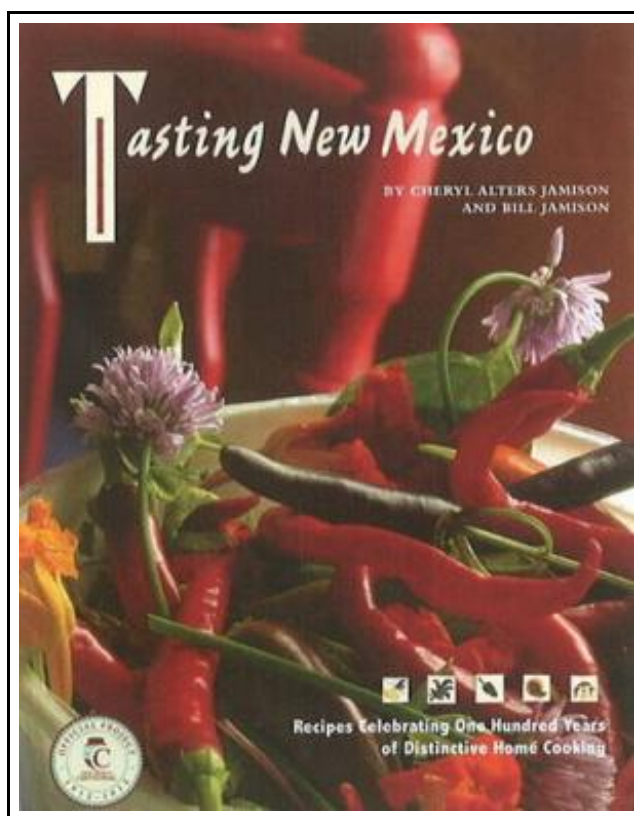


Tasting New Mexico: Recipes Celebrating One Hundred Years of Distinctive Home Cooking



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Reviews

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(Prof. Corbin Hilll)

TASTING NEW MEXICO: RECIPES CELEBRATING ONE HUNDRED YEARS OF DISTINCTIVE HOME COOKING



Museum of New Mexico Press. Paperback. Book Condition: New. Paperback. 200 pages. Dimensions: 10.9in. x 8.5in. x 0.8in. This title presents few aspects of life in New Mexico say as much about our cultural heritage as our food. We can directly trace the roots of New Mexicos traditional and contemporary cooking to corn and other crops first planted by the ancestors of the Pueblos, to the frontier resourcefulness of early Spanish colonists who brought with them livestock along with many fruits and vegetables, and to the nineteenth-century introduction of new ingredients and ideas by waves of immigrants from Europe, the Middle East, and Latin America, as well to new residents from the east and west coasts, Texas, and other states. On the occasion of New Mexicos State Centennial, Tasting New Mexico celebrates the states truly distinctive cooking, a blend of Native American, Spanish, Mexican, and Anglo influences, in one hundred recipes from throughout the past century that showcase the best from New Mexicos home kitchens. The authors criss-crossed the state in search of a variety of family and hometown favourites, including green and red chile stews, albondigas (meatballs), carne adovada (pork braised in red chile), polio con arroz (chicken simmered with rice), chile rellenos, spring quelites (wild spinach), chicos (dried corn), frybread and sopaipillas, and silky natillas custard. Other recipes include Edith Warners scrumptious chocolate cake, steak Dunigan provided by Santa Fes Pink Adobe restaurant, the mountain trout recipe the Fred Harvey Company created for the opening of the grand Montezuma Hotel near Las Vegas, and a delightful cocktail concocted by the landmark Rancho de Chimay6 restaurant to support the local apple crop industry. The book ranges well beyond the recipes to tell the story of the food culturally and historically, and contrasts our food with that of our neighbours in...



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