



Parent's Guide: Competitive Gymnastics (Dream Believe Achieve Athletics)

By Sevilla, Deborah

CreateSpace Independent Publishing Platform, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Deborah Sevilla, creator of the Dream Believe Achieve Athletic sport-specific journals and scorebooks, has reached out to help parents ease into the world of competitive gymnastics. This helpful guide was created with the help of coaches from different gyms, judges, sports psychologists, and fellow gym parents from around the world. When Deborah's own daughter entered into the world of competitive gymnastics, she found it exciting, overwhelming, as well as confusing. No one tells you what is going on, what is normal, and what is expected at the gym, at practice, at meets. Years later as an employee of her daughter's gym, the questions she had back then are the same questions she is asked over and over by parents new to gymnastics. While working meets, Deborah also heard the same questions coming from other gyms and the parents of their gymnasts. Many gyms write and distribute their own policy handbooks to new parents. These handbooks are gym-specific, and offer helpful information regarding tuition, late fees, and practice hours, but fail to explain much of anything else. Parents always wonder whether their gym's policies...



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