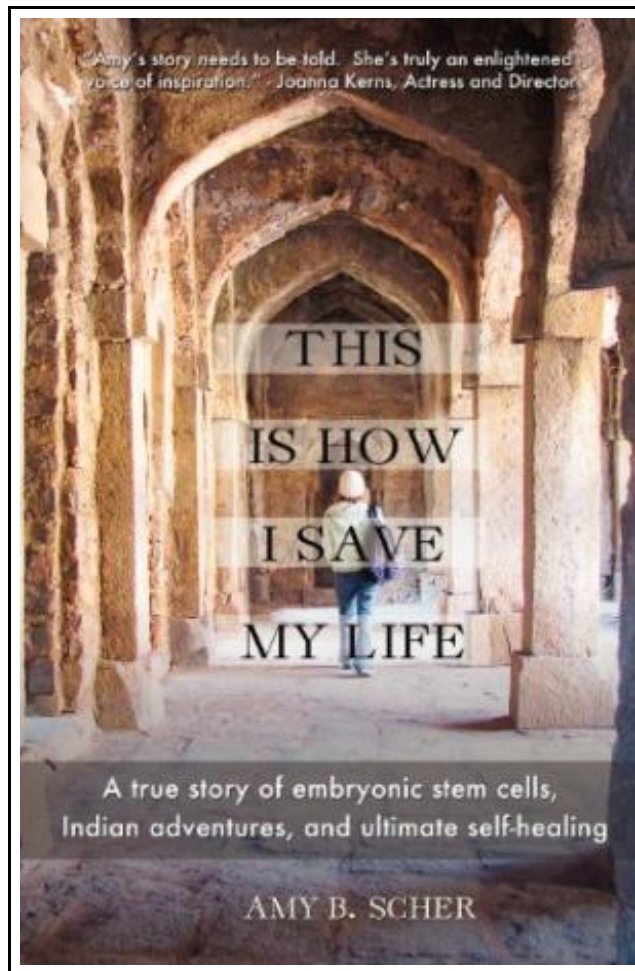


This Is How I Save My Life A True Story of Embryonic Stem Cells, Indian Adventures, and Ultimate Self-Healing



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Reviews

It is one of the best books. Indeed, it really is a play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Sofia Yundt)

THIS IS HOW I SAVE MY LIFE A TRUE STORY OF EMBRYONIC STEM CELLS, INDIAN ADVENTURES, AND ULTIMATE SELF-HEALING

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Amy B. Scher. Paperback. Book Condition: New. Paperback. 252 pages. Dimensions: 8.4in. x 5.4in. x 0.7in. When Amy Scher, a die-hard eternal optimist finds her near-perfect 25-year-old body falling apart, she is met with pessimistic diagnoses and failed treatments. Stumbling through her party years with Ritz-Carlton-like hospital stays and specialists looking at her in stupefaction, her optimism remains, but the chance for recovery from late stage Lyme disease dwindles. Admittedly living a life of clichés such as there are signs everywhere, nothing is by chance, and this too shall pass, her life takes a U-turn after one serendipitous meeting in Maui. She falls into a conversation with a woman who has just returned from India after receiving radical medical treatment. Amy's love affair with signs from the Universe is all she needs to propel her research about this treatment--and from there, the adventure begins. Free spirited and fiercely driven, she takes a leap of faith and travels to Delhi, India for an experimental embryonic stem cell treatment. Unsure if she has been given the equivalent of a never-ending ladder in the game of Chutes and Ladders, or is making a medical mistake that will kill her, she dives in, never losing hold of her humor and hope. From the time she steps foot in the magical country of vibrant colors and endless honking horns, she valiantly defends herself against Eastern philosophical bullshit, and those suggesting she can think her way back to health. She instead focuses on her place as the first patient with Lyme disease to undergo this treatment and manages to keep her eye on the prize of surviving. She quickly discovers though, healing is much more than just physical. She not only needs faith in the stem cells, but also a healthy dose of self-introspection and lessons in the art of letting go. This country where pedestrians risk their lives crossing the street, but cars stop for sacred cows, wraps her in its spirit...



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