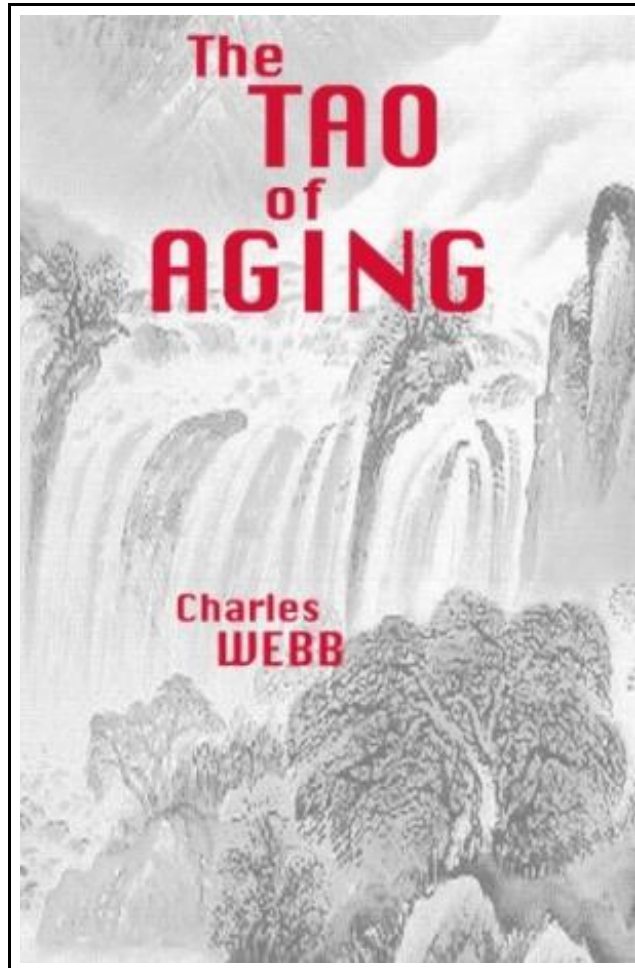


## The Tao of Aging



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Createspace, United States, 2011. Paperback. Book Condition: New. Large Print. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.As The Tao of Aging opens, we encounter a strange old, sage-like Chinese philosopher and raconteur who claims to actually be Zhuangzi (ChuangTzu) - the second most important originator of Taoist thought after Lao Tzu. Zhuangzi now lives in San Francisco and is known simply as Z. As it turns out, over 2000 years after his exploits in ancient China, Z is still rambling about the world - trickster to the bone - tinkering with the way we look at what we call reality. He insists that he is not some mythical Taoist Immortal whose condition is due to an alchemical elixir but rather an ordinary man who pays attention to the Laws of Nature. I am not the Zhuangzi you have read about in books.wallowing in the mud all day. Stuck in the mud really, if you believe what you read, which you shouldn't. There are those who will say that the ideas I am telling you about now are not those of Zhuangzi - that they are different from Zhuangzi's teachings - contrary even. But if they were not freethinking - even heretical - they would not truly be Zhuangzi's - MY - ideas. .And so you ask about some Tao of Aging? First, there is no Tao OF anything,just Tao. And Tao is not a noun, Tao is a verb. But even Taoing is not Tao because Tao has no name, even though I have just named it. Then, look for yourself. What you call your body may change in a way you call aging, but do you age? Does your awareness get wet when it rains? Does your awareness...

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