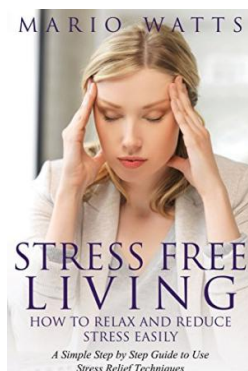


## Stress Free Living: How to Relax and Reduce Stress Easily: A Simple Step by Step Guide to Use Stress Relief Techniques



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