

# Forest Plot: Screen Time and Depression Risk (Prospective Cohort Studies)

OR [95% CI]

McAnally HM 2019

Grontved A 2015

Liu Y 2025

Tsomokos DI 2025

Primack BA 2009

Zhang J 2025

Pooled Estimate

1.08 [0.91, 1.27]

1.62 [1.17, 2.25]

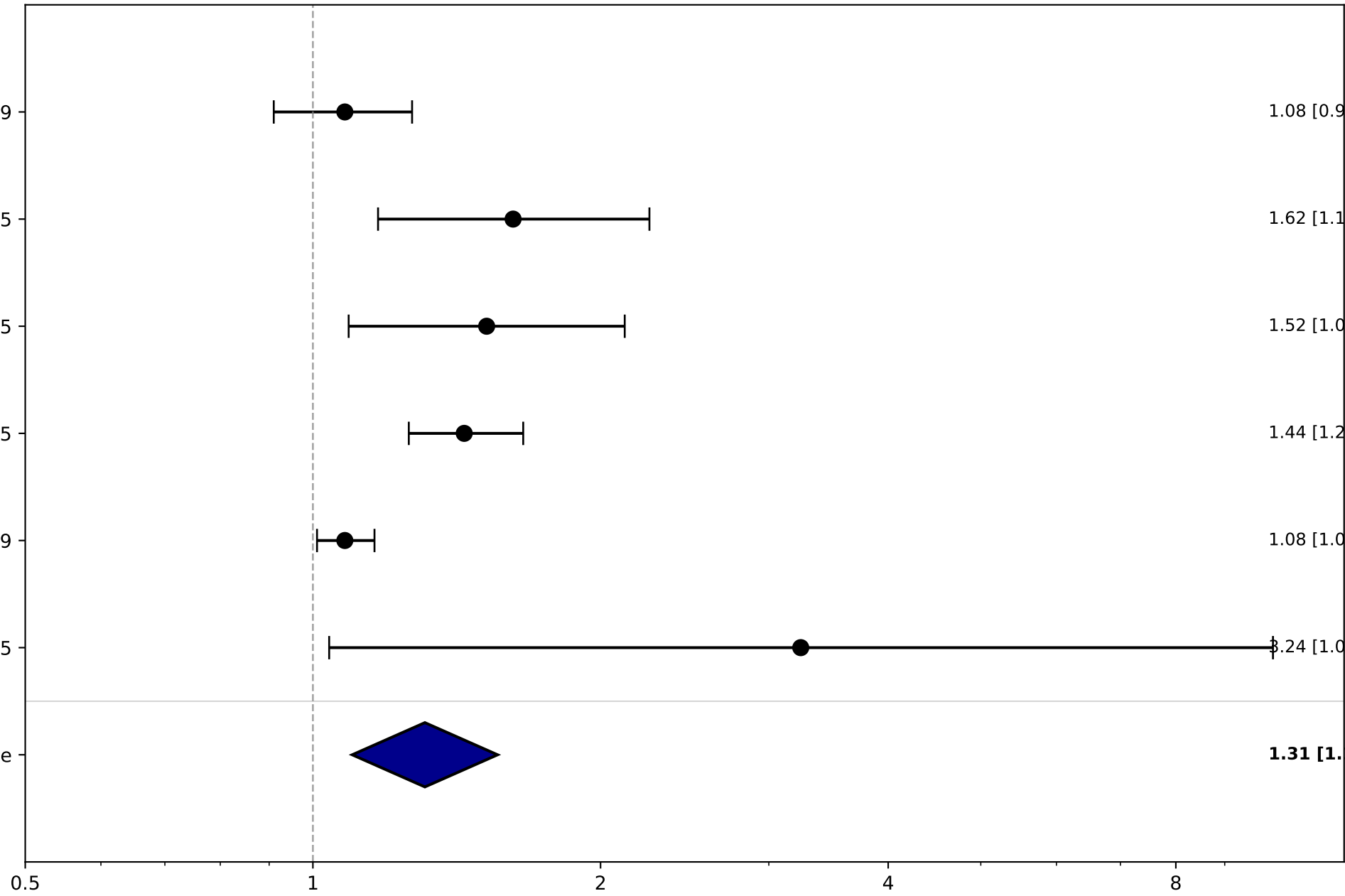
1.52 [1.09, 2.12]

1.44 [1.26, 1.66]

1.08 [1.01, 1.16]

3.24 [1.04, 10.11]

**1.31 [1.10, 1.56]**



Heterogeneity:  $I^2 = 79.1\%$ ,  $Q = 23.93$ ,  $df = 5$ ,  $p = 0.000$   
Random effects model (DerSimonian-Laird)

← Lower Risk                      Higher Risk →