

Swimming North Coast - Girls Short Course Overall Records as at Monday, 7 July 2025

Gender	Age	Event	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	7 & under	50 Free	Lexie Smith	KNGC	36.55	22/06/2025	2025 SNC SC Championships	Great Lakes & Evans Head Aquatic Centre
Girls	8 yrs	50 Free	Coco Becker	COFH	36.46	2/08/2020	Trinity SC Qualifying Meet 2 Aug 2020	Trinity Aquatic Centre
Girls	9 yrs	50 Free	Coco Becker	COFH	32.10	6/11/2021	2021 Crescent Head Pointers 13th Qual Meet	Crescent Head Aquatic Centre
Girls	10 yrs	50 Free	Eva Keen	FOST	29.88	6/07/2019	2019 NSW Country SC Championships	SOPAC
Girls	11 yrs	50 Free	Bindi Ware	KNGC	28.63	5/07/2014	2014 NSW SC Country Championships	SOPAC
Girls	12 yrs	50 Free	Bindi Ware	KNGC	27.91	4/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	13 yrs	50 Free	Bindi Ware	KNGC	27.25	2/07/2016	2016 NSW SC Country Championships	SOPAC
Girls	14 yrs	50 Free	Bindi Ware	KNGC	26.67	28/08/2016	2016 NSW State Age SC Championships	SOPAC
Girls	15 yrs	50 Free	Eva Keen	FOST	26.48	3/09/2023	2023 NSW Senior State Age SC Championships	SOPAC
Girls	16 yrs	50 Free	Olivia Sullivan	KNGC	27.43	10/07/2021	2021 Speedo Short Course Preparation Meet	Brisbane Aquatic Centre
Girls	17 yrs	50 Free	Sophie Mayes	ALST	26.43	2/07/2022	2022 NSW Country SC Championships	SOPAC
Girls	18 yrs	50 Free	Niquola White	ALST	27.26	1/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	Open	50 Free	Sara Marson	TWIN	25.25	15/09/2012	2012 Australian Short Course Championships	Challenge Stadium Perth
Girls	9 & under	100 Free	Matilda Buchholz	MCKV	1:09.44	7/07/2024	2024 NSW Country SC Championships	SOPAC
Girls	10 yrs	100 Free	Matilda Buchholz	MCKV	1:04.14	6/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	100 Free	Bindi Ware	KNGC	1:02.36	6/07/2014	2014 NSW SC Country Championships	SOPAC
Girls	12 yrs	100 Free	Bindi Ware	KNGC	59.75	5/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	13 yrs	100 Free	Bindi Ware	KNGC	58.18	3/07/2016	2016 NSW SC Country Championships	SOPAC
Girls	14 yrs	100 Free	Bindi Ware	KNGC	57.28	28/08/2016	2016 NSW State Age SC Championships	SOPAC
Girls	15 yrs	100 Free	Phoebe Bentley	PTMQ	58.42	25/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	16 yrs	100 Free	Sophie Mayes	TRLM	57.86	30/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	17 yrs	100 Free	Sophie Mayes	ALST	56.72	2/07/2022	2022 NSW Country SC Championships	SOPAC
Girls	18 yrs	100 Free	Niquola White	ALST	58.27	2/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	Open	100 Free	Sara Marson	TWIN	55.43	13/09/2012	2012 Australian Short Course Championships	Challenge Stadium Perth
Girls	10 & under	200 Free	Matilda Buchholz	MCKV	2:18.00	21/06/2025	2025 SNC SC Championships	Great Lakes & Evans Head Aquatic Centre
Girls	11 yrs	200 Free	Bindi Ware	KNGC	2:19.89	5/07/2014	2014 NSW SC Country Championships	SOPAC
Girls	12 yrs	200 Free	Bindi Ware	KNGC	2:08.49	18/07/2015	2015 Speedo QLD Short Course Qualifying Meet	Brisbane Aquatic Centre
Girls	13 yrs	200 Free	Bindi Ware	KNGC	2:06.14	3/07/2016	2016 NSW SC Country Championships	SOPAC
Girls	14 yrs	200 Free	Bindi Ware	KNGC	2:03.98	27/08/2016	2016 NSW State Age SC Championships	SOPAC
Girls	15 yrs	200 Free	Phoebe Bentley	PTMQ	2:06.39	25/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	16 yrs	200 Free	Sophie Mayes	TRLM	2:08.61	30/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	17 yrs	200 Free	Sophie Mayes	ALST	2:06.53	3/07/2022	2022 NSW Country SC Championships	SOPAC
Girls	18 yrs	200 Free	Niquola White	ALST	2:08.07	1/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	Open	200 Free	Bindi Ware	KNGC	2:03.98	27/08/2016	2016 NSW State Age SC Championships	SOPAC

Swimming North Coast - Girls Short Course Overall Records as at Monday, 7 July 2025

Gender	Age	Event	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	10 & under	400 Free	Matilda Buchholz	MCKV	4:58.25	1/06/2025	2025 Forster Aquatic Qualifying Meet	Great Lakes Aquatic Centre
Girls	11 yrs	400 Free	Bindi Ware	KNGC	4:49.47	6/07/2014	2014 NSW SC Country Championships	SOPAC
Girls	12 yrs	400 Free	Bindi Ware	KNGC	4:32.02	18/07/2015	2015 Speedo QLD Short Course Qualifying Meet	Brisbane Aquatic Centre
Girls	13 yrs	400 Free	Bindi Ware	KNGC	4:24.50	3/07/2016	2016 NSW SC Country Championships	SOPAC
Girls	14 yrs	400 Free	Bindi Ware	KNGC	4:22.38	26/08/2016	2016 NSW State Age SC Championships	SOPAC
Girls	15 yrs	400 Free	Madeleine Gough	COFH	4:22.91	12/09/2014	2014 NSW State Open SC Championships	SOPAC
Girls	16 yrs	400 Free	Madeline Ewing	ALST	4:33.20	29/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	17 yrs	400 Free	Felicity Walker	ALST	4:24.07	5/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	18 yrs	400 Free	Abbie Yourell	ALST	4:38.86	15/06/2025	All Saints 2025 Transition Meet	All Saints Gold Coast Pool
Girls	Open	400 Free	Bindi Ware	KNGC	4:22.38	26/08/2016	2016 NSW State Age SC Championships	SOPAC
Girls	12 & under	800 Free	Bindi Ware	KNGC	9:25.47	18/07/2015	2015 Speedo QLD Short Course Qualifying Meet	Brisbane Aquatic Centre
Girls	13 yrs	800 Free	Bindi Ware	KNGC	9:19.64	18/06/2016	SNC Winter SC Champs 2016	Trinity Lismore Aquatic Centre
Girls	14 yrs	800 Free	Elsie Cooper	TRLM	9:32.32	18/06/2016	SNC Winter SC Champs 2016	Trinity Lismore Aquatic Centre
Girls	15 yrs	800 Free	Madeleine Gough	COFH	8:58.52	13/09/2014	2014 NSW State Open SC Championships	SOPAC
Girls	16 yrs	800 Free	Madeline Ewing	ALST	9:22.21	30/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	17 yrs	800 Free	Felicity Walker	ALST	8:59.35	4/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	18 yrs	800 Free	Abbie Yourell	ALST	9:30.55	4/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	Open	800 Free	Madeleine Gough	COFH	8:58.52	13/09/2014	2014 NSW State Open SC Championships	SOPAC
Girls	12 & under	1500 Free	Andrea Thomson	LISM	21:07.14	20/12/2020	Glen Innes Red Fins SC Carnival 2020	Glen Innes Pool
Girls	13 yrs	1500 Free	Andrea Thomson	TRLM	20:29.69	29/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	14 yrs	1500 Free	Tylah Crabtree	TRLM	18:38.33	15/06/2019	2019 SNC Short Course Championships	Trinity Lismore & Forster Aquatic Centre
Girls	15 yrs	1500 Free	Lilly Geddes	TRLM	18:43.65	29/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	16 yrs	1500 Free	Sophie Mayes	TRLM	18:16.12	29/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	17 yrs	1500 Free	Felicity Walker	ALST	16:59.37	6/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	18 yrs	1500 Free	Abbie Yourell	ALST	17:59.22	21/06/2025	2025 SNC SC Championships	Great Lakes & Evans Head Aquatic Centre
Girls	Open	1500 Free	Felicity Walker	ALST	16:59.37	6/07/2025	2025 NSW Country SC Championships	SOPAC

Swimming North Coast - Girls Short Course Overall Records as at Monday, 7 July 2025

Gender	Age	Event	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	7 & under	50 Back	Lexie Smith	KNGC	42.03	22/06/2025	2025 SNC SC Championships	Great Lakes & Evans Head Aquatic Centre
Girls	8 yrs	50 Back	Ella Bhatti	WOOL	42.53	11/05/2013	2013 SNC Winter Sprint Series	Crescent Aquatic Centre
Girls	9 yrs	50 Back	Matilda Buchholz	MCKV	37.30	7/07/2024	2024 NSW Country SC Championships	SOPAC
Girls	10 yrs	50 Back	Matilda Buchholz	MCKV	33.87	6/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	50 Back	Bindi Ware	KNGC	33.30	6/07/2014	2014 NSW SC Country Championships	SOPAC
Girls	12 yrs	50 Back	Thalia Kladis	FOST	32.77	18/05/2013	2013 Forster Aquatic Qualifying Carnival	Forster Aquatic Centre
Girls	13 yrs	50 Back	Bridie Gordon	COFH	31.32	11/08/2024	2024 Qld SC Championships	Brisbane Aquatic Centre
Girls	14 yrs	50 Back	Tylah Crabtree	TRLM	30.16	5/10/2019	2019 State Teams Championships	Canberra Pool
Girls	15 yrs	50 Back	Bella Teale	TRLM	31.28	21/05/2022	2022 NSW SC Qualifying Meet	SOPAC
Girls	16 yrs	50 Back	Sophie Mayes	TRLM	30.53	30/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	17 yrs	50 Back	Olivia Sullivan	KNGC	29.95	14/08/2022	2022 Queensland Short Course Championships	Brisbane Aquatic Centre
Girls	18 yrs	50 Back	Niquola White	ALST	30.39	2/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	Open	50 Back	Fiona Connell	PTMQ	28.73	2/07/2011	2011 Australian Short Course Championships	SA Aquatic and Leisure Centre
Girls	9 & under	100 Back	Matilda Buchholz	MCKV	1:21.59	6/07/2024	2024 NSW Country SC Championships	SOPAC
Girls	10 yrs	100 Back	Matilda Buchholz	MCKV	1:14.83	5/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	100 Back	Coco Becker	COFH	1:11.17	1/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	12 yrs	100 Back	Tayla Hall	SAWT	1:07.84	28/08/2016	2016 NSW State Age SC Championships	SOPAC
Girls	13 yrs	100 Back	Tayla Hall	SAWT	1:05.99	19/08/2017	2017 McDonald's Qld Short Course Championships	Brisbane Aquatic Centre
Girls	14 yrs	100 Back	Tylah Crabtree	TRLM	1:03.99	24/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	15 yrs	100 Back	Claire Van Kampen	FOST	1:06.36	1/07/2017	2017 NSW SC Country Championships	SOPAC
Girls	16 yrs	100 Back	Olivia Sullivan	KNGC	1:05.43	10/07/2021	2021 Speedo Short Course Preparation Meet	Brisbane Aquatic Centre
Girls	17 yrs	100 Back	Olivia Sullivan	KNGC	1:03.49	10/07/2022	2022 Qld Speedo SC Preparation Meet	Brisbane Aquatic Centre
Girls	18 yrs	100 Back	Niquola White	ALST	1:06.12	1/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	Open	100 Back	Fiona Connell	PTMQ	1:00.58	1/07/2011	2011 Australian Short Course Championships	SA Aquatic and Leisure Centre
Girls	10 & under	200 Back	Matilda Buchholz	MCKV	2:44.84	4/05/2025	Nepean Short Course Qualifying Meet May 2025	Sydney Olympic Park Aquatic Centre
Girls	11 yrs	200 Back	Tayla Hall	SAWT	2:34.99	29/08/2015	2015 NSW State Age SC Championships	SOPAC
Girls	12 yrs	200 Back	Tayla Hall	SAWT	2:26.20	2/07/2016	2016 NSW SC Country Championships	SOPAC
Girls	13 yrs	200 Back	Tylah Crabtree	TRLM	2:22.08	25/08/2018	2018 NSW 13 & Over State SC Championships	SOPAC
Girls	14 yrs	200 Back	Tylah Crabtree	TRLM	2:18.28	6/07/2019	2019 NSW Country SC Championships	SOPAC
Girls	15 yrs	200 Back	Bella Teale	TRLM	2:21.58	21/05/2022	2022 NSW SC Qualifying Meet	SOPAC
Girls	16 yrs	200 Back	Olivia Sullivan	KNGC	2:19.82	10/07/2021	2021 Speedo Short Course Preparation Meet	Brisbane Aquatic Centre
Girls	17 yrs	200 Back	Olivia Sullivan	KNGC	2:17.15	12/08/2022	2022 Queensland Short Course Championships	Brisbane Aquatic Centre
Girls	18 yrs	200 Back	Niquola White	ALST	2:24.48	2/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	Open	200 Back	Fiona Connell	PTMQ	2:13.64	30/06/2011	2011 Australian Short Course Championships	SA Aquatic and Leisure Centre

Swimming North Coast - Girls Short Course Overall Records as at Monday, 7 July 2025

Gender	Age	Event	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	7 & under	50 Breast	Alannah Welsh	KNGC	56.25	17/10/2015	Ballina Indoor Summer Sprint Meet	Ballina Indoor Swim n Gym
Girls	8 yrs	50 Breast	Cooper Andrews	COFH	50.49	18/06/2017	2017 Armidale Alligators Winter SC Meet	The Armidale School 25m Heated Indoor
Girls	9 yrs	50 Breast	Matilda Buchholz	MCKV	44.52	7/09/2024	2024 NSW Junior State SC Championships	SOPAC
Girls	10 yrs	50 Breast	Matilda Buchholz	MCKV	40.23	5/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	50 Breast	Olympia Pope	KNGC	38.82	17/08/2019	2019 McDonald's Qld Short Course Championshi	Brisbane Aquatic Centre
Girls	12 yrs	50 Breast	Tylah Crabtree	TRLM	37.40	15/10/2017	City of Lismore Short Course Carnival	Trinity Aquatic Centre
Girls	13 yrs	50 Breast	Tylah Crabtree	TRLM	35.14	1/09/2018	City of Lismore Short Course Carnival	Trinity Aquatic Centre
Girls	14 yrs	50 Breast	Tylah Crabtree	TRLM	32.78	5/07/2019	2019 NSW Country SC Championships	SOPAC
Girls	15 yrs	50 Breast	Mathilda King	PTMQ	32.57	27/11/2020	2020 HP Virtual Short Course NSW	Warringah Aquatic Centre
Girls	16 yrs	50 Breast	Caitlin McDonald	SSSC	33.97	5/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	17 yrs	50 Breast	Mekayla Everingham	PTMQ	32.73	4/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	18 yrs	50 Breast	Rekkii Byrne	NBAQ	35.88	1/08/2021	TLSC SC Qualifying Meet 1 Aug 2021	Trinity Aquatic Centre
Girls	Open	50 Breast	Sara Marson	TWIN	31.70	24/08/2013	2013 Australian Short Course Championships	SOPAC
Girls	9 & under	100 Breast	Matilda Buchholz	MCKV	1:36.06	7/09/2024	2024 NSW Junior State SC Championships	SOPAC
Girls	10 yrs	100 Breast	Matilda Buchholz	MCKV	1:26.64	4/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	100 Breast	Olympia Pope	KNGC	1:24.90	17/08/2019	2019 McDonald's Qld Short Course Championshi	Brisbane Aquatic Centre
Girls	12 yrs	100 Breast	Courtney Fuller	SAWT	1:20.49	8/07/2012	2012 NSW SC Country Championships	SOPAC
Girls	13 yrs	100 Breast	Tylah Crabtree	TRLM	1:14.08	24/08/2018	2018 NSW 13 & Over State SC Championships	SOPAC
Girls	14 yrs	100 Breast	Tylah Crabtree	TRLM	1:10.50	5/07/2019	2019 NSW Country SC Championships	SOPAC
Girls	15 yrs	100 Breast	Mathilda King	PTMQ	1:10.67	27/11/2020	2020 HP Virtual Short Course NSW	Warringah Aquatic Centre
Girls	16 yrs	100 Breast	Jacqueline Button	CSNO	1:12.37	4/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	17 yrs	100 Breast	Mekayla Everingham	PTMQ	1:10.15	5/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	18 yrs	100 Breast	Mekayla Everingham	PTMQ	1:11.44	28/08/2015	2015 NSW State Age SC Championships	SOPAC
Girls	Open	100 Breast	Keatyn Simpson	AQAZ	1:08.69	11/08/2012	2012 NSW State Open SC Championships	Sydney Olympic Park Aquatic Centre
Girls	10 & under	200 Breast	Matilda Buchholz	MCKV	3:09.04	4/05/2025	Nepean Short Course Qualifying Meet May 2025	Sydney Olympic Park Aquatic Centre
Girls	11 yrs	200 Breast	Elsie Cooper	TRLM	3:00.30	23/06/2013	2013 SNC Winter SC Champs	Trinity Lismore Aquatic Centre
Girls	12 yrs	200 Breast	Tylah Crabtree	TRLM	2:53.35	15/10/2017	City of Lismore Short Course Carnival	Trinity Aquatic Centre
Girls	13 yrs	200 Breast	Tylah Crabtree	TRLM	2:38.66	27/08/2018	2018 NSW 13 & Over State SC Championships	SOPAC
Girls	14 yrs	200 Breast	Tylah Crabtree	TRLM	2:31.79	5/10/2019	2019 State Teams Championships	Canberra Pool
Girls	15 yrs	200 Breast	Tylah Crabtree	TRLM	2:39.01	2/08/2020	Trinity SC Qualifying Meet 2 Aug 2020	Trinity Aquatic Centre
Girls	16 yrs	200 Breast	Jacqueline Button	CSNO	2:38.37	5/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	17 yrs	200 Breast	Mekayla Everingham	PTMQ	2:32.64	5/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	18 yrs	200 Breast	Mekayla Everingham	PTMQ	2:34.86	30/08/2015	2015 NSW State Age SC Championships	SOPAC
Girls	Open	200 Breast	Keatyn Simpson	AQAZ	2:28.90	11/08/2012	2012 NSW State Open SC Championships	Sydney Olympic Park Aquatic Centre

Swimming North Coast - Girls Short Course Overall Records as at Monday, 7 July 2025

Gender	Age	Event	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	7 & under	50 Fly	Ebony Northeast	MRWB	45.87	22/06/2013	2013 SNC Winter SC Champs	Trinity Lismore Aquatic Centre
Girls	8 yrs	50 Fly	Matilda Buchholz	MCKV	41.02	27/05/2023	2023 SNC SC Championships	Great Lakes & Evans Head Aquatic Centre
Girls	9 yrs	50 Fly	Matilda Buchholz	MCKV	34.39	7/07/2024	2024 NSW Country SC Championships	SOPAC
Girls	10 yrs	50 Fly	Matilda Buchholz	MCKV	32.13	6/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	50 Fly	Bindi Ware	KNGC	30.94	6/07/2014	2014 NSW SC Country Championships	SOPAC
Girls	12 yrs	50 Fly	Bindi Ware	KNGC	29.98	5/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	13 yrs	50 Fly	Bindi Ware	KNGC	29.94	3/07/2016	2016 NSW SC Country Championships	SOPAC
Girls	14 yrs	50 Fly	Sophie Scislo	FOST	29.58	7/07/2024	2024 NSW Country SC Championships	SOPAC
Girls	15 yrs	50 Fly	Leah Pickvance	MCKV	29.64	4/06/2022	2022 SNC SC Championships	Great Lakes & Evans Head Aquatic Centre
Girls	16 yrs	50 Fly	Sophie Mayes	TRLM	28.85	29/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	17 yrs	50 Fly	Sophie Mayes	ALST	27.38	3/07/2022	2022 NSW Country SC Championships	SOPAC
Girls	18 yrs	50 Fly	Sophie Mayes	ALST	29.04	27/05/2023	2023 SNC SC Championships	Great Lakes & Evans Head Aquatic Centre
Girls	Open	50 Fly	Sophie Mayes	ALST	27.38	3/07/2022	2022 NSW Country SC Championships	SOPAC
Girls	9 & under	100 Fly	Matilda Buchholz	MCKV	1:18.62	5/07/2024	2024 NSW Country SC Championships	SOPAC
Girls	10 yrs	100 Fly	Matilda Buchholz	MCKV	1:11.65	4/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	100 Fly	Riley Andrews	COFH	1:08.91	7/07/2018	2018 NSW SC Country Championships	SOPAC
Girls	12 yrs	100 Fly	Bindi Ware	KNGC	1:06.99	4/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	13 yrs	100 Fly	Jessica Grant	PTMQ	1:04.52	31/08/2014	2014 NSW State Age SC Championships	SOPAC
Girls	14 yrs	100 Fly	Tylah Crabtree	TRLM	1:03.90	24/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	15 yrs	100 Fly	Sophie Mayes	TRLM	1:05.67	2/08/2020	Trinity SC Qualifying Meet 2 Aug 2020	Trinity Aquatic Centre
Girls	16 yrs	100 Fly	Sophie Mayes	TRLM	1:02.56	1/08/2021	TLSC SC Qualifying Meet 1 Aug 2021	Trinity Aquatic Centre
Girls	17 yrs	100 Fly	Sophie Mayes	ALST	1:01.94	2/07/2022	2022 NSW Country SC Championships	SOPAC
Girls	18 yrs	100 Fly	Kiera Hetherington	MCKV	1:06.67	24/08/2024	2024 NSW Senior State Age SC Championships	SOPAC
Girls	Open	100 Fly	Gemma Johnson	ALST	1:01.47	17/08/2019	2019 McDonald's Qld Short Course Championshi	Brisbane Aquatic Centre
Girls	12 & under	200 Fly	Bindi Ware	KNGC	2:36.61	5/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	13 yrs	200 Fly	Jessica Grant	PTMQ	2:23.97	30/08/2014	2014 NSW State Age SC Championships	SOPAC
Girls	14 yrs	200 Fly	Madeline Ewing	ALST	2:21.48	25/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	15 yrs	200 Fly	Madeleine Gough	COFH	2:26.67	31/08/2014	2014 NSW State Age SC Championships	SOPAC
Girls	16 yrs	200 Fly	Courtney Clark	COFH	2:24.57	1/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	17 yrs	200 Fly	Karla Gilmore	TRLM	2:28.84	20/06/2015	SNC Winter SC Champs 2015	Trinity Lismore Aquatic Centre
Girls	18 yrs	200 Fly	Courtney Clark	COFH	2:27.96	16/11/2024	2024 Crescent Head Pointers 16th Qual Meet	Crescent Head Aquatic Centre
Girls	Open	200 Fly	Madeline Ewing	ALST	2:21.48	25/08/2019	2019 NSW Senior State Age SC Championships	SOPAC

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Gender	Age	Event	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	9 & under	100 IM	Matilda Buchholz	MCKV	1:22.57	6/07/2024	2024 NSW Country SC Championships	SOPAC
Girls	10 yrs	100 IM	Matilda Buchholz	MCKV	1:14.52	5/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	100 IM	Coco Becker	COFH	1:15.40	1/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	12 yrs	100 IM	Myla Naylor	KNGC	1:12.42	12/08/2022	2022 Queensland Short Course Championships	Brisbane Aquatic Centre
Girls	13 yrs	100 IM	Tylah Crabtree	TRLM	1:08.32	1/09/2018	City of Lismore Short Course Carnival	Trinity Aquatic Centre
Girls	14 yrs	100 IM	Tylah Crabtree	TRLM	1:04.90	25/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	15 yrs	100 IM	Tylah Crabtree	TRLM	1:06.78	2/08/2020	Trinity SC Qualifying Meet 2 Aug 2020	Trinity Aquatic Centre
Girls	16 yrs	100 IM	Sophie Mayes	TRLM	1:06.94	30/05/2021	2021 SNC SC Championships Combined	Great Lakes & Trinity Aquatic Centres
Girls	17 yrs	100 IM	Sophie Mayes	ALST	1:04.43	2/07/2022	2022 NSW Country SC Championships	SOPAC
Girls	18 yrs	100 IM	Niquola White	ALST	1:08.61	1/07/2023	2023 NSW Country SC Championships	SOPAC
Girls	Open	100 IM	Sara Marson	TWIN	1:02.70	23/08/2013	2013 Australian Short Course Championships	SOPAC
Girls	10 & under	200 IM	Matilda Buchholz	MCKV	2:38.85	4/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	11 yrs	200 IM	Riley Andrews	COFH	2:39.03	8/07/2018	2018 NSW SC Country Championships	SOPAC
Girls	12 yrs	200 IM	Eve Drew	ALST	2:36.74	4/07/2025	2025 NSW Country SC Championships	SOPAC
Girls	13 yrs	200 IM	Tylah Crabtree	TRLM	2:23.61	24/08/2018	2018 NSW 13 & Over State SC Championships	SOPAC
Girls	14 yrs	200 IM	Tylah Crabtree	TRLM	2:16.95	23/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	15 yrs	200 IM	Phoebe Bentley	PTMQ	2:24.25	23/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	16 yrs	200 IM	Olivia Sullivan	KNGC	2:22.82	10/07/2021	2021 Speedo Short Course Preparation Meet	Brisbane Aquatic Centre
Girls	17 yrs	200 IM	Sophie Mayes	ALST	2:19.93	2/07/2022	2022 NSW Country SC Championships	SOPAC
Girls	18 yrs	200 IM	Kiera Hetherington	MCKV	2:29.14	23/08/2024	2024 NSW Senior State Age SC Championships	SOPAC
Girls	Open	200 IM	Tylah Crabtree	TRLM	2:16.95	23/08/2019	2019 NSW Senior State Age SC Championships	SOPAC
Girls	12 & under	400 IM	Madeline Ewing	SRT	5:25.61	19/08/2017	2017 McDonald's Qld Short Course Championshi	Brisbane Aquatic Centre
Girls	13 yrs	400 IM	Tylah Crabtree	TRLM	5:06.44	28/08/2018	2018 NSW 13 & Over State SC Championships	SOPAC
Girls	14 yrs	400 IM	Tylah Crabtree	TRLM	4:54.79	6/07/2019	2019 NSW Country SC Championships	SOPAC
Girls	15 yrs	400 IM	Lilly Geddes	TRLM	5:14.46	1/08/2021	TLSC SC Qualifying Meet 1 Aug 2021	Trinity Aquatic Centre
Girls	16 yrs	400 IM	Sophie Mayes	TRLM	5:07.68	1/08/2021	TLSC SC Qualifying Meet 1 Aug 2021	Trinity Aquatic Centre
Girls	17 yrs	400 IM	Mekayla Everingham	PTMQ	5:04.28	5/07/2015	2015 NSW SC Country Championships	SOPAC
Girls	18 yrs	400 IM	Abbie Yourell	ALST	5:22.56	22/06/2025	2025 SNC SC Championships	Great Lakes & Evans Head Aquatic Centre
Girls	Open	400 IM	Tylah Crabtree	TRLM	4:54.79	6/07/2019	2019 NSW Country SC Championships	SOPAC