



The Hormone Decision

By Tara Parker-Pope

POCKET BOOKS, United States, 2008. Paperback. Book Condition: New. Reprint. 208 x 135 mm. Language: English . Brand New Book. Do you have questions about menopause and the use of hormones? The generation of women approaching or entering menopause today has heard more on the subject than any previous generation. First hormones were good. Then suddenly they were bad. Now they don't seem to be in the news much at all. But for the woman realizing that her body is starting to change, all these conflicting reports can be frightening. The truth is that every woman is different, and no one answer is correct for everybody. Tara Parker-Pope, who has written about health for both The New York Times and The Wall Street Journal, details all the latest research on menopause in a clear, easy-to-read style that makes it possible for you to: understand the research ask intelligent questions choose whether or not hormone therapy is right for you.



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Reviews

This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Natalie Abbott**

This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.

-- **Rene Olson**

Other Books



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