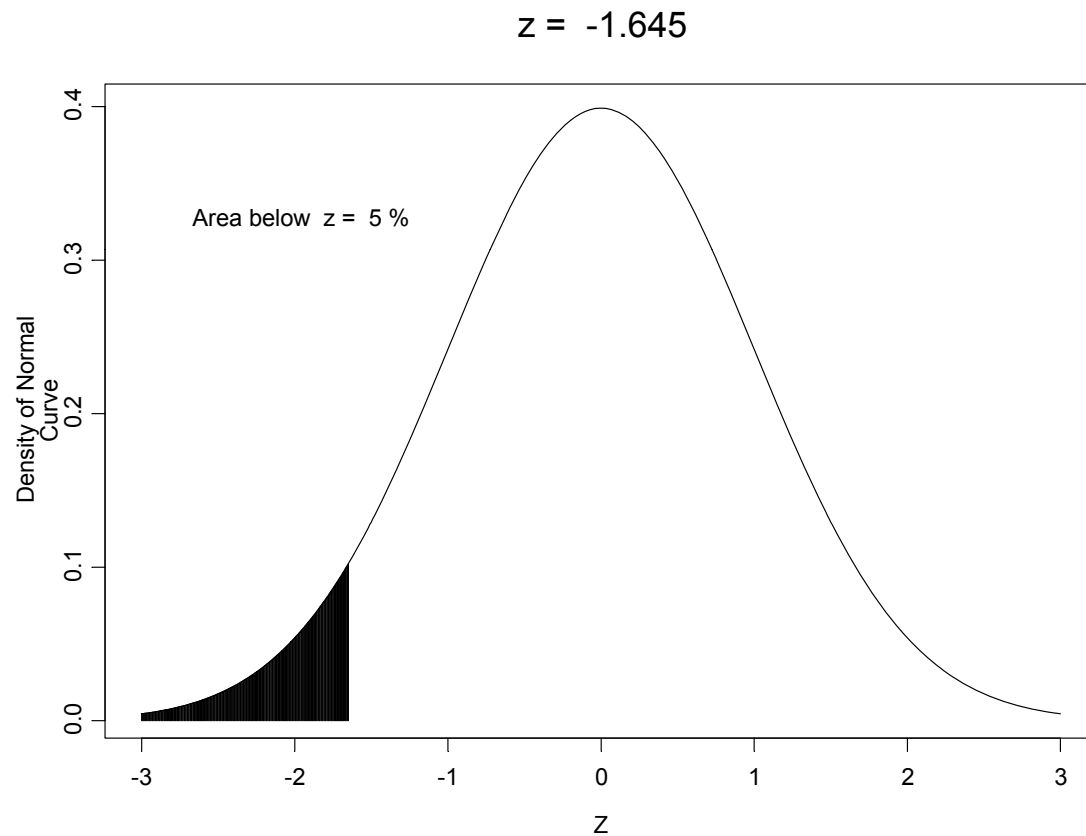
# Steps in Hypothesis Testing

- Assume  $H_0$  is true
- Under  $H_0$ ,  $Z$  will have a known sampling distribution (normal distribution)
- If the  $Z$  from your sample takes an unlikely (large) value,  $H_0$  is not likely to be true (proof by contraction).

# Significance Level and Rejection Region

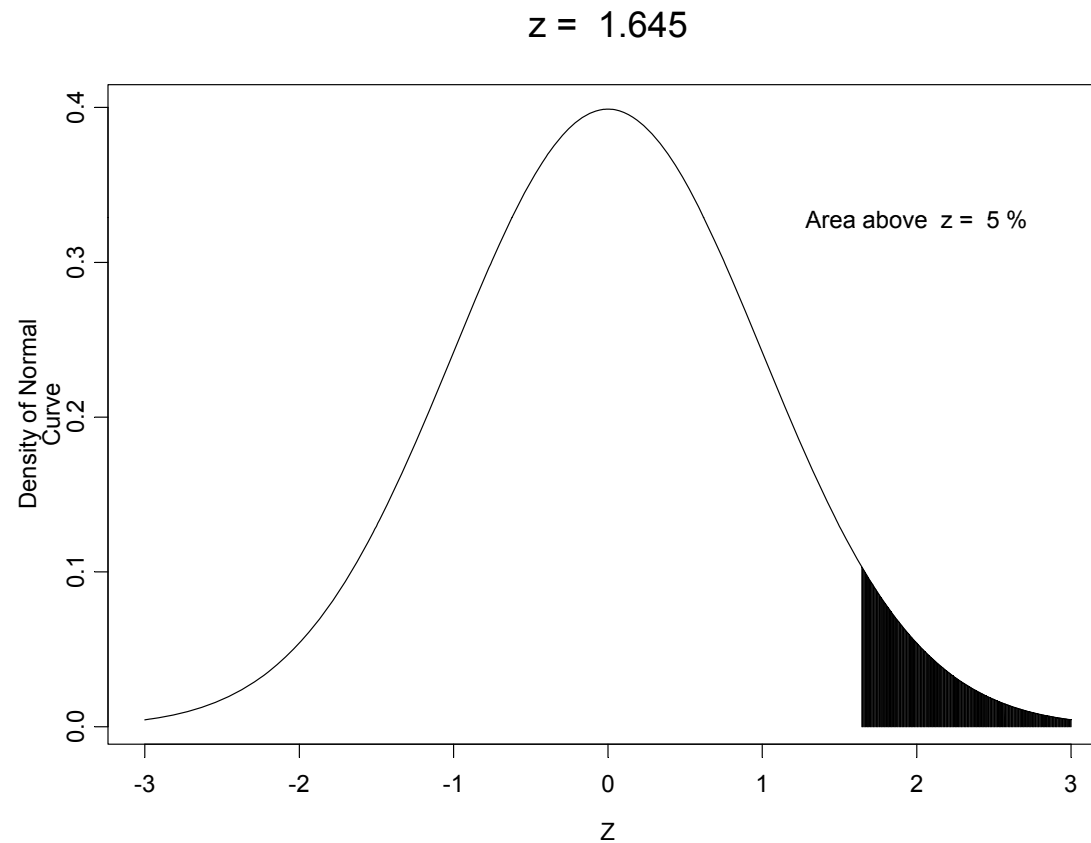
- We reject the null hypothesis when the Z value is “large”. But how large is “large”?
- Significance level ( $\alpha$ ): The maximum probability of incorrectly rejecting  $H_0$  you are willing to accept.
- Rejection region: We reject  $H_0$  if the value of Z falls into the region.
- Rejection Region depends on  $H_1$ .

# Rejection Region for $H_1: \mu < \mu_0$ ( $\alpha=0.05$ )

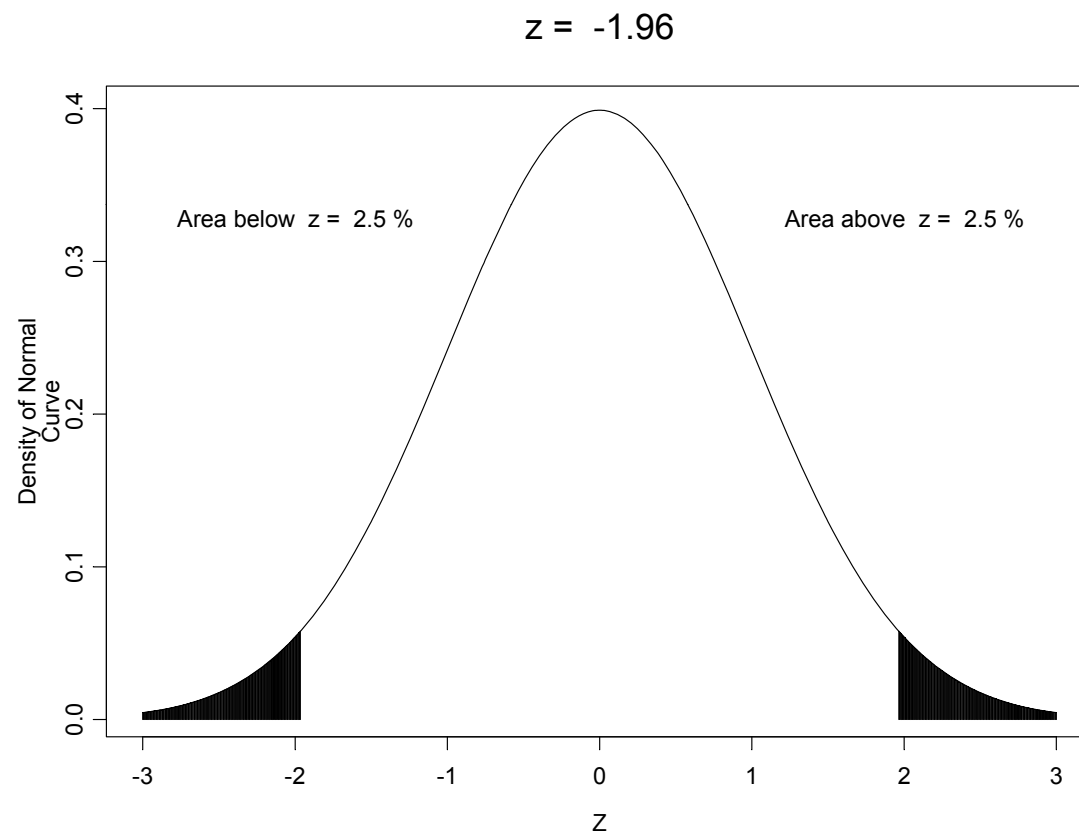




# Rejection Region for $H_1: \mu > \mu_0$ ( $\alpha=0.05$ )



# Rejection Region for $H_1: \mu \neq \mu_0$ ( $\alpha=0.05$ )



# Significance Level and p-value

- Significance level is also called  $\alpha$  (alpha) – decided up-front
- If the probability of the observed results is below this number, you reject the null hypothesis
- P-value: probability of obtaining a result as or more extreme than the observed data if  $H_0$  is true – calculated from the data
- A small p-value leads to the rejection of the null hypothesis

## Example 1 (Continued)

- $H_0: \mu = 10$  versus  $H_1: \mu \neq 10$
- $\alpha = 0.05$

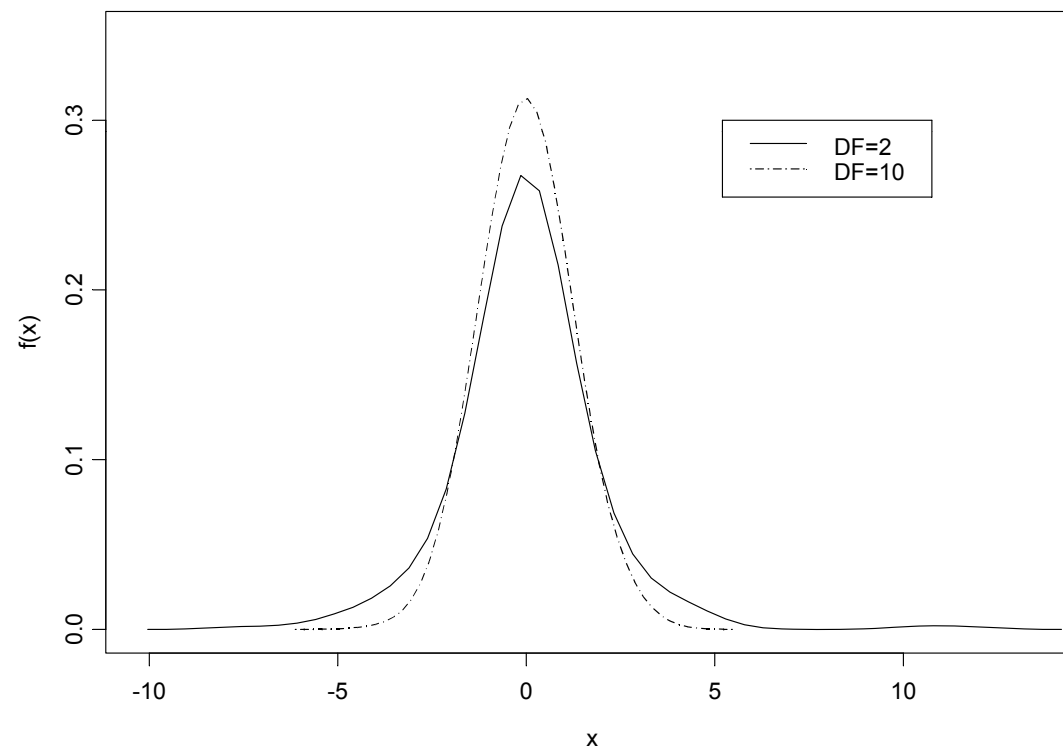
$$Z = \frac{\bar{X} - \mu_0}{\sigma / \sqrt{n}} = \frac{9.8 - 10}{3 / \sqrt{282}} = 1.1$$

- Rejection Region:  $Z < -1.96, Z > 1.96$
- P-value = .26

# One Sample t Test

- When the population standard deviation  $\sigma$  is unknown, use sample standard deviation  $s$  to estimate  $\sigma$ .
- Test statistics  $T = \frac{\bar{X} - \mu_0}{s / \sqrt{n}}$
- T has t-distribution with  $n-1$  degrees of freedom

# T Distribution with Various Degrees of Freedom



## Example 2

Question: Is the mean intake of caffeine in Women of childbearing age different that the FDA guidelines of 300 mg/day?

Population:

- Normally distributed
- Standard deviation  $s=128$  mg/day

Sample summary:

- $n = 70$  ,  $\bar{X} = 174$  mg/day

Derbyshire & Abdula. Habitual Caffeine Intake in Women of Childbearing Age. J Hum Nutr Diet, 21 (159-164)

## Example 2 (Continued)

- $H_0: \mu = 300$  versus  $H_1: \mu \neq 300$
- $\alpha = 0.05$

$$T = \frac{\bar{X} - \mu_0}{s / \sqrt{n}} = \frac{174 - 300}{128 / \sqrt{70}} = -8.2$$

- Rejection Region:  $Z < -1.96, Z > 1.96$
- P-value  $< .0001$



# Type I and Type II Errors

Decision	Null Hypothesis	
	True	False
Reject $H_0$	Type I ( $\alpha$ )	Correct
Not Reject $H_0$	Correct	Type II ( $\beta$ )

# Type I and Type II Errors

- Type I :  $\Pr\{\text{rejecting } H_0 \mid H_0 \text{ true}\} = \alpha$
- Type II:  $\Pr\{\text{not rejecting } H_0 \mid H_1 \text{ true}\} = \beta$
- $\Pr\{\text{rejecting } H_0 \mid H_1 \text{ is true}\} = 1 - \beta = \text{Power}$
- Typically use:  $\alpha = 0.05$ ; Power = 0.80 for hypothesis testing and calculating sample sizes

# Sample Size and Power

- How does sample size affect the power?
- Example Z statistic  $Z = \frac{\bar{X} - \mu_0}{\sigma / \sqrt{n}}$
- One can always increase the power of a test by increasing the sample size
- Sample size calculation in the planning stage

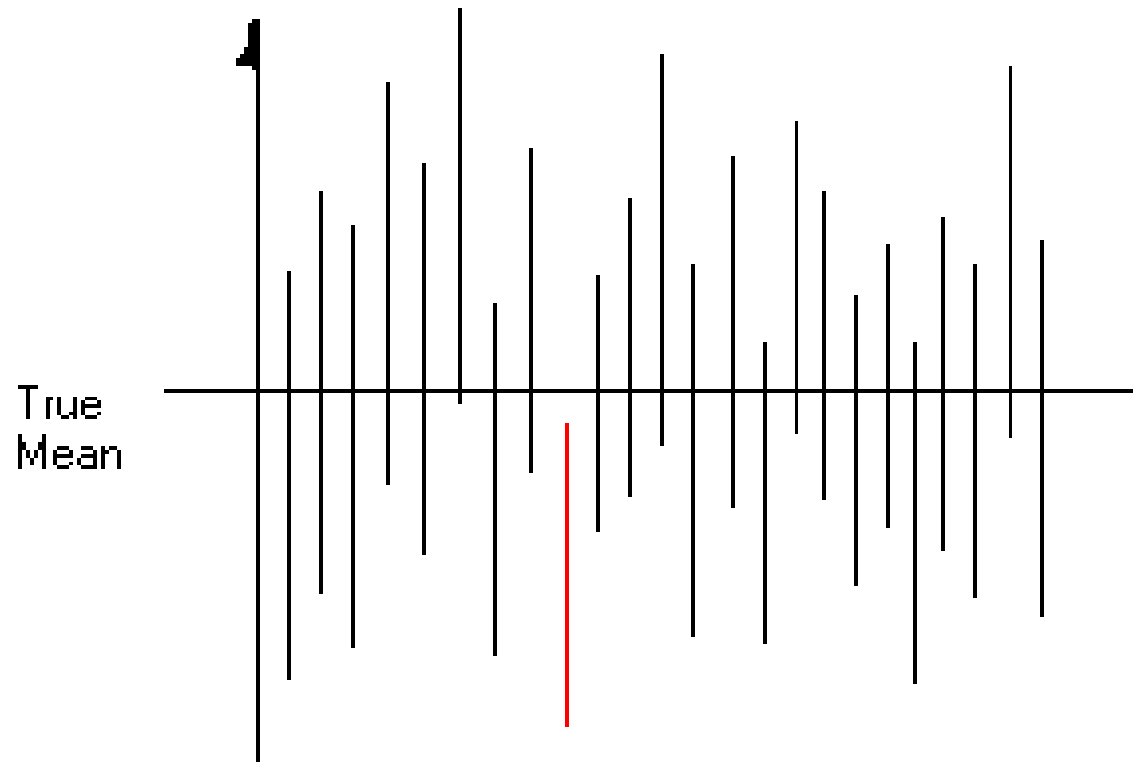
# Clinical and Statistical Significance

- The two do not always agree
- Clinically significant but not statistically significant:  $n$  too small
- Statistically significant but not clinically significant:  $n$  too large
- Think about what clinical difference is important when designing a study or critiquing someone else's study.

# Confidence Intervals

- 100(1- $\alpha$ )% confidence interval for the mean
- $\sigma$  known:  $\bar{X} \pm Z_{\alpha/2} \sigma / \sqrt{n}$
- $\sigma$  unknown:  $\bar{X} \pm t_{\alpha/2(n-1)} s / \sqrt{n}$
- Interpretation: 100(1- $\alpha$ )% confident that this interval will contain the true mean  $\mu$

# Interpreting Confidence Intervals



## Example: Confidence Interval

- 95% CI for mean processing speed

$$9.8 \pm 1.96 \times 3 / \sqrt{282}$$

- (9.4, 10.2): We are 95% confident that the interval between 9.4 and 10.2 captures the true mean processing speed for this group.

# Summary

- Hypothesis testing: concepts and procedure
- Errors, power and sample size
- Confidence intervals