



## Life or the Perception of It

By Serafena Estar

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Full of passion and enlightening inspiration for tough times, Life or the Perception of It is a heart-warming work of fiction exploring the place of mind and cosmos in the quest for spiritual maturity. This inspirational memoir follows the life of an indomitable woman with Aspergers in love with life and the beauty of the world. Directed in her philosophical investigations by omens and fortunes told in the bottom of coffee cups, K- overcomes adversity and heartbreak while retaining an optimistic philosophy for life. The child of a Greek immigrant family, K- has always had a gift for fortune-telling. Sat around a Ouija board with her friends in her teenage years she contacted spirits who told her what to expect from her life. Developing a philosophy for life that binds mind and cosmos with the interpretation of omens and gut feelings, she takes inspiration for tough times from the order she makes of the universe. Growing up a doctor, this is also the deeply personal inspirational memoir of her professional life, and the challenges she faces as a...



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