



Girl World: Group Counseling Sessions Guide with Activities

By Stephanie M Lerner MS

Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.This guide includes 8 sessions of activities and information to empower girls ages 8-18 to be confident, productive members of society. Through team building activities such as role plays, art projects, discussions, and journaling, this guide will keep your girls sharing and caring about topics such as making friends, body image, fostering healthy relationships, avoiding rumors, and handling mean girls. With this publication, you will receive: a sessions guide with 8 weekly one hour sessions, a recommendations guide for running a girls empowerment counseling group, a parent permission letter, data templates for analyzing student progress, templates for session notes, group rules, weekly group evaluations, goal achievement prompts, and more!.



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Reviews

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