



## Diabetes: The Facts That Let You Regain Control of Your Life

By Charles Kilo, Joseph R. Williamson, Dick Richmond

John Wiley & Sons Inc. Paperback. Book Condition: new. BRAND NEW, Diabetes: The Facts That Let You Regain Control of Your Life, Charles Kilo, Joseph R. Williamson, Dick Richmond, "Unlike most books about diabetes, this book is readable as a story----jampacked with exciting recent information about a disease that afflicts 100 million people." ----Leo P. Krall, MD, Joslin Clinic and Harvard Medical School, President of the Diabetes Research and Education Foundation Understanding diabetes is the first step a diabetic patient takes toward living a long, active life. If you or someone close to you has been diagnosed with diabetes, here, in lay terms, is a comprehensive explanation that will help you understand diabetes----and learn to cope with it. Specifically not a how--to guide, Diabetes presents clear, scientific coverage of how the body functions and how diabetes affects its various systems. It candidly addresses many controversies in treatment and discusses important new information on vascular damage caused by diabetes. Drs. Kilo and Williamson clearly and carefully explain: aeo Psychological aspects aeo Diabetes and men aeo Diabetes and women aeo Choosing a doctor aeo Diet and exercise aeo Obesity aeo Medication aeo Stress aeo Complications of diabetes You will also find exciting...



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