



Zen Poems

By -

Andrews McMeel Publishing, 2002. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: It is the Zen way to want to share what you have. Zen is simply the Japanese name for an experience that is common to all humanity. Zen is not unattainable mysticism but a way of life that can be followed by anyone with the desire and the determination to do so. Zen is not a matter of rules but of understanding. Zen Poems is a collection of short verse that offers moments of peace and reflection. Zen poetry does not prefer luminous moments and epiphanies to ordinary moments; it is a direct expression of simplicity and of one's heart. Poetry is an offering-a form of meditation that can restore the sacred to the everyday. This collection features a wide array of contemporary and traditional poets, both Eastern and Western, who with the greatest economy of words and purity of vision have captured moments of true feeling. These editions were first published in the U.K. by MQ Publications, Ltd. Other AMP titles from MQP include I Love You; Mother; Spells for Self-Improvement; Spells for a Perfect Love Life; Little Dreams of Love; Little...



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Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

-- **Audra Klocko PhD**

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Germaine Welch**