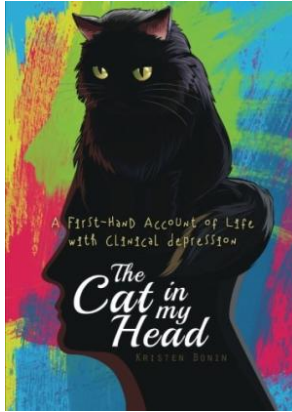


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THE CAT IN MY HEAD



Tate Publishing. Paperback. Book Condition: New. Paperback. 100 pages. Dimensions: 6.5in. x 4.8in. x 0.4in. After battling depression for nearly ten years, author Kristen Bonin was diagnosed with Major Depressive Disorder, Anxiety, and Obsessive Compulsive Disorder. In *The Cat in my Head: A First-Hand Account of Life with Clinical Depression*, Kristen provides an in-depth description of what happens in a depressed, anxious, obsessive mind and why suicide would become a viable option to those seeking an escape from the pain of...

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