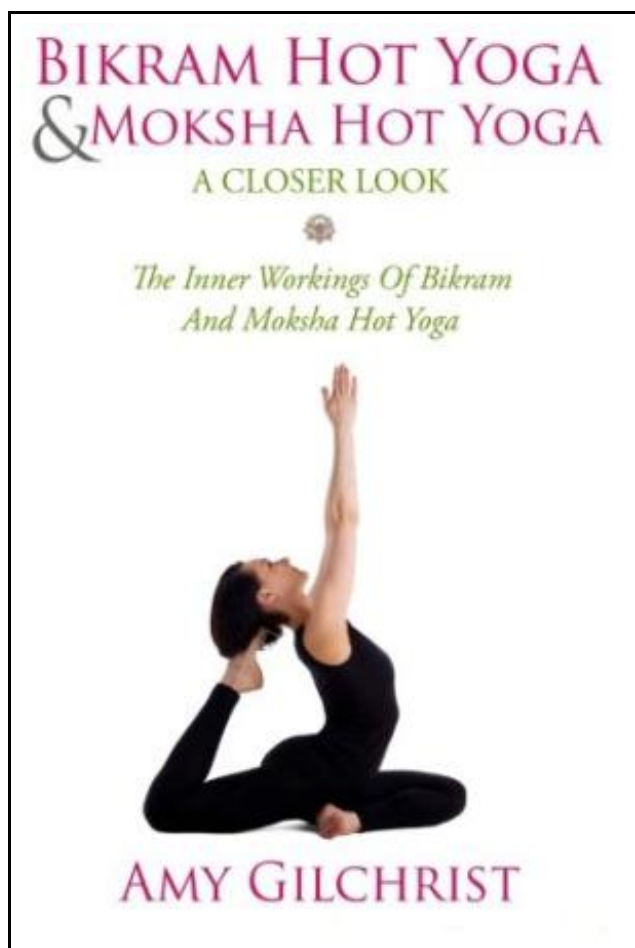


## Birkam Hot Yoga and Moksha Hot Yoga: The Inner Workings of Bikram and Modsha Hot Yoga



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## BIRKAM HOT YOGA AND MOKSHA HOT YOGA: THE INNER WORKINGS OF BIKRAM AND MODSHA HOT YOGA



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