



## A Casebook of Psychotherapy Practice with Challenging Patients: A Modern Kleinian Approach (Paperback)

By Robert Waska

Taylor Francis Ltd, United Kingdom, 2015. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. Most contemporary psychoanalysts and psychotherapists see each patient once or twice a week at most. As many patients have reached a marked state of distress before seeking treatment, this gives the analyst a difficult task to accomplish in what is a limited amount of time. A Casebook of Psychotherapy Practice with Challenging Patients: A modern Kleinian approach sets out a model for working with quite significantly disturbed, distressed, or resistant patients in a very limited time, which Robert Waska has termed Modern Kleinian Therapy. Each chapter provides a vivid look into the moment-to-moment workings of a contemporary Kleinian focus on understanding projective identification, enactment, and acting out as well as the careful and thoughtful interpretive work necessary in these complex clinical situations. Individual psychotherapeutic work is represented throughout the book alongside instructive reports of psychoanalytic work with disturbed couples, and the more challenging patient is illustrated with several comprehensive reviews of films that follow such hard-to-reach individuals. A Casebook of Psychotherapy Practice with Challenging Patients: A modern Kleinian approach is filled with a combination of contemporary theory building, a wealth...



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