



In the Shadows of the Net: Breaking Free from Compulsive Online Sexual Behavior

By Patrick Carnes, David Delmonico, Elizabeth Griffin

Hazelden Information Educational Services, United States, 2007. Paperback. Book Condition: New. 2nd Revised edition. 226 x 150 mm. Language: English . Brand New Book. As Internet usage has exploded in recent years, so has the prevalence of compulsive online sexual behavior - a problem first addressed five years ago by Patrick Carnes and coauthors of the breakthrough book, In the Shadows of the Net . Updated with the latest information, trends, and developments, the second edition equips readers with specific strategies for recognizing and changing compulsive sexual behaviors. This book contains personal stories which reveal how desperate life can become for online sex addicts - divorce, career loss, and financial ruin are common outcomes. More importantly, the authors set forth a path for breaking free from compulsive online sexual behavior and sustaining lifelong recovery. This book contains practical recovery information which is immediately useful to readers. The new content addresses the staggering pervasiveness of the problem as well as recent clinical developments. It contains personal stories which demonstrate the depths of addiction and the path to recovery. Patrick Carnes is the most well known and widely respected expert in the field of treating sexual addiction.



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