

Physiotherapy Notes

Patient Details

Name: John Doe

DOB: 1975-04-22

NHS Number: 987 654 3210

Address: 15 Oakwood Lane, Manchester, M14 5AA

Phone: 0161 123 4567

Physiotherapy Notes

Date: 2021-08-15

Session: Initial Assessment

Physiotherapist: Physiotherapist Mark Reynolds

Notes: Patient assessed following recent seizure-related admission. Reports occasional dizziness but no significant weakness or balance issues. Gait is steady with no abnormalities noted. Range of motion in all joints is within normal limits. No pain reported during movement tests. Advised to continue light activity and avoid overexertion. Will reassess in follow-up session.

Date: 2021-08-16

Session: Follow-up Review

Physiotherapist: Physiotherapist Mark Reynolds

Notes: Patient reports feeling improved with no dizziness today. Strength and balance remain stable. Completed a short walking assessment with no issues. Provided education on posture and energy conservation techniques. No further physiotherapy sessions required unless symptoms recur.