



A Wormhole Named Desire - Blog 2014: Journey from Survival of Trauma to Freedom of Love (Paperback)

By Victor D Bloomberg Lcsw

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The story begins with the video, A Wormhole Named Desire: A Three Part Love Story. Using original illustrations, prose and poetry, the journey of attaining freedom from Post Traumatic Stress is told. It is posted on YouTube. A Wormhole Named Desire - Blog 2014: Journey from Survival of Trauma to Freedom of Love expands upon the video. The presentation of a cogent vision of healing is unique, blending the therapist's personal experience with cultural icons. Psychotherapy concepts are demystified. The reader is guided through a series of reflective questions to apply the understanding to their own life. -----

----- From the book: Cultural traditions and values help a survivor build trust. Core beliefs filter experience, screen (reject) the unmanageable, and allow for the reinforcement of strength. As strength increases, the person manages a wider range of experiences (in terms of variety, intensity, duration and frequency). Positive experiences provide affirmation. A survivor who is on a path of healing increasingly sees characteristics that are common among trustworthy people. Perseverance is essential, because: -A con artist fools their victim, -An...



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Reviews

It is one of my personal favorite pdf. This really is for all those who state there was not a really worth looking at. I realized this book from my dad and I encouraged this pdf to understand.

-- **Katlynn Haag**

Great electronic book and useful one. It can be written in straightforward terms rather than difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Kian Harber**

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