



Dr. Marotta's Organized Approach to Optimizing Your Health: A Health-Care Navigator for the Layman (Paperback)

By Joseph A Marotta

iUniverse, United States, 2007. Paperback. Book Condition: New. 223 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Health care has undergone numerous changes in recent years. Learn to navigate through much of the confusion surrounding today's health-care system with the expert guidance in Dr. Marotta's Organized Approach to Optimizing Your Health. Author Joseph A. Marotta provides a new approach to dealing with the often complicated world of health care, enabling people to take charge of their health. Marotta provides answers to commonly unasked and unanswered questions regarding your most important health-care concerns in order to complement the doctor-patient visit. In addition, he provides easy-to-read tables with checklists detailing symptoms or tests that you should discuss with your doctor. This enables you to take charge of your role in your own health. Marotta also advises how to select the right physician for your needs and how to choose the best health-care plan for you and your family. Preventive medicine is the key to reducing the incidence of disease and mortality. Dr. Marotta's Organized Approach to Optimizing Your Health is the perfect guide for those wishing to take the driver's seat on the...



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Reviews

Complete guide! Its such a great study. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Dr. Hermann Marvin PhD**

A high quality book and also the typeface utilized was exciting to read. This really is for anyone who statte there was not a worthy of reading. I am easily will get a enjoyment of reading a written ebook.

-- **Burnice Carter**