***Care for Everyone***

**Home Care Services**

Care at home is a great way to get the assistance you desire. You may be an elder who needs help with day-to-day tasks, so trust our caregivers to help prepare meals or provide personal care. You may also take care of your elderly parent, and you just need someone to be with them while you are doing your chores.

**Why SYNERGY HomeCare?**

* Why choose us?
* First Steps
* Our Team
* How we can help

According to a Gallup-Healthways survey, more than 1 in 6 Americans working full-time or part-time report assisting with the treatment of a member, parent, or acquaintance of an elderly or disable person. Caregivers suggested that their working life was significantly affected by this assistance. Adult children do not want their parents due to age-related illness or injury to have to leave their home. Typically family caregivers average more than 25 hours a week caring for elderly parents and family members in relation to their daily jobs.

With someone else to take care of basic care needs, family members may come back to enjoy their relationship with an aged parent clearly. Instead of feeling overburdened and anxious, making new and nostalgic of memories can be spent time together.

SYNERGY HomeCare knows what you are familiar with: family comes first.

**Why Choose SYNERGY HomeCare?**

It feels good to live comfortably without the need for assistance. But sometimes you need a little help at home to stay safe and sound, what comes up? It's difficult to ask sometimes or it may not be so easy for loved ones to support when trying to manage their other obligations as well.What if you could turn to someone for just a little of that extra help? It might mean you've got some extra help in clipping coupons, having grocery stores and preparing a favorite meal.

**First Steps?**

SYNERGY Home Care recognizes that the first step in deciding which type of care is most effective is to accommodate a patient and their family for a free in-home assessment and visit. During this appointment, we would like to hear more about how the symptoms they are feeling impact the day-to-day behaviors of a patient so that we can create a personalized care plan for our care team to implement together.

#### Our Team

The caring, proficient and vetted caregivers of SYNERGY HomeCare provide comfort to everyone in the family. Those unable to be on the picture must take solace in knowing that an accomplished, conscientious professional is on hand to deal with any issues that may arise.

**Our care team members can assist with:**

* Social enrichment activities
* Nutritious meal planning, preparation, and cleanup
* Medication reminders
* Standby assistance with morning and evening routines
* Light housekeeping
* Arranging appointments and running errands
* Light exercise
* Assistance with ambulation and mobility
* Help with bathing, dressing, and grooming

[Gallup-Healthways. (2011). Gallup-Healthways Well-Being Index.]

**Our Caregivers**

We know at SYNERGY HomeCare how difficult it is to endow the wellbeing of your loved one to someone else. You may ask, "Does my mom feel secure with her caregiver? Do they know how to care for someone with Alzheimer's?"

You and your family are welcomed to be involved in planning the wellbeing of your parent; all facets of care planning will include your family. We will always inform you of any changes to their condition and you can contact your local office at any time to discuss the care plan.

SYNERGY HomeCare assumes the responsibility of hiring and handling your caregiver to protect you and your family. Every caregiver of SYNERGY HomeCare is:

* A W-2 employee
* Bonded & insured
* Experienced & Dependable
* Screened through a national criminal background check
* Ongoing specialized training
* Quality assurance and performance evaluations

**You and Your Family**

You like to be engaged in the treatment of your loved one; contact with family members and other members of the care team is essential. Through daily digital communications, you stay informed, we keep you in the process.

*Some information regarding our clients must be kept confidential in compliance with HIPAA guidelines; contact your local office for more information. Each SYNERGY HomeCare office is proudly independently owned & operated.*

**Testimonials**

**Hear How Others Feel About SYNERGY HomeCare**

There are a lot of unknowns when you are a family caregiver seeking help to care for the emotional and physical well-being of those you love. Does this agency identify an Alzheimer's or dementia patient's difficulties? Will this company consider my particular needs – my elderly parent's needs?

We've found the best advice coming from people you've been through. That's why people who have experienced the love and treatment SYNERGY Home Care will share such real-life testimonials.

**Share Your Story**

If you've found support with SYNERGY HomeCare, We inspire you to tell your story with others who may feel the anxiety and uncertainty you experienced while contemplating your parent or family member of any age at home for the first time. Give us your story to show them that they're not alone!

**Medication Reminders, Safety and Fall Prevention**

You can't take any chances when it comes to your loved one's protection. A slip or missed medicine can be a major health risk to people experiencing the effects of aging, illness, disease or injury. We know the power of fall prevention and daily prescription reminders at SYNERGY HomeCare, and we are here to assist.

**Safety**

The value of safety and security in the home is well known to SYNERGY HomeCare. Through your nearest SYNERGY HomeCare office you will be provided of a comprehensive safety assessment of your loved one's home, as well as advice on ways to improve safety standards and reduce the likelihood of a collapse or an injury. Fear for security is a difficult part of life for many seniors who live alone. Often having only one caregiver around can ease worries and offer peace of mind.

**Fall Prevention**

Falls occur at one in every three adults age 65 and older, according to the Centers for Disease Control and Prevention. These falls can result in damage to the brain, broken bones and other moderate to severe injuries.

Falls are easy to prevent with a little help. Our caregivers can also help transferring between beds and wheelchairs and walking around the house and through the yard. Home care can also avoid hospital stays and accidents by stopping your family member from falling and encouraging a safe, independent lifestyle.

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**What to Expect (No Contracts, Just Care)**

To start caring for you and your loved ones, we don't need a deal. Call us for more information or to find a local group near you.

**Working with Healthcare Providers**

Are you concerned that the health of your elderly parent has taken an abrupt change for the worse?

Have you ever told your elderly parent about the doctor's orders or found that they even had a hard time to recall it?

If you answered yes to one or both questions, it's likely that your loved one's health problems are becoming immensely complicated than they can handle on their own. Studies have found both the seniors and doctors benefit from having a doctor's visiting companion, a significant service we provide to sustain a healthy outcome and a better quality of life for elderly people.

Doctor's appointments are often short and sudden, leaving a little time for your loved one to discuss their concerns, talk and understand a diagnosis. We work with your loved one's health care providers as part of our care management services.

**Our care team members can assist with:**

* Attending doctors’ appointments and taking notes for you and your loved one
* Reminding your family member to ask questions or express concerns
* Providing information to the doctor that your senior parent has overlooked or explained
* Acting as a “translator” who explains what the doctor and patient are saying to each other
* Support your elder to carry out the requisite diagnostic tests and appointments with doctors and therapists
* Offering helpful reminders to take medication as prescribed and obey certain doctor's orders

The advantages of this home health service are enormous, especially considering that incompetent management of medication is the reason for leaving an independent living environment and moving into supervised care.

They understand that the health needs of your elderly parent evolve over time. We improve their security, independence and overall quality of life by continually re-evaluating their needs. Our expertise, empathy and attentive service provide our customers and family members with a trustworthy and invaluable partner.

***Resources for Home Health Care***

Home health care is described as the skilled nursing care required for a duration of twenty-one days of less than seven days a week or less than eight hours a day. It also offers other professional care services such as physical and occupational therapy, long-lasting medical equipments such as wheelchairs, hospital beds, oxygen and walkers, medical supplies, and other services.

Home health care providers follow strict regulations, often set by Medicare and Medicaid management agencies, that restrict the amount of treatment they can provide. In addition, SYNERGY HomeCare will offer non-medical home care services that are not included in a home health care case.

***These services can include:***

* Personal Care
* Assistance with bathing, grooming and dressing
* Medication reminders
* Light housekeeping
* Errands
* Meal preparation and clean up

**Info for...**

SYNERGY HomeCare is honored to integrate care with health and family care professionals. For health care professionals, social workers, geriatric care administrators and trustees, please see below. For any questions you may have, please contact your local SYNERGY HomeCare office.

**Health Professionals**

You need reassurance if your patients leave your hospital or office that when they return home, their well-being will be secured. Your clients can get the support they need with SYNERGY HomeCare, whether it's fall prevention, prescription reminders, assistance with daily living tasks, or transport to their next appointment. Non-medical home care can help recover, live independently, and encourage a higher quality of life for your patients and clients.

**Social Workers**

You are proud to ensure that after a stay in your hospital, your patients and their families are mentally and emotionally able to handle treatment. Perhaps, if they had some extra help, these patients and their families would feel better about returning home. Home care can provide support to these patients and provide their families with a source of relief. With SYNERGY HomeCare, protect the well-being of your clients and foster a better home life.

**Geriatric Care Managers**

When the patients suffer the effects of aging, they might not need medical care, but they would greatly benefit from home support with daily living activities. Non-medical home care is a great solution for seniors living alone or suffering from Alzheimer's, mobility problems, arthritis, or even Parkinson's disease. SYNERGY HomeCare will help your clients stay independent and enjoy their senior years more fully.

**Trustees**

The most loving and attentive care should be possible for your loved one. They should be given the respect they deserve, even as they face Alzheimer's disease, diabetes, cancer or other debilitating conditions. Ensure the diginity of your loved one and encourage your own comfort with SYNERGY HomeCare's in-house non-medical care.

**Quality Assurance**

The SYNERGY HomeCare Quality Management Program is based on this independent research organization's patient and caregiver satisfaction ratings. This means you can be comfortable in choosing SYNERGY HomeCare, recognizing this objective customer satisfaction research is conducted on a regular basis.

**Who is Home Care Pulse?**

Home Care Pulse is the leading in-home senior care quality assurance agency. Our mission is to provide the best care and work atmosphere for companies such as SYNERGY HomeCare. Via personal phone interviews with trained professionals from hundreds of home care providers across North America, we perform this work internally.

**What does it mean to be Endorsed by Home Care Pulse?**

Home Care Pulse companies have shown their commitment to the satisfaction of their consumers and caregivers by enrolling in this proprietary Quality Measurement Program. Research experts at Home Care Pulse monitor and report monthly ratings of their patient and caregiver satisfaction to ensure all needs are met. If you become a SYNERGY HomeCare client, the top priority of your company will be your satisfaction. Your feedback will also be an integral part of the quality assurance program for your agency.

**Life Time Learning**

***Our Commitment to Life Time Learning***

“Compassion without knowledge is ineffective; knowledge without compassion is inhuman.”  – Victor Frederick Weisskopf

As home care experts and supporters of the increasingly important role that home care plays in the lives of patients, families and communities, SYNERGY HomeCare firmly believes in educating, learning and understanding home care and the problems surrounding it.

**Why “Life Time” Learning?**

Quality of life – improved by learning and understanding expectations

Save and make time – by self-running, effective training which creates efficient skills

***Commitment to Family Caregivers***

The most powerful tool you have as a family caregiver is to consider your older adult or family member's new and evolving needs–what's going on, why, what can you expect, and what can you do? SYNERGY HomeCare has collaborated nationwide with recognized educational experts to create for you and your family a specific, comprehensive set of learning materials.

Learning Life Time is built for you. Resources are always easy to use and online at 100 percent, so you only choose classes you want to take, when and where you want to take them, and at the rate you're comfortable with. You can find a full variety of topics from healthy nutrition to security, Alzheimer's disease management, and as a SYNERGY HomeCare patient or family member, every course is completely free for you. Take as many and as few courses as you like.

If you are a caregiver in the community and are interested to see what Life Time Learning has to bring, contact your local office for more information.

Follow the Learn More link below and enter the following credentials to use this free software:  
  
**USERNAME:** synergy  
**PASSWORD:** synergycares

**Commitment to Professional Caregivers**

It's not enough to just take care of sometimes. That's why we developed just for our careTEAM a one-of - a-kind Life Time Learning program. The course incorporates core competencies in SYNERGY HomeCare and beyond. It is designed to complement and enhance even our most seasoned caregivers ' skills and skill sets.

Click here to start or continue the Life Time Learning caregiver training program if you are not a careTEAM participant.

If you are interested in becoming a caregiver for SYNERGY HomeCare and joining the caring group, apply online today or call your local office.

**Commitment to Health Care Professionals**

SYNERGY HomeCare is proud to offer more advanced lifelong learning opportunities through approved programs and Continuing Education Units (CEUs) for health care and senior care providers.

When you are a Case Manager, Social Worker or Director working with your local SYNERGY HomeCare department, Life Time Training is dedicated to providing you with nationally accredited programs for Registered Nurses (RNs), Licensed Clinical Social Workers (LCSWs) and Marriage and Family Therapists (MFTs), Nursing Home Administrators and Living Assisted Administrators. Life Time Learning will provide you with programs for the license renewal hours (typically CEUs) that you may need at the same time as providing you with quality information that you can use.

Life Time Learning provides a full range of courses through an easy-to-use online format, also known as e-learning, through collaborations with nationally recognized educational specialists. Apprentices should contact their representative of SYNERGY HomeCare and simply enroll and access their courses day or night wherever they have access to the Internet. Once students have completed a course, they will print out a website certificate, no mailings, and no delays immediately.

The National Association of Long Term Care Administrator Boards (NAB) accredits all courses. Courses are also approved for Kansas Adult Care Home Administrators (KDHE), Michigan Administrators, California Residential Care Facility for the Elderly (RCFE) and Adult Residential Facility (ARF) Administrators, plus the California Board of Behavioral Sciences (BBS) CEU program.

Life Time Learning enables senior care managers and caregivers save time and money by offering online courses while making learning faster, more engaging and more important.

If you are currently not in touch with your representative of SYNERGY HomeCare and are interested in what Life Time Learning has to give you, please contact us today.

***Home Care for the Holidays***

**Reduce Holiday Stress**

Normally, the holidays are a happy time for our loved ones. Nevertheless, the season could quickly turn into a time of emotional stress and physical exhaustion when you care for an elderly parent, sibling or other loved one. If this seems like your case, SYNERGY HomeCare's vacation home care services may be the best present for everyone involved to help care for your loved one at home, providing you and your entire family with the time and energy to plan, observe and appreciate the vacation. You will have the comfort of knowing that your loved one receives loving, professional care and that your parent or relative will not feel like they are a burden on you and your family as you all spend the holidays together.

**Holiday Preparation**

SYNERGY HomeCare Holiday Home Care provides general supervision and personal care assistance to your loved one. It can also with daily routine tasks for your loved one, including light housekeeping, meal preparation and errand running, which helps you to manage your increased holiday, family and work obligations. The SYNERGY HomeCare caregiver will happily help your loved one get into the holiday spirit by helping with seasonal tasks such as addressing vacation cards, wrapping presents, packaging shipping gifts and even lending a hand with vacation decorations. Transportation to and from travel activities can also be included of your caregiver's holiday home care services.

**Extended Holiday Visit**

The holidays are a good time to catch up, and for an extended vacation, many people take this opportunity. Home care is a great choice to align care obligations with holiday commitments if you have opened your home to an elderly parent or someone else who needs assistance. You can rely on quality care for your loved one as well as help with light housekeeping, orders, meal preparation and even cleaning up after party in your home. SYNERGY HomeCare caregivers can be at home for a couple of hours a day or around the clock, and blend in just as they are part of the family.

For a free home assessment, call your local SYNERGY HomeCare office today. The holiday is just around the corner.