



The Seven Essential Skills Needed to Survive a Deadly Attack: In the Game of Life and Death Winning Isn't Everything It's the Only Thing

By Ernest Emerson

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.In this book, Black Belt Hall of Fame instructor, and Tier One combatives trainer, Ernest Emerson takes you through a detailed dissection of what a human being faces when targeted by a dangerous predator in a violent, deadly, assault and what you can do to stop it, dead in its tracks. Based on the Emerson Combat Systems premise that Offense is Defense, Ernest Emerson explains in detail the Seven Essential Skills you must possess in order to protect not only yourself, but also your loved ones from deadly harm. In terms everyone can understand the author gives you the same tools, used by Special Operations Operators, CIA Officers and U.S. Navy SEALs, to become a warrior of consummate skills. Skills that go far beyond your physical training in order to train the most powerful weapon you possess, your will. Designed to support any platform of training or skill set that you are currently using, the skills in this book teach you how to take your abilities to that Tier One level of operational functionality. In...



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Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Ally Reichel**

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You won't feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- **Prof. Kirk Cruickshank DDS**