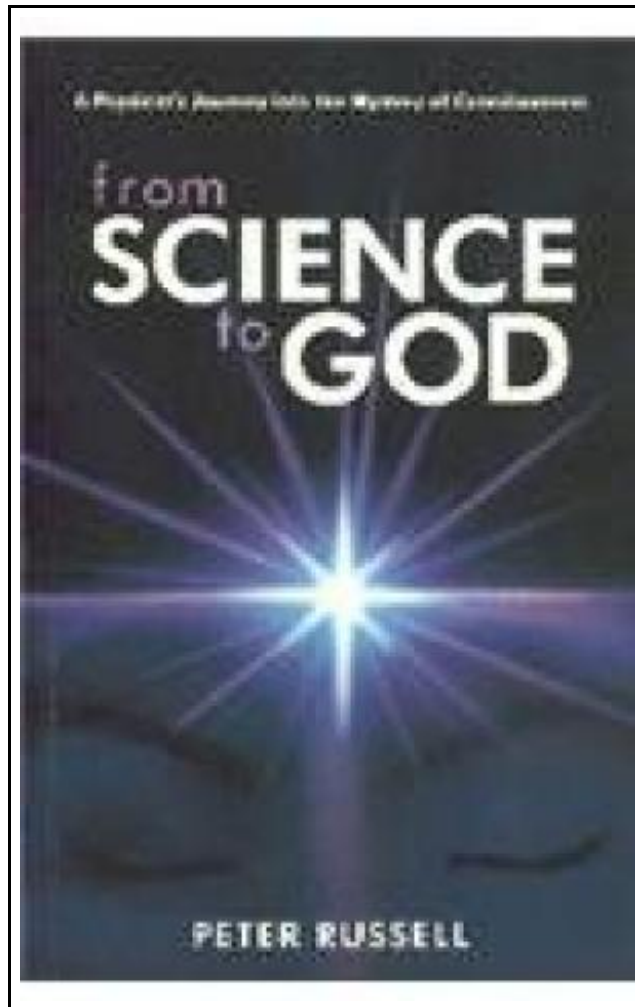


## From Science to God: The Mystery of Consciousness and the Meaning of Light



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Yogi Impressions, Mumbai, India, 2003. Paperback. Book Condition: New. First Edition. What does the speed of light have to do with the Koran, St. John and Aldous Huxley? Where does quantum physics meet the psychology of meditation? And if "I think, therefore I am," why can't physics, chemistry or biology explain where human thought comes from? 'From Science to God' offers a crash course in the nature of reality. It is the story of Peter Russell's lifelong exploration into the nature of consciousness - how he went from being a strict atheist, studying mathematics and physics at Cambridge University, to realizing a profound personal synthesis of the mystical and scientific. Using his own tale of curiosity and exploration as the book's backbone, Russell blends physics, psychology, and philosophy to reach a new worldview in which consciousness is a fundamental quality of creation. He shows how all the ingredients for this worldview are in place; nothing new needs to be discovered. We have only to put the pieces together and explore the new picture of reality that emerges. 'From Science to God' is as much a personal story of an open-minded skeptic as it is a tour de force of scientific and religious paradigm shifts. Russell takes us from Galileo's den to the lecture halls of Cambridge where he studied with Stephen Hawking. "If you had asked me then if there was a God," says the best-selling author of his scientific beginnings, "I would have pointed to mathematics." But no matter what empirical truths science offered Russell, one thorny question remained: How can something as immaterial as consciousness, ever arise from something as unconscious as matter? Integrating a deep knowledge of science with his own experiences of meditation, Russell arrives at a universe similar to that described by many mystics one...



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