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Fly with Eagles: Reclaiming Your Spiritual Self

By Segue Baah

iUniverse, United States, 2006. Paperback. Book Condition: New. 218 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Violence and injustice against women continue to permeate our society, effectively hindering women's voices from being heard. No longer willing to remain passive, women today want to find their own answers to the problems they face. Author Segue Baah takes women on a quest for this spiritual understanding in *Fly with Eagles: Reclaiming Your Spiritual Self*. In contrast to standard religious rituals and patriarchal recitals, *Fly with Eagles* offers women an avenue to declare their interdependence between self and spirit through meditation and inner reflection. Drawing on her strong Native American belief system, Baah focuses on the moon cycle as a time of reflection and illuminates the deep spiritual connection that Native Americans have in the cycle's place and time. Although *Fly with Eagles* is directed toward American women, women from around the world who are open to nontraditional thought can identify with and use Baah's techniques. If you yearn to express your true self and your highest nature, *Fly with Eagles* can offer you a deeper understanding of your empowerment as a woman. Let...



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