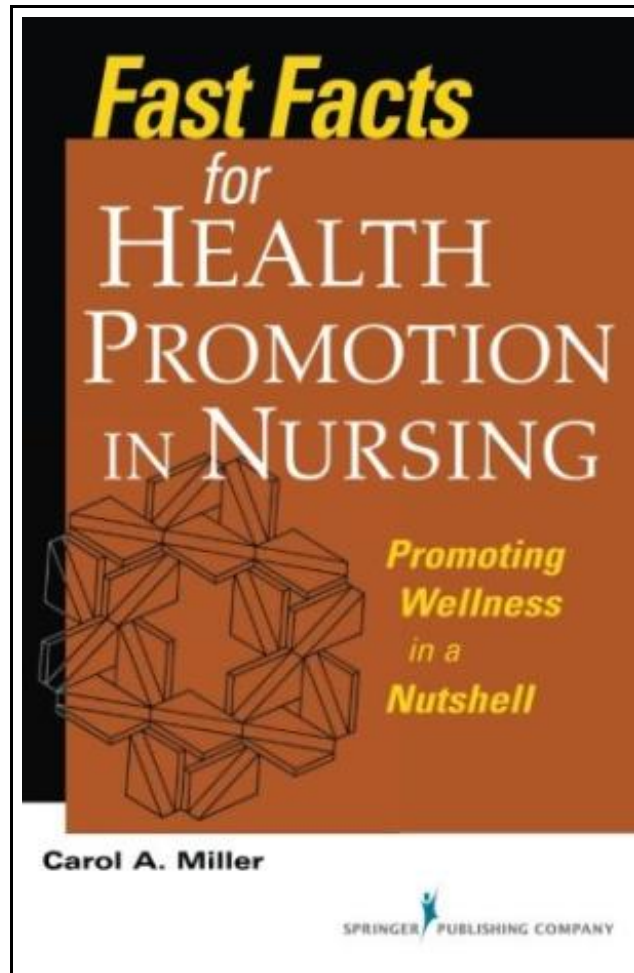


## Fast Facts for Health Promotion in Nursing: Promoting Wellness in a Nutshell



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## FAST FACTS FOR HEALTH PROMOTION IN NURSING: PROMOTING WELLNESS IN A NUTSHELL



Springer Publishing Co Inc. Paperback / softback. Book Condition: new. BRAND NEW, Fast Facts for Health Promotion in Nursing: Promoting Wellness in a Nutshell, Carol A Miller, "Every chapter achieves its objectives. This book is truly a quick reference tool, combining the facts from many chapters in nursing textbooks and applying a holistic approach to care and promotion. The author scales down the "need to know" of patient care while integrating health promotion opportunities within multiple nursing assessments and interventions. I would recommend this book to a nurse or nursing student for its practicality for any clinical specialty and level of experience." -- Kristy Gorman, Clinical Practice and Education Specialist, University of Maryland, Journal for Nurses in Professional Development "I would highly recommend this book to any nurse or nursing student for its practical usefulness in any practice arena. It is a desirable reference for nurses who want access to pertinent health education information and resources at their fingertips. Score: 97, 5 Stars.-- Doody's Medical Reviews This addition to the Fast Facts series provides a succinct guide for nurses in adult-health clinical settings and fills the need for an easy-to-use clinical reference that delivers a quick-access reference on ways to incorporate wellness into their work, helping to improve patient outcomes, and throughout their daily lives, helping to reduce personal and professional stress and improve their overall wellness. There currently is no clinical reference book that nurses can use for health promotion in general and health promotion for wellness in particular. Having such a reference is especially pertinent to nurses who learned about health promotion in academic nursing programs, but did not learn about health promotion in the broader context of promoting wellness. Since Florence Nightingale, nurses have considered health promotion interventions - particularly patient education -- as an essential component of nursing care....



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