



Ketogenic Diet Box Set 2 in 1: Learn the Right Way to Lose Fat Fast with 2 Effective Ketogenic Meal Planners: (Lose Belly Fat Fast, Ketogenic Diet for Beginners, How to Lose Weight)

By Pamela Terry

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Ketogenic Diet Box Set 2 IN 1: Learn The Right Way To Lose Fat Fast With 2 Effective Ketogenic Meal Planners BOOK #1: Ketogenic Diet For Weight Loss: Lose Weight Fast With 14-day Ketogenic Meal Planner The ketogenic diet is a healthy diet plan especially if you are looking for a low carb diet plan. If that is the case then the ketogenic diet plan is what you are looking for. This book offers you a 30-Day meal planner with recipes included, plus some bonus recipes as a way of thanking you for downloading my book. The 30-Day meal planner is going to help you find your way down the road towards a better healthier lifestyle for you and your loved ones. The healthy recipes provided will help you to feel spectacular while losing excess weight at the same time! This particular meal planner has women in mind that are living a sedentary lifestyle, that many of us live. Adjust the meal planner to fit your own terms if needed. Why Should You Download this Book? If you...



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