



Creating Time and Energy: A Foundational Workbook for Scattered Parents (Paperback)

By Julie L Ford

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Creating Time and Energy: A Foundational Workbook for Scattered Parents is a personalized conversation about the important work of raising up the next generation that provides a forced "pause" in the everyday chaos of parenting. As a parent, your work is imperative to not only your little people, but to the world around us. Affording yourself this tiny pause to build your parenting foundation in what matters most, you'll notice how very much more joy exists in the journey. You'll find the concepts within are nothing new, but this logical and humorous presentation makes the process simple and doable. You've always had this time and energy, but now that you're a parent, it's been hiding in the mess of it all! Find it again and move forward rooted in a sound foundation that you yourself design using your personal values as a guide. Within, you'll find powerful questions, exercises, encouragement, and steps to move your chaotic moments into the order that works best for you and your family. There are no prescriptions in...



READ ONLINE
[7.82 MB]

Reviews

It is in a single of my personal favorite publication. It usually fails to charge an excessive amount of. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Mr. David Friesen IV**

If you need to adding benefit, a must buy book. It really is rally interesting throgh reading through period. Your way of life period will probably be convert as soon as you total looking over this book.

-- **Ms. Kirstin O'Kon**

Other Books



[The Sunday Kindergarten Game Gift and Story: A Manual for Use in the Sunday, Schools and in the Home \(Classic Reprint\) \(Paperback\)](#)

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from The Sunday Kindergarten Game Gift and Story: A Manual for Use in the Sunday, Schools and in...



[Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook \(Paperback\)](#)

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and effective guide for parents and students to...



[No Friends?: How to Make Friends Fast and Keep Them \(Paperback\)](#)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any friend and being lonely all the time...



[Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: \(Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures\) \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



[Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online \(Paperback\)](#)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...



[How to Make a Free Website for Kids \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter # 2: Signing Up for a Website...