Marketing
Campaign
Proposal:
Gym Launch in
Knoxville, TN

Case Study by: Dylan Webb



The Challenge

- •New gym opening in Knoxville, TN
- •No brand awareness in the market
- •Goal: Sell 200 memberships in 3 months



Who We're Reaching

Target Audience:

Demographics: Adults 20–45, students, young professionals, and parents in Knoxville, TN.

Interests: Fitness, wellness, healthy lifestyle, community, local events.

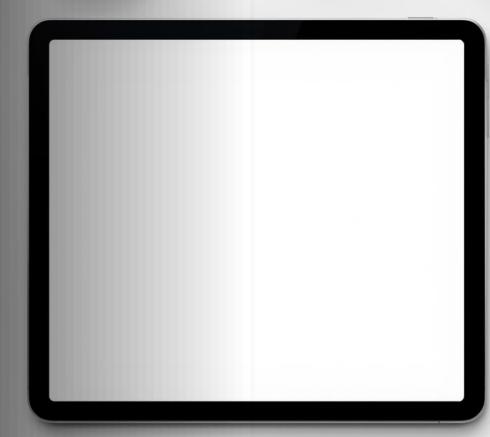
Platforms: Instagram, Facebook, TikTok.





- •Build buzz with pre-launch social media campaign
- •Run geo-targeted Facebook/Instagram ads
- •Offer founding-member discounts
- Partner with local businesses for exposure





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2 Week Launch Content Plan

- This 2-week content calendar is designed to build awareness, engagement, and memberships for a new gym opening in Knoxville, TN.
- Posts are tailored to our target audience (adults 20– 45, fitness enthusiasts, busy professionals, and parents) and scheduled across Instagram, Facebook, and TikTok to reach them where they spend their time online.
- Content is balanced between promotional posts (Founding Member Deals, Grand Opening announcements), educational posts (workout tips, nutrition guidance), social proof (trainer spotlights, member testimonials), and community engagement (polls, contests, challenges).
- The posting schedule ensures consistent touchpoints, creating momentum and anticipation leading up to the gym's grand opening.
- Key objectives of the content plan: Generate interest and excitement before launch. Encourage sign-ups and referrals for the Founding Member program. Establish the gym as a communityfocused brand that's approachable, trustworthy, and motivating.

A	Α	В	C	D	E	F	G	Н	T	J	K
1	Day	Date	Platform	ontent Typ	neme/Top	tion/Mess	age				
2	Day 1	Week 1 - I	Instagram	Post	Grand Ope & We're coming to Knoxville! Grand Opening June 15!						
3	Day 2	Week 1 - I	Facebook	Ad	Founding	ing 💪 Founding Member Deal – Save 25% if you sign up early!					
4	Day 3	Week 1 - I	Instagram	Story	Behind th	Behind the scenes as we set up your new fitness home.					
5	Day 4	Week 1 - I	TikTok	Video	Trainer In	Meet Sarah, our Certified PT! She's here to help you crush goals.					
6	Day 5	Week 1 - I	Instagram	Carousel	Benefits o	c 🖒 Early sign-ups get exclusive perks – don't miss out!					
7	Day 6	Week 1 - I	Facebook	Ad	Members	Membership deal ending soon – sign up today!					
8	Day 7	Week 1 - I	Instagram	Reel	Communi	Our community makes us stronger together!					
9	Day 8	Week 2 - I	TikTok	Video	Fun TikTo	ol 🙎 Join our #KnoxvilleFitChallenge and win free merch!					
10	Day 9	Week 2 - I	Instagram	Post	Countdow	w 🖉 Only 3 days left until our doors open!					
11	Day 10	Week 2 - I	Facebook	Ad	Limited Sp	4 Last chance to grab a founding membership spot!					
12	Day 11	Week 2 - I	Instagram	Story	Sneak Pee	🖒 Sneak peek: brand new equipment waiting for YOU!					
13	Day 12	Week 2 - I	TikTok	Video	Workout 1	T Quick	fitness tip	s to get you	started!		
14	Day 13	Week 2 - I	Instagram	Carousel	Why Choc	✓ Afford	able, loca	l, communi	ty-driven	fitness.	
15	Day 14	Week 2 - I	Facebook	Ad	Final Call						

Social Media Posts

- Countdown posts, location sneak peeks, opening date reminders
- "First 100 members get 25% off", referral program announcements
- Intro videos, bios, fitness tips from trainers
- Workout tips, nutrition tips, beginner guides
- Polls, challenges, user-generated content, contests
- Early members' reviews, transformation stories





Social Media Report

How We Measure Success

- Followers gained: +10k
- Ad clicks: [X target]
- Memberships sold: 113/200
- Engagement rate: 36.2% raise since social media postings



MEMBERSHIPS

164

SOLD AS OF SEPTEMBER 113

GOAL BY OPENING DAY 200

Engagement Rate

ABOVE

Compared to Last Month

36.2%



Expected Impact:

• This campaign establishes awareness, drives memberships, and creates a community presence for the new gym in Knoxville.

