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Hope and Healing for Kids Who Cut: Learning to Understand and Help Those Who Self-Injure (Youth Specialties)

By Penner, Marv

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100% MONEY BACK GUARANTEE!! BUY WITH CONFIDENCE! WE
SHIP DAILY!!EXPEDITED SHIPPING AVAILABLE. You may have
noticed them---the kids who are hiding their pain under long
sleeves or wristbands. Or you might never notice them---the
ones who seem to have life together except for the deep secret
that they keep hidden beneath their clothes. This is no longer a
fringe issue that occurs only in the most extreme cases. The
truth is that many teens today are dealing with their emotional
pain by inflicting physical pain upon themselves, whether we
can see it on the surface or not. While we may never fully
understand the motives behind self-mutilation and cutting, we
can begin to understand why some teens cut, and more
importantly, we can learn how to help. Hope and Healing for
Kids Who Cut will take you into the world of self-injury, defining
what it is---and what it is not. You'll hear stories from teens and
young adults who struggle with the urge to hurt themselves,
and you'll learn to recognize the signs of self-injury. In
addition, counselor and professor, Marv Penner will help you
understand the...



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