

San Diego Area

Rev 10/28/2013

RADIO FREQUENCIES

Location	Code	ASOS ATIS	GRND	TWR UNICOM	LOC ILS	CLEAR DEL
MONTGOMERY	MYF	126.90	118.22	119.20	111.70	123.725
TPA 10L / 28R	1,227			125.70	ILS	
TPA 10R / 28 L	1,427					
Field Elevation	427					
PALOMAR	CRQ	120.15	121.8	118.60	108.70	134.85
TPA 06 / 24	1,503				ILS	
Field Elevation	331					
GILLESPIE	SEE	125.45	121.7	120.70	110.50	125.10
TPA 09L / 27R	1,588			123.80	LOC	
TPA 9R / 27L	1,388					
Field Elevation	387					
BROWN (Primary)	SDM	132.35	124.4	128.25	NONE	124.4
TPA 08L / 26R	1,526			126.5		
TPA 08R / 26L	1,126					
Field Elevation	526					
RAMONA	RNM	132.025	121.65	119.875	NONE	NONE
TPA 09 / 27	2,395					
Field Elevation	1,395					
HEMET	HMT	118.375	NONE	123.00	NONE	NONE
TPA 05 / 23	2,512					
Field Elevation	1,512					
FRENCH VALLEY	F70	119.025	NONE	122.80	NONE	NONE
TPA 18 / 36	2,350					
Field Elevation	1,350					
FALLBROOK	L18	123.05	NONE	123.05	NONE	NONE
TPA 18 / 36	1,708	3				
Field Elevation	708	CLICKS				
OCEANSIDE	OKB	127.80	NONE	123.00	NONE	NONE
TPA 06 / 24	1,000					
Field Elevation	28					

A/C to A/C Common Practice Area	122.75
EMERGENCY	121.5

NAV AIDS VOR	CODE	VOT		
MISSION BAY	MZB	117.8	MONTGOMERY	109.0
POGGY	PGY	109.8	GILLESPIE	110.0
OCEANSIDE	OCN	115.3	BROWN	109.0
PALM SPRINGS	PSP	115.5		
THERMAL	TRM	116.2		
JULIAN	JLI	114.0		

Check Official Navigation Publications for Frequencies

Jim.MacKay@Fly-Wingman.com

Fly-Wingman Flight Training

760-505-6012

San Diego Area

Page 2

RADIO FREQUENCIES

Location	Code	ASOS ATIS	GRND	TWR UNICOM	LOC ILS	CLEAR DEL
AVALON TPA 04 / 22 Field Elevation	AVX 2,602	120.675	NONE	122.7	NONE	NONE
BANNING TPA 08 / 26 Field Elevation	BNG 3,219 2,219	NONE	NONE	122.8	NONE	NONE
BORREGO SPRING TPA 08 / 26 Field Elevation	L08 1,520 520	126.575	NONE	122.8	NONE	NONE
THERMAL TPA 17/35 & 12/30 Field Elevation	TRM 885 (115)	118.325	NONE	123.0	NONE	NONE
PALM SPRINGS TPA 13L / 31R TPA 13R / 301L Field Elevation	PSP 1,477 1,477 477	118.25	121.9	119.7 122.95	NONE	128.35
BERMUDA DUNES TPA 10 / 28 Field Elevation	UDD 1,073 73	NONE	NONE	122.8	NONE	NONE

So Cal OCN	127.3
So Cal MZB	119.6
Palm Spring N/W	126.7
Palm Spring NE/SW	135.275
SD Flight Service	122.2
Flight Watch	122.0

Lost Communications SQUAWK 7600

EMERGENCY SQUAWK 7700

EMERGENCY 121.5

MH + RB = MB NDB / ADF

IFR Clearance	
C	Cleared To
R	Route
A	Altitude
F	Frequency
T	Squawk

Check Official Navigation Publications for Frequencies

Light Gun Signals	Surface	Air
Steady Green	Cleared for Takeoff	Cleared to Land
Flash Green	Cleared to Taxi	Return for Landing
Steady Red	STOP	Give Way to Other A/C
Flashing Red	Taxi Clear of Rwy	Airport Unsafe No Landing
Flashing White	Return to Start Point	N/A
Alt Red Green	Exercise Caution	Exercise Caution