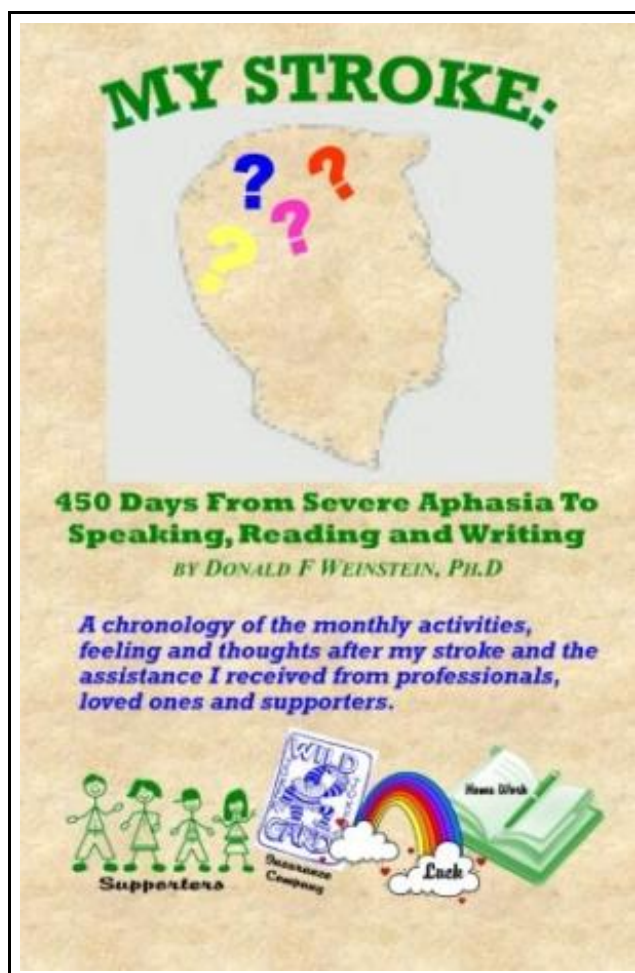


## My Stroke: 450 Days from Severe Aphasia Speaking, Reading, and Writing



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Donald Weinstein, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Readers of My Stroke by Dr. Weinstein will follow, step by step, his recovery from an Embolic Cerebrovascular Accident with Severe Aphasia. After his Stroke, he couldn t speak, read, write, sing or do arithmetic. This book takes a look at what goes into the spirit and soul of one stroke aphasia victim and survivor, the nuances that are not spoken about in cursory workshops and never detailed in lectures; a difficult journey with emotional highs and lows, anger and fear, issues of dignity and humiliation. He discusses shifting roles within the family, neuropsychological reports with throbbing pain and accomplishments. He details struggles to relearn reading, writing, speaking, singing, mathematics, interview skill strategies. He lets you feel the accomplishments of achieving a sound, a letter, a word, a simple sentence, and compensatory strategies, which are huge for a person with severe aphasia. Fifteen months later he was able to read a classic novel, very slowly, a solitary action, word by word, reading aloud slowly very slowly. He wrote a professional report, tediously, at a snail s pace, finding computer keys one letter at a time, trying to write a sentence, a paragraph and finally a page. He shares the emotions of singing at a Passover Seder, the melodies in his genes, but not easily retrieved from his brain. Hebrew words that were lost in his head do to his aphasia, but the brain has the incredible capability to modify itself, to form new connections between brain neurons and find what was lost. He found some of his fluency with Spanish on a vacation trip to Puerto Rico. Yet he was not whole but he continues to grow...



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