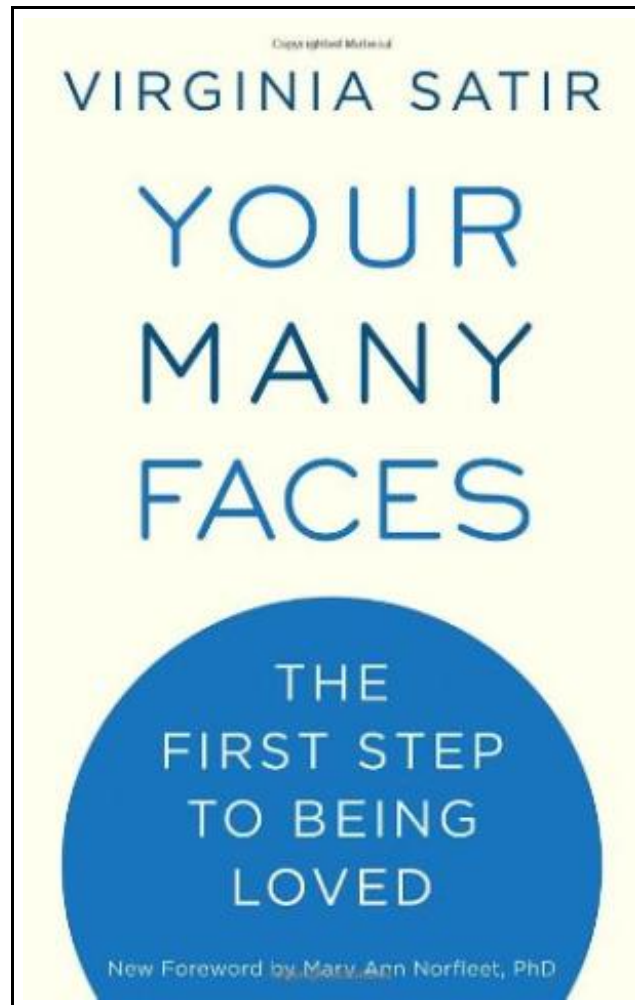


Your Many Faces: The First Step to Being Loved



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Reviews

Very beneficial to all category of folks. We have study and that i am sure that i will planning to go through yet again again in the future. Its been printed in an extremely straightforward way in fact it is just soon after i finished reading this pdf where actually changed me, alter the way i really believe.
(Emmett Mann)

YOUR MANY FACES: THE FIRST STEP TO BEING LOVED



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CELESTIAL ARTS, United States, 2009. Paperback. Book Condition: New. 3rd Revised edition. 200 x 128 mm. Language: English . Brand New Book. Each one of us has a medley of faces that composes our individual personality: intelligence, anger, love, jealousy, helplessness, courage, and many more. We re often quick to judge these characteristics as either positive or negative, without recognizing that we need each of them in order to become fuller, more balanced human beings. Originally written in 1978 by renowned psychotherapist Virginia Satir, the timeless classic Your Many Faces has been updated and reissued and is as relevant today as ever. In a refreshingly candid style, Satir takes us on a lively and insightful journey of self-discovery and transformation. We learn how to acknowledge, understand, and manage our many faces and in doing so, open up a world of possibilities for ourselves. This new edition also features a compelling foreword by Mary Ann Norfleet, PhD, which explores Satir s pioneering approaches to psychology and her enduring legacy in the field of family therapy.



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