



## Last Flight Out: Living, Loving Leaving

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By Phyllis A. Langton

Wising Up Press. Paperback. Book Condition: New. Paperback. 248 pages. Dimensions: 8.9in. x 5.9in. x 0.8in. Above all, Phyllis Langton's memoir, *Last Flight Out: Living, Loving and Leaving*, is a passionate love story, one that deepens as she and her husband George Thomas live their way into the experience of ALS, its unremitting losses and its surprising gifts, with dignity, keen humor, a fighter's courage and a nurse's unsentimental pragmatism. I know what's going to be on my death certificate. That's more than you can say, George tells her after receiving his diagnosis. How they are going to live the time that remains to them as a couple is also not in question, for they are equally committed to savoring every minute, respecting George Thomas's choices about what makes for a meaningful life, a meaningful death. Supporting her husband's wishes is a moral as well as emotional choice on Langton's part, and definitely not always an easy one. As a medical sociologist, she invites her readers into an open discussion of some of these choices through a thoughtful discussion guide. Phyllis Langton has had as illustrious a career as anyone in academia, but she has taken infinite pains now to...



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