



## Jung in a Week: Teach Yourself

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By Ruth Snowden

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Jung in a Week: Teach Yourself, Ruth Snowden, Learn in a week, remember for a lifetime! In just one week, this accessible book will give you knowledge to last forever. End of chapter summaries and multiple choice questions are all designed to help you test your knowledge and gain confidence. So whether you are a student or you simply want to widen your knowledge, you will find this seven-day course a very memorable introduction. Sunday: Learn who Jung was and what he did Monday: Explore Jung's inner world and how this informed his ideas Tuesday: Understand Jung's view of the psyche and its journey Wednesday: Consider Jung's views on dreams and symbols Thursday: Engage with Jung's understanding of personality and how we form relationships Friday: Find out what Jung thought about esoterica, the paranormal, religion and spirituality. Saturday: Look at how Jung's ideas have been developed over time and how they are relevant today.



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