



Healthy Eating in Primary Schools

By Sally Robinson

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Healthy Eating in Primary Schools, Sally Robinson, Developed with the support of the Kent Healthy Schools Programme to encourage primary schools to promote healthy eating, this resource takes a whole-school, holistic approach towards children's eating and relates to the PSHE Curriculum and the Healthy Schools Programme. There is a good blend of easily accessible information on healthy eating supported by individual case studies. The three sections cover: " a summary of the range of children's eating issues " strategies for promoting healthy eating and preventing, recognising and dealing with eating problems " examples of lesson plans related to the physical, emotional and social aspects of children's eating. Dr Sally Robinson is principal lecturer in the Department of Health and Social Welfare Studies at Canterbury Christ Church University.



Reviews

Very good eBook and valuable one. Better then never, though i am quite late in start reading this one. I am very easily could possibly get a satisfaction of reading through a created publication.

-- Brianne Heidenreich

The ebook is fantastic and great. It really is basic but unexpected situations within the fifty percent in the book. Its been written in an exceptionally basic way in fact it is only after i finished reading through this ebook by which actually modified me, modify the way in my opinion.

-- Ms. Donna Parker MD