



Hungry Girl 1-2-3

By Lisa Lillien, Lillien

St Martin's Press, United States, 2010. Paperback. Book Condition: New. 229 x 188 mm. Language: English . Brand New Book. Are you HUNGRY? The number-one New York Times bestselling phenomenon is BACK---with even more yum-a-licious guilt-free recipes. This time, the EASIEST ones on the planet! Hungry Girl's recipes aren't just delicious, they're SUPER-SIMPLE, too. Hungry Girl 1-2-3 will help you make the world's most delicious guilt-free appetizers, meals, snacks, desserts, etc., with practically no effort whatsoever! There are loads of crock-pot recipes, microwavable meals, HG's famous foil packs, and more. Some are such a cinch, you won't even have to turn on the oven or stove! Really. With more than 200 recipes and two-ingredient couples to choose from, you'll never be hungry again! Get ready to chew on: Crazy Pineapple Salmon Teriyaki (347 calories) Mom-Style Creamy Chicken n Veggies (307 calories) Queen-of-the-Castle Sliders (254 calories) Caramel Swirl Cream Puffs (121 calories) Corndog Millionaire Muffins (160 calories) Chili Cheese Dog Nachos (218 calories) Turkey Veggie Meatloaf Minis (142 calories) Planet Hungrywood Sweet Cap'n Crunchy Chicken (234 calories) Shrimp Grits . . . for Hungry Chicks! (380 calories) Cannoli-Stuffed French Toast Nuggets (228 calories).



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