



You Can't Text a Tough Conversation: #Realcommunicationneeded

By Mike Bechtle

Baker Publishing Group, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book. As our use of technology has increased, our communication skills have decreased. We text when we should talk. We tweet firings and breakups. Technology creates the illusion of being in touch, but we lose the deeper meaning conveyed by body language, facial expression, and tone of voice. What we need are real, face-to-face conversations. Have we lost that art? Whether it's with a spouse, a friend, a boss, a co-worker, or children, tough conversations can create high anxiety. Communication expert Mike Bechtle offers practical help. He shows readers how to build strong relationships and teaches tried-and-true methods to navigate the muddy waters of tough conversations. Readers learn to be better listeners, give and receive genuine feedback, saturate their relationships with kindness, and much more. With the right skills and tools, anyone can feel more confident handling a tough conversation.



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