

FALL 2006 SEPTEMBER - DECEMBER

HoopsQuest is teaming up with Miracle Basketball to offer training and support for their long established program. The Miracle Basketball program and HoopsQuest will be running leagues and skill clinics this fall at the Maryville Academy in Des Plaines, IL.



The goal of the Miracle Basketball program is to build the female athlete through a "Triple A System" – Attitude, Aggressiveness and Anticipation become the formula for success.

We believe strongly in developing each athlete to her maximum potential through the development of the fundamental skills: foot speed, shooting, dribbling, rebounding and conditioning. Most importantly, we build teamwork, friendships and sportsmanship.

www.hoopsquest.com/miracle

The success my daughter achieves today was the product of the dedication Steve has made to the girls who have played for him.

David Bemoras
 Danielle was the leading scorer at
 Glenbrook South in 2005-06.

His fundamental training and no nonsense attitude have been the key to his success. The girls buy into his style and want to play for him.

- Bill Pullano Nicole is an 8th grader in her fourth year in the program.

Our experience with the Miracle program has been great. We have seen thru Steves coaching style both of our girls continued growth atheticly and personally. Most of all our girls have fun.

Kurt and Lynette Roemer
 Daughters Allie, five years and
 Missy, four years in the program.

For more information about Miracle leagues and teams, contact Steve Mazza, stevemazza@hoopsquest.com.

HOUSE LEAGUE

The Miracle Basketball house league gives student athletes the opportunity to apply learned fundamental skills in weekly competitive league games. Each evening will include instruction sessions followed by league play to practice the skills learned.

Sundays, September 10 - October 29, 2006

Girls, 4th - 8th Grade

Time: 6 p.m.

Location: Maryville Academy (Des Plaines, IL)

Cost: \$225*

Evaluation Date: Sunday, September 10, 6 p.m.

*Contact Steve Mazza, 847.209.0350 or stevemazza@hoopsquest.com for special team rates available for groups of 15 or more from the same school, program, or parish.

MIRACLE AAU TRAVEL TEAM

The Miracle AAU program has won over 60 local and out of state championships in the last three years. Recent titles include the 2006 Midwest National 9-10th grade Champions, 2005 Midwest National 8th, 9-10th grade Champions, and 2004 7th and 8th Midwest National Champions.

October - Mid December

Girls, 5th - 8th Grade

Games: Saturdays + Sundays

Tryouts: Saturday, September 23, 3 - 5 p.m.

Practices: 1 practice/week - practice starts 1st week of October, Date

and Time TBA*

Location: Maryville Academy (Des Plaines, IL)

Guarantee Tournaments: 4 tournaments **Guarantee Games:** 40+ games

Cost: \$600 (includes uniform and bag)

*Check the website at www.hoopsquest.com/miracle to get the latest dates, times and information.

JR. TITANS FEEDER TEAM

The Jr. Titans are a girls feeder program for Glenbrook South High School in Glenview, IL. It is the winningest program running the last seven years with three, final four finishes and two championships in 2004-05 and four, final four finishes and two championships in 2005-06.

Mid October - March

Girls, 5th - 8th Grade in the Glenview area

Games: Saturdays + Sundays **Tryouts:** Mid October, TBA*

Practices: TBA*

Guarantee Games: 40+ games

Cost: \$825

*Check the website at www.hoopsquest.com/miracle to get the latest dates, times and information.



YOUR PERSONALIZED RECRUITING AND PLAYER DEVELOPMENT COORDINATOR

HoopsQuest is your source for individual and team skill development, ACL injury prevention, SAQ training, recruit advisement and more! We provide services to help you achieve your basketball goals.

We specialize in customized, all-inclusive personal training and team training packages and offer camps, clinics and workshops throughout the year.

www.hoopsquest.com

SATURDAY SAQ CLINIC

Speed, Agility, Quickness (SAQ) training increases foot speed, balance, and body control. Participants will build a strong core, making them quicker and more athletic. SAQ training is also helpful for injury prevention. Participants will gain core strength and balance, explosive movements, foot speed and quickness, and ACL injury prevention.

I: Saturdays, September 16 - October 21, 2006

II: Saturdays, November 11 - December 16, 2006

Boys and Girls, 6th - 12th Grade

Time: 11 a.m. - 12 p.m., 12 - 1 p.m., or 1 - 2 p.m. Location: Maryville Academy (Des Plaines, IL) Cost: \$150 per athlete (for 6 sessions)

PLAYER DEVELOPMENT

HoopsQuest offers customized, all-inclusive basketball training for individual player development. Training packages are designed based on the needs of the athlete to help them reach the level of success they are capable of attaining.

Elements of the personal training package include skill development, strength and conditioning training, SAQ training, Questology leadership and character development, and recruit advisement and education.

INDIVIDUAL RATES for Skill Development, Strength and Conditioning, and SAQ Training:

5, 1-hour sessions - \$375 (\$75 per session) 10, 1-hour sessions - \$700 (\$70 per session)

Group rates are available upon request.

Email kathleenweber@hoopsquest.com to begin your comprehensive personal training program and your quest for basketball greatness.

For more information about HoopsQuest training and clinics, contact Kathleen Weber, kathleenweber@hoopsquest.com.

ADVANCED FUNDAMENTALS CLINIC

Participants will learn the advanced fundamentals of attacking the basket. Drills will focus on the form and footwork of catch and shoot, advanced triple threat moves, shooting off the dribble - attack the basket and pull-up jumpers, shooting off screens, and explosion, elevation, and finish, with live play to practice the skills learned.

Mondays + Wednesdays, September 11 - 27, 2006

Boys and Girls, 5th - 12th Grade

Time: 5th - 8th grade, 6 - 7:30 p.m. / 9th - 12th grade, 7:30 - 9 p.m.

Location: Maryville Academy (Des Plaines, IL) **Cost:** \$175 (for the 4 week series) – \$30 per session

POST MOVES CLINIC

Participants will learn the fundamentals of post moves and back-to-thebasket play. Drills will focus on the form and footwork of positioning, the catch, chin and check, and explosion, elevation, and finish with live play to practice the skills learned.

Mondays + Wednesdays, October 9 - 30, 2006

Boys and Girls, 5th - 12th Grade

Time: 4:30 - 6 p.m., 6 - 7:30 p.m. or 7:30 - 9 p.m. Location: Maryville Academy (Des Plaines, IL)
Cost: \$175 (for the 4 week series) - \$30 per session

TWO-MAN GAME STRATEGIES CLINIC

Participants will learn the strategies of the two-man game. Drills will focus on court vision + communication, pick + role, pick + flare, give + go, drive + kick, post feed + kick out, with live play to practice the skills learned.

Mondays + Wednesdays, November 6 - 29, 2006

Boys and Girls, 5th - 12th Grade

Time: 4:30 - 6 p.m., 6 - 7:30 p.m. or 7:30 - 9 p.m. Location: Maryville Academy (Des Plaines, IL) Cost: \$175 (for the 4 week series) - \$30 per session

BALL HANDLING CLINIC

Participants will have the opportunity to work on their stationary and full court ball handling skills. Drills will focus on stationary ball handling, stationary dribbling, full court dribbling, full court combination move dribbling with live play to practice the skills learned.

Mondays + Wednesdays, December 4 - 20, 2006

Boys and Girls, 5th - 12th Grade

Time: 4:30 - 6 p.m., 6 - 7:30 p.m. or 7:30 - 9 p.m. Location: Maryville Academy (Des Plaines, IL)
Cost: \$175 (for the 4 week series) - \$30 per session

KATHLEEN WEBER, HOOPSQUEST

Kathleen Weber is the CEO of HoopsQuest and an ACE certified personal trainer.

Kathleen played collegiate basketball from 1984 to 1988 at C.W. Post, Long Island University in Brookville, NY. She is the school's third all-time leading scorer, the program's all-time leader in assists (503) and steals (408). She holds eight school records and was two-time team MVP. In her senior year Kathleen was named conference Player of the Year, conference tournament MVP, and she led the NCAA Division II in free throw percentage.

Kathleen is a 1990 graduate of DePaul University and was an assistant coach for the women's basketball program there for six seasons. During her involvement from 1988 to 1997 with the Blue Demons, they were three-time conference champions, made four NCAA tournament appearances advancing to the 2nd round twice, and made one WNIT appearance.

In 1990-91 She served as an assistant coach for the University of Notre Dame women's basketball program. In that season, the staff signed the highest ranking recruiting class in the programs history (5th in the country). In addition, the program earned it's first national ranking (19th) in both the AP and USA Today Polls and made a WNIT post season tournament appearance.

In 1997 Kathleen became the head women's basketball coach at the University of North Carolina at Asheville and lead her team to the conference title game for the first time in the school's Division I history. She led the Bulldogs for five seasons.

Upon returning to Chicago, Kathleen began her personal training career as a lead drill instructor for Bulldog Bootcamp Co. Later, she became general manager and lead trainer at the Chicago branch of Performance Training, Inc., a company nationally known for enhancing speed, agility, quickness and vertical explosion.

Kathleen has worked with the WNBA's expansion team the Chicago Sky and with the NWBL's Chicago Blaze. In addition, she worked with the Northwestern University women's basketball program in skill development, time management, and defining their individual basketball "Quests."

kathleenweber@hoopsquest.com

STEVE MAZZA, MIRACLE BASKETBALL

Steve Mazza is the founder of the Miracle Basketball program and an ASEP certified coach.

1977-1997 Chicago Park District

- Supervisor of Activities and Area Special Events Coordinator
- Managed 8 district locations

1989-1994 Chicago Park District

- Head of Basketballl Operations
- Directed district tournaments
- Managed staff
- Coordinated supervised regional tounaments

1997-Present Miracle AAU Basketball Director

- 1997 10 paticipants
- 2005-06 over 100 student-athletes

1997-2004 Volunteer Work at Maryville Academy

- Worked with the boys and girls basketball program
- 2002 NAII State Champions (Boys)
- 2003 NAII State Champions (Girls)

Certifications

- ASEP certified
- CPR certified

847.209.0350 stevemazza@hoopsquest.com

REGISTRATION INFORMATION

Registration for the Miracle Basketball league and HoopsQuest clinics will be held at:

Maryville Academy 1150 N. River Road Des Plaines, IL 60016

The last day to register for HoopsQuest clinics will be before the first session of each clinic series begins.

Download a registration form at www.hoopsquest.com/miracle to register by mail.

