

## INDIVIDUAL MEDLEY

| INDIVIDUAL MEDEL I |      |                |          |         |                     |          |         |
|--------------------|------|----------------|----------|---------|---------------------|----------|---------|
|                    |      | WOMEN          |          |         | MEN                 |          |         |
| DIST               | AGE  | NAME           | DATE     | TIME    | NAME                | DATE     | TIME    |
| 200M               | 8&U  | Eliza Ward     | 10.02.11 | 4:23.06 | Jonah Standen       | 13.02.03 | 4:24:50 |
|                    | 9    | Eliza Ward     | 21.02.13 | 3:42.27 | Sebastian House     | 13.01.24 | 3:36.46 |
|                    | 10   | Emily Kearney  | 24.02.16 | 3:19.93 | Stephen Hebblewhite | 17.11.94 | 3:37:31 |
|                    | 11   | Emily Kearney  | 22.02.17 | 3:09.70 | Chris Walshe        | 28.02.91 | 3:24:32 |
|                    | 12   | Emily Kearney  | 14.10.17 | 3:00.43 | Nathan Rees         | 14.12.95 | 2:57:77 |
|                    | 13   | Emily Kearney  | 24.11.18 | 2:55.10 | Nathan Rees         | 29.02.96 | 2:55:66 |
|                    | 14   | Nicole James   | 28.02.91 | 3:03:51 | Michael Shanley     | 07.02.91 | 2:50:65 |
|                    | 15   | Nicole James   | 27.02.92 | 2:58:81 | Nick Rendell        | 21.02.98 | 2:44:02 |
|                    | 16+  | Leanne Rees    | 28.02.91 | 3:01:84 | Nick Rendell        | 30.01.99 | 2:36:03 |
| 400M               | 10&U | Emily Kearney  | 16.02.16 | 7:54.90 | Sebastian House     | 09.03.24 | 7:47.05 |
|                    | 11   | Emily Kearney  | 07.03.17 | 7:16.19 | Justin Boorer       | 24.11.22 | 8:09.65 |
|                    | 12   | Emily Kearney  | 21.11.17 | 6:58.35 | Justin Boorer       | 07.12.23 | 7:36.74 |
|                    | 13   | Kaitlin Perry  | 07.12.23 | 6:43.27 | Nathan Rees         | 16.02.96 | 6:46:96 |
|                    | 14   | Kaitlin Perry  | 28.11.24 | 6:38.63 | Nick Rendell        | 17.12.96 | 6:38:87 |
|                    | 15   | Lauren Stevens | 11.02.03 | 7:19:18 | Nick Rendell        | 27.01.98 | 6:28:17 |
|                    | 16+  | Leeanne Rees   | 24.01.91 | 6:26:04 | Nick Rendell        | 01.12.98 | 6:16:31 |

Updated 19 January 2025