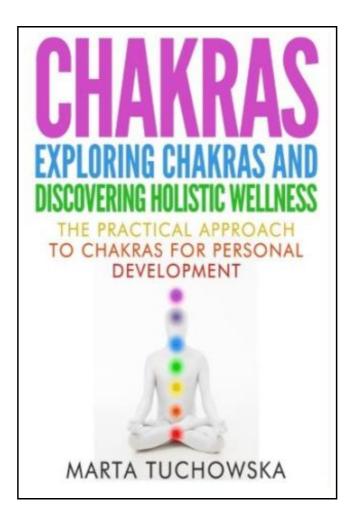
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Reviews

Basically no words to clarify. Of course, it is perform, still an amazing and interesting literature. Its been printed in an exceptionally basic way which is only soon after i finished reading through this ebook where actually altered me, change the way i really believe.

(Newton Runolfsson)

CHAKRAS: EXPLORING CHAKRAS AND DISCOVERING HOLISTIC WELLNESS-THE PRACTICAL APPROACH TO CHAKRAS FOR PERSONAL DEVELOPMENT



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Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Are You Seeking Balance? Would You Like To Learn More About Yourself? Are You Interested In Holistic Therapies? Have you ever noticed that when you feel good, you attract wonderful relationships, circumstances, and your body is full of energy? Do you feel like changing something in your life or giving it more meaning? If my book attracted your attention and you are reading this description, it means that you are also wondering: -What is this current chakra craze all about? Is it just a recitation of colors and symbols, or is it about developing true spirituality? What is spirituality? How do I apply this chakra knowledge into a real, modern, 21st century fast-paced life? Spirituality is about understanding your true nature, developing empathy, and helping others. It s about realizing how one imbalance can lead to another and the actions you can take to develop a new, happier and healthier version of yourself. I have written this book to help you brainstorm on a totally holistic level. This is not another chakra recitation book. It is designed to offer you a few moments of reflection and spiritual meditation. I would like you to take action and make a decision to be yourself. You can do this by accepting your weak points, but at the same time, work on them and be gentle to yourself and others. We are talking about something untouchable here. This is why this description is different than most. How can I say transform your chakras today? There is no time, no rules, and no proven steps or strategies. Everyone is different with their unique and amazing energy. Feel it. Begin...

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