



# A Course in Spirituality: An Inspiring and Enthralling Journey Into New Age Philosophies

By Alain Aristide

iUniverse, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. What is New Age spirituality? Is it relevant to our twenty-first century experience? Alain Aristide s book sets out to illuminate the various paths to spiritual enlightenment. Including short biographies of New Age authors, A Course in Spirituality references materials as contiguous as Eckhart Tolle s bestseller The Power of Now, Ernest Holmes The Science of Mind, the wisdom of Abraham channelled by Esther Hicks, A Course in Miracles and the Kabbalah, among many others. It discusses numerous subjects as diverse as esotericism, meditation, mysticism, healing, theology, telepathy, hypnosis, re-incarnation, quantum physics, Ayurveda and many more arcane topics. A Course in Spirituality is a journey beyond philosophy, filled with personal insights and surprising correlations, which hopefully will inspire others to seek their own individual enlightenment. May these writings be a coruscating ray of light piercing the gloomy skies of today s human consciousness.



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