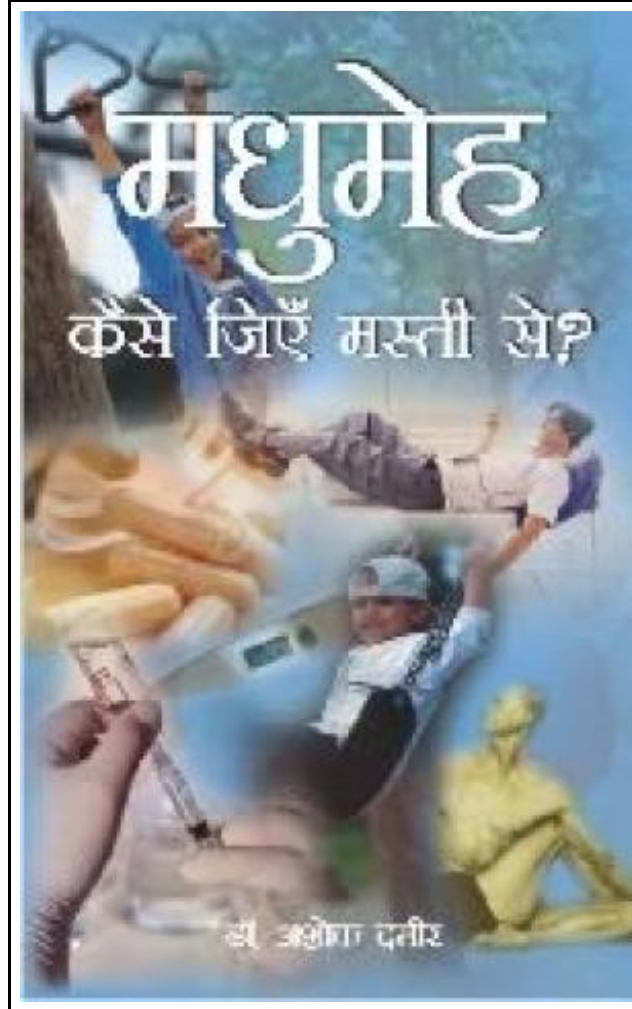


## Madhumeh: Kaise Jiyan Masti Se?



Filesize: 4 MB

### **Reviews**

*This type of publication is every thing and helped me seeking ahead and much more. It usually fails to charge too much. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Juliet Mertz)*

## MADHUMEH: KAISE JIYAN MASTI SE?



D.K. Printworld (P) Ltd., New Delhi, India, 2009. Softcover. Book Condition: New. First Edition. India is under the grip of a malady called Diabetes. According to WHO and International Diabetes Federation (IDF), India is all set to become the diabetic capital of the world. Of the 31 crore estimated diabetic patients all over the world, India has more than six crore people affected with this disease. This book addresses many an issue faced by the diabetic patients, both type 1 and type 2. It thus provides detailed information on the genesis, restraints and cure, short- and long-term effects of diabetes. It also addresses a number of challenges associated with diabetes. In a wide spectrum, the book talks about this silent killer and its symptoms, diagnosis, monitoring of blood glucose, its treatment, desired exercises to keep diabetes under control, changes needed in lifestyle to combat diabetes, diet on special occasions, sugar tablets, herbal medicines, insulin therapy, how to face emergency situations in diabetes, complications due to diabetes, relationship between diabetes and (1) heart disease, (2) eyesight problems, and (3) kidney disorders. It also delves deep into the implications of diabetic foot, fluctuations in body weight due to this disease, other common ailments in diabetics, targets of controlling diabetes, pregnancy and diabetes, travelling with diabetes, need of routine diabetic examination and tests, impact of alcohol on a diabetic, diabetes in children and the aged, guidelines for fasting, etc. The book also educates one on what to eat and what not, to keep diabetes under control. A detailed diet chart with calorie calculation is also given for a diabetic to follow in day-to-day life. In addition, it provides quite a lot of data related to our physical fitness, be it weight, height, food recommendations for non-veg people, or calorie value conversion of different...



[Read Madhumeh: Kaise Jiyan Masti Se? Online](#)



[Download PDF Madhumeh: Kaise Jiyan Masti Se?](#)

## Relevant Books



### **The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds**

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds, Nicola Baxter, Geoff Ball, This is a super-size first reading book for 3-5 year...

[Save Document »](#)



### **Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package**

Pearson, United States, 2015. Book. Book Condition: New. 10th. 250 x 189 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies...

[Save Document »](#)



### **Who Am I in the Lives of Children? an Introduction to Early Childhood Education with Enhanced Pearson Etext -- Access Card Package**

Pearson, United States, 2015. Paperback. Book Condition: New. 10th. 251 x 203 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies...

[Save Document »](#)



### **California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package**

Pearson, United States, 2015. Loose-leaf. Book Condition: New. 10th. 249 x 201 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies...

[Save Document »](#)



### **Who am I in the Lives of Children? An Introduction to Early Childhood Education**

Pearson Education (US), United States, 2015. Paperback. Book Condition: New. 10th Revised edition. 254 x 201 mm. Language: English . Brand New Book. Note: This is the bound book only and does not include access...

[Save Document »](#)



### **Public Opinion + Conducting Empirical Analysis**

SAGE Publications Inc, United States, 2011. Kit. Book Condition: New. Revised ed.. 279 x 217 mm. Language: English . Brand New Book. Public Opinion : One of the central tenets of a democracy is that

[Save Book »](#)



### **Demons The Answer Book (New Trade Size)**

Whitaker House. PAPERBACK. Book Condition: New. 0883689553 Feed My Sheep Books: A Family Ministry, Competing For YHWH Online Since 2001. Support the Assembly Before Buying Big Box-store Books. We Shrink Wrap & Carefully Package Your

[Save Book »](#)



### **Molly on the Shore, BFMS 1 Study score**

Petrucchi Library Press. Paperback. Book Condition: New. Paperback. 26 pages. Dimensions: 9.7in. x 6.9in. x 0.3in.Percy Grainger, like his contemporary Bela Bartok, was intensely interested in folk music and became a member of the English

[Save Book »](#)



### **Children s Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer**

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Children s Handwriting Book of Alphabets and Numbers provides extensive focus on

[Save Book »](#)



### **JA] early childhood parenting :1-4 Genuine Special(Chinese Edition)**

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2006-01-01 Pages: 179 Publisher: the China Pictorial Our book is all

[Save Book »](#)