

St. Mary's Hospital
Emergency Medicine
Date: 6th April 2024

Patient Information:

Name: Johnathan Smith

DOB: 22nd April 1975

NHS Number: 987 654 3210

Address: 15 Oakwood Lane, Manchester, M14 5AA

Phone: 0161 123 4567

Discharge Summary:

Admission Date: 5th April 2024

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Consultant: Dr. Sarah Evans

Reason for Admission: Seizure episode

Specialty: Emergency Medicine

Summary of Admission:

Mr. Smith was admitted following a witnessed tonic-clonic seizure that lasted approximately 2 minutes. There was no preceding aura, and the patient did not sustain any head trauma. The post-ictal period was marked by confusion lasting around 20 minutes, which resolved without further complications. His neurological examination was unremarkable, and he was discharged after receiving supportive care and safety advice.

Clinical Findings and Investigations:

- **Seizure History:** Mr. Smith has a longstanding history of temporal lobe epilepsy, currently managed with Lamotrigine.
- **Blood Tests:** Routine blood tests including FBC, U+E, and drug levels were all within normal limits, indicating no acute abnormalities.
- **Post-Seizure Recovery:** The patient's post-ictal state resolved within 20 minutes with no lingering neurological deficits.

Plan and Recommendations:

1. Continue Lamotrigine for seizure control.
2. Safety Advice: Patient was provided with safety advice regarding seizures and instructed to avoid operating heavy machinery or driving until further assessment.
3. Follow-Up: A follow-up appointment has been arranged with the neurology clinic for further review.

Should you have any further questions or concerns, please do not hesitate to contact the hospital.

Yours sincerely,

Dr. Sarah Evans
Consultant in Emergency Medicine
St. Mary's Hospital