



## Cooking Under the Arch: Cherished Recipes and Gardening Tips from the Rigorous High Country of Alberta's Chinook Zone

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By Millarville Horticultural Club

Heritage House Publishing Co Ltd. Paperback. Book Condition: new. BRAND NEW, Cooking Under the Arch: Cherished Recipes and Gardening Tips from the Rigorous High Country of Alberta's Chinook Zone, Millarville Horticultural Club, The Millarville Horticultural Club was formed in 1976 and continues to provide mutual support and inspiration for its many members who garden, and cook, in the challenging Chinook Zone. Its first book, "Gardening Under the Arch", was recently re-released by TouchWood Editions to local acclaim. Down-to-earth, easy-to-prepare, inexpensive recipes for home cooking are at the heart of this cookbook inspired by foods from the garden. Ingredients can be purchased locally through farmers' markets (or grocery stores), but if you want to grow your own, this book tells you how. Written by the same people who brought you "Gardening Under the Arch", this cookbook is about more than fruits and vegetables. It's about soups, salads, casseroles, desserts, beverages, wines, vinegars, wild fruits, jellies and preserves, sauces, pickles, chutney and relishes, toasted seeds, edible flowers, sauerkraut, rosehips, baby food and more. Recipes are interspersed with informative essays about growing vegetables, transplanting, raised beds, herbs, fruit, community gardens and farmers' markets. If you've ever wondered how to make your aunt's great...



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### Reviews

*It is an awesome publication which i actually have ever read through. it had been writtern really properly and valuable. I found out this book from my i and dad recommended this pdf to discover.*

-- **Doyle Schmeler**

*This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Brennan Koelpin**