



## Walking in the Sierra Nevada: Walks and Multi-day Treks (2nd Revised edition)

By Andy Walmsley

Cicerone Press. Paperback. Book Condition: new. BRAND NEW, Walking in the Sierra Nevada: Walks and Multi-day Treks (2nd Revised edition), Andy Walmsley, The Sierra Nevada, the highest mountain range in Spain, provides tremendous scope for the adventurous mountain traveller: there are rugged peaks over 3000m (Alta Montana), remote valleys, crystal-clear streams and some very interesting scenery among the lower limestone peaks of Baja Montana. Mountain bikers will find plenty of routes to explore; in winter there are snow sports galore, from downhill skiing and snowboarding to Nordic ski tours and winter mountaineering. With the tourist excesses of the Alps thankfully still absent here, the Sierra Nevada can provide the kind of experience which is now becoming rare in many of the world's other mountain areas. This guide covers the high sector of the range and will prove invaluable to any visitor to the area. There is information on camping and accommodation, road access, mountain-biking routes, local bases, topography and climate, as well as descriptions of 45 walking routes that vary in length from 3km to 56km.



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