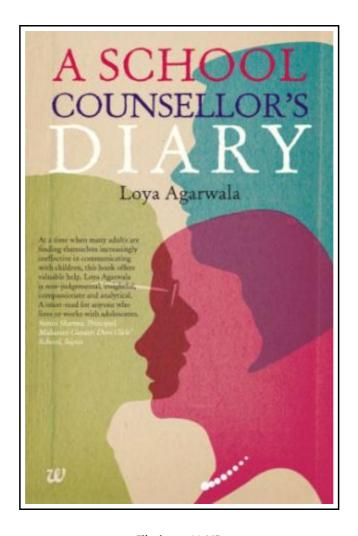
A School Counsellors Diary



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A SCHOOL COUNSELLORS DIARY



Westland Limited, New Delhi, India. Softcover. Book Condition: New. A School Counsellors Diary aims to bridge the gap in the modern Indian parent-adolescent relationship. Aimed at parents and written in an easy-tounderstand style, with numerous reallife examples, this book illustrates the genuine problems faced by modern adolescents in the classroom, family sphere and wider world. Presented through thirty-four case studies spanning a wide range of problems faced by the new generation, the book includes seldomspoken- about issues such as masturbation, homosexuality, sexual abuse, self-cutting and even attempted suicide. A School Counsellors Diary guides parents towards imparting the skills and confidence that adolescents need to protect themselves in the new world. Each chapter gently eases the reader into a new issue through anecdotes, stories and even technical knowledge presented in an easy-to-understand way. Once the reader is familiar with the topic, several case studies are reproduced as if the author and the reader are sharing a chat over coffee. Written in the first person, the accounts are refreshingly compelling because they are presented as honest, easytoread conversational transcripts as they happened without the frills of text-bookish or technical language. They show the pain behind various problems, their manifestation and ultimately, how the problem was solved/handled through weeks or months of counselling. Each chapter ends with a list of red flags to watch out for and possible courses of action to follow in case of problems. Since there is no preaching narrative or onesize-fits-all recommendations, it is hoped that discerning parents will use the book to understand the pitfalls facing their adolescents and initiate a better connection.



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