



To Bria, with Love: Tried, True, and Honest Testimonies for Young Ladies Transitioning Into Womanhood (Paperback)

By Kenya N Phifer-Jones

Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Kenya Phifer-Jones has not seen it all nor done it all, but she s definitely been there, done that in many forms, and she s not afraid to talk candidly about it. Originally written as a guiding tool for her college-bound Goddaughter Bria, Ms. Phifer-Jones decided to expand her audience to other young ladies and women who may feel lost, hurt, angry, confused, and uncertain about the daily trials of life and the many challenges women have to face and deal with. To Bria, With Love speaks from the heart and tells it like it is on several key topics, ranging from the delicate and sometimes complicated walk from girlhood to womanhood (she speaks frankly about issues she faced in childhood, including low self-esteem, bullying, depression, panic attacks, and daddy issues), self-love and self-acceptance (you can t worry about who doesn t get, accept, or like you, love and embrace YOURSELF), spirituality(she speaks honestly about how difficult it was for her to trust and believe that God wasn t punishing her, but preparing her), men...



Reviews

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