**Weekday Respite Plan for YOU, the Family Caregiver**



***Weekday Health Appointments Package\****

Many visits to the doctor's office and pharmacy are a normal part of life for many seniors. They also rely on you to accompany them to these important appointments when your loved one can no longer drive or make healthcare decisions on their own. But what happens if you have to work or are unable to avoid those responsibilities? Our caregivers will take care of you as they follow you.

**Package Includes:**

* Four to five hours of treatment
* Help prepare for the appointment
* Attend doctor's appointment
* Ask questions you have nominated
* Pay attention on doctor’s visit
* Pharmacy drop-off and pick-up
* Trip to the grocery store (if necessary)
* Go home and settle down

To learn more about our Weekday Health Appointment Package, please contact your local SYNERGY HomeCare office or call (877) 230-4851.

Check with your local office to determine the best service plan for you. Not all packages are offered at all locations.

**Which care solutions will make your life easier?**

**Home Care Solutions**

You will find yourself less versatile as you age, and daily living tasks may become more difficult. You may also be healing from operation and find it difficult to get around the premises.

If you're caring for a beloved one, you might find it difficult to see them throughout the day and, or even get away from the area to do some chores. There is a problem in each of these situations. Having confidence in SYNERGY HomeCare can be a great solution for you.

**We can help you with:**

* Aging
* Arthritis
* Care for New Moms
* Cancer Care
* Diabetes
* Disabilities
* Chronic Illness
* Memory Care for Alzheimer's and Dementia
* Multiple Sclerosis
* Hospital to Home Recovery
* Parkinson's Care
* Stroke Rehabilitation
* Neuromuscular Care
* Hospice Care

**To find out how we can support you, please contact your local SYNERGY HomeCare provider.**

**TAKE THE QUIZ**

**Care Needs Quiz**

Use our online needs assessment tool to get an idea of the level of service you may need if you are exploring home care options. Also, after a free home inspection, every SYNERGY HomeCare care plan is customized to your exact needs, so call SYNERGY HomeCare today.

**\*required fields**

**Needs Assessment Form**

1. I need care for:
2. We need assistance as he / she is:
3. Readily available persons to assist:
4. We need to support with SYNERGY HomeCare:
5. Time of day:
6. Number of days:
7. Caregivers will need to assist with:

(Check all that apply)

Walking   
Getting up   
Bathing   
Dressing   
Making meals   
Feeding   
Using the restroom   
Incontinence   
Transportation   
Running errands   
Housekeeping   
Companionship   
Communication

**OUR CAREGIVERS**

Our caregivers are amazing people with an unparalleled capacity to care for everyone.

* National Criminal Background Check
* Enhanced Training and Certifications
* Our Caregivers are W-2 Employees
* Bonded and Insured



# *Care for Everyone*

### Home Care Services

A great way to get the support you need is in-home nursing. You may also take care of your elderly parent, and you just need someone to be with them while you are doing your chores. Home care services are versatile, flexible, and customized for your comfort, peace of mind and well-being.

**Why SYNERGY HomeCare?**

* Why choose us?
* First Steps
* Our Team
* How we can help

According to a Gallup-Healthways survey, more than 1 in 6 Americans working full-time or part-time report assisting with the treatment of a member, parent, or acquaintance of an elderly or disable person. Caregivers suggested that their working life was significantly affected by this assistance. Adult children do not want their parents due to age-related illness or injury to have to leave their home. Typically family caregivers average more than 25 hours a week caring for elderly parents and family members in relation to their daily jobs.

With someone else to take care of basic care needs, family members may come back to enjoy their relationship with an aged parent clearly. Instead of feeling overburdened and anxious, making new and nostalgic of memories can be spent time together.

SYNERGY HomeCare knows what you are familiar with: family comes first.

**Why Choose SYNERGY HomeCare?**

It feels good to live comfortably without the need for assistance. But sometimes you need a little help at home to stay safe and sound, what comes up? It's difficult to ask sometimes or it may not be so easy for loved ones to support when trying to manage their other obligations as well.What if you could turn to someone for just a little of that extra help? It might mean you've got some extra help in clipping coupons, having grocery stores and preparing a favorite meal.

**First Steps?**

SYNERGY Home Care recognizes that the first step in deciding which type of care is most effective is to accommodate a patient and their family for a free in-home assessment and visit. During this appointment, we would like to hear more about how the symptoms they are feeling impact the day-to-day behaviors of a patient so that we can create a personalized care plan for our care team to implement together.

#### Our Team

The caring, proficient and vetted caregivers of SYNERGY HomeCare provide comfort to everyone in the family. Those unable to be on the picture must take solace in knowing that an accomplished, conscientious professional is on hand to deal with any issues that may arise.

**Our care team members can assist with:**

* Social enrichment activities
* Nutritious meal planning, preparation, and cleanup
* Medication reminders
* Standby assistance with morning and evening routines
* Light housekeeping
* Arranging appointments and running errands
* Light exercise
* Assistance with ambulation and mobility
* Help with bathing, dressing, and grooming

[Gallup-Healthways. (2011). Gallup-Healthways Well-Being Index.]

**Our Caregivers**

We know at SYNERGY HomeCare how difficult it is to endow the wellbeing of your loved one to someone else. You may ask, "Does my mom feel secure with her caregiver? Do they know how to care for someone with Alzheimer's?"

You and your family are welcomed to be involved in planning the wellbeing of your parent; all facets of care planning will include your family. We will always inform you of any changes to their condition and you can contact your local office at any time to discuss the care plan.

SYNERGY HomeCare assumes the responsibility of hiring and handling your caregiver to protect you and your family. Every caregiver of SYNERGY HomeCare is:

* A W-2 employee
* Bonded & insured
* Experienced & Dependable
* Screened through a national criminal background check
* Ongoing specialized training
* Quality assurance and performance evaluations

**You and Your Family**

You like to be engaged in the treatment of your loved one; contact with family members and other members of the care team is essential. Through daily digital communications, you stay informed, we keep you in the process.

*Some information regarding our clients must be kept confidential in compliance with HIPAA guidelines; contact your local office for more information. Each SYNERGY HomeCare office is proudly independently owned & operated.*

**Testimonials**

**Hear How Others Feel About SYNERGY HomeCare**

There are a lot of unknowns when you are a family caregiver seeking help to care for the emotional and physical well-being of those you love. Does this agency identify an Alzheimer's or dementia patient's difficulties? Will this company consider my particular needs – my elderly parent's needs?

We've found the best advice coming from people you've been through. That's why people who have experienced the love and treatment SYNERGY Home Care will share such real-life testimonials.

**Share Your Story**

If you've found support with SYNERGY HomeCare, We inspire you to tell your story with others who may feel the anxiety and uncertainty you experienced while contemplating your parent or family member of any age at home for the first time. Give us your story to show them that they're not alone!

**Medication Reminders, Safety and Fall Prevention**

You can't take any chances when it comes to your loved one's protection. A slip or missed medicine can be a major health risk to people experiencing the effects of aging, illness, disease or injury. We know the power of fall prevention and daily prescription reminders at SYNERGY HomeCare, and we are here to assist.

**Safety**

The value of safety and security in the home is well known to SYNERGY HomeCare. Through your nearest SYNERGY HomeCare office you will be provided of a comprehensive safety assessment of your loved one's home, as well as advice on ways to improve safety standards and reduce the likelihood of a collapse or an injury. Fear for security is a difficult part of life for many seniors who live alone. Often having only one caregiver around can ease worries and offer peace of mind.

**Fall Prevention**

Falls occur at one in every three adults age 65 and older, according to the Centers for Disease Control and Prevention. These falls can result in damage to the brain, broken bones and other moderate to severe injuries.

Falls are easy to prevent with a little help. Our caregivers can also help transferring between beds and wheelchairs and walking around the house and through the yard. Home care can also avoid hospital stays and accidents by stopping your family member from falling and encouraging a safe, independent lifestyle.

Home care can also avoid hospital stays and accidents by stopping your family member from falling and encouraging a safe, independent lifestyle.

**What to Expect (No Contracts, Just Care)**

To start caring for you and your loved ones, we don't need a deal. Call us for more information or to find a local group near you.