

# OVERNIGHT

- 18/4/13 01:45 – H@N SpR review
- A – maintaining own
- B – RR 22, SpO<sub>2</sub> 98% on 4L O<sub>2</sub>, chest clear to auscultation
- C – HR 136, BP 125/53
- D – GCS 13, agitated, tremor++, dilated pupils, reactive to light, hypertonia in all 4 limbs, no clonus
- E – T 38.1
- ABG
  - PO<sub>2</sub> 12.88 (on 4L O<sub>2</sub> – FiO<sub>2</sub> 32%)
  - PCO<sub>2</sub> 6.20
  - H 47.3
  - Lactate 3.12

# CIWA chart

Notes:

Date 4/3/12

Time 14:00 15:30 16:00 17:00 18:00 19:00

Assess and rate each of the following (CIWA scale):		Refer to detailed guidelines for management of GABA <sub>A</sub> withdrawal					
<b>Nausea/vomiting (0 - 7)</b> 0 - none, 1 - mild nausea, no vomiting, 4 - intermittent nausea, 7 - constant nausea, frequent dry heaves & vomiting.		0	0	0	0	0	0
<b>Tremors (0 - 7)</b> 0 - no tremor, 1 - not visible but can be felt, 4 - moderate w/ arms extended, 7 - severe, eyes w/ arms not extended.		4	5	4	6	5	6
<b>Anxiety (0 - 7)</b> 0 - none, at ease, 1 - mildly anxious, 4 - moderately anxious or agitated, 7 - equivalent to panic state.		7	6	5	6	6	6
<b>Agitation (0 - 7)</b> 0 - normal activity, 1 - somewhat normal activity, 4 - moderately agitated/restless, 7 - pacing or constantly thrashes about.		4	4	4	5	5	5
<b>Paroxysmal Sweats (0 - 7)</b> 0 - no sweat, 1 - barely perceptible sweating, palms moist, 4 - beads of sweat obvious on forehead, 7 - drenching sweat.		4	4	3	5	5	5
<b>Orientation (0 - 4)</b> 0 - oriented, 1 - uncertain about date, 2 - disoriented to date by more than 2 days, 3 - disoriented to date by > 2 days, 4 - disoriented to place and/or person.		4	4	4	4	4	4
<b>Tactile Disturbances (0 - 7)</b> 0 - none, 1 - very mild ting, pins, numbness, 2 - mild ting, pins, burning, numbness, 3 - moderate ting, pins, burning numbness, 4 - moderate hallucinations, 5 - severe hallucinations, 6 - extremely severe hallucinations, 7 - continuous hallucinations.		4	4	0	4	5	5
<b>Auditory Disturbances (0 - 7)</b> 0 - not present, 1 - very mild harshness/ability to startle, 2 - mild harshness, ability to startle, 3 - moderate harshness, ability to startle, 4 - moderate hallucinations, 5 - severe hallucinations, 6 - extremely severe hallucinations, 7 - continuous hallucinations.		0	0	0	0	0	0
<b>Visual Disturbances (0 - 7)</b> 0 - not present, 1 - very mild sensitivity, 2 - mild sensitivity, 3 - moderate sensitivity, 4 - moderate hallucinations, 5 - severe hallucinations, 6 - extremely severe hallucinations, 7 - continuous hallucinations.		3	2	2	2	3	3
<b>Headache (0 - 7)</b> 0 - not present, 1 - very mild, 2 - mild, 3 - moderate, 4 - moderately severe, 5 - severe, 6 - very severe, 7 - extremely severe.		0	0	0	0	0	0
<b>Total CIWA score:</b>		30	29	22	32	33	34
PRN Diazepam	Dose given (mg):	5mg 1mg					
	Route:	IV IV					
Time of administration:		0555 0645					
RN Initials		602					

## Scale for Scoring:

Total Scores:-

- 0 - 8: absent or minimal withdrawal
- 10 - 19: mild to moderate withdrawal
- 20 or above: severe withdrawal

## Indications for PRN medication:

- a. Total CIWA-AR score 13 or higher on initial assessment
- b. Total CIWA-AR score 10 or higher on subsequent assessments

## Discuss with Toxicologist or Medical Consultant/SpR if:

- Two consecutive scores above 20
- If more than 20 mg/hr diazepam x 3hr required
- Respiratory distress

All patients requiring diazepam for withdrawal should be prescribed Baclofen