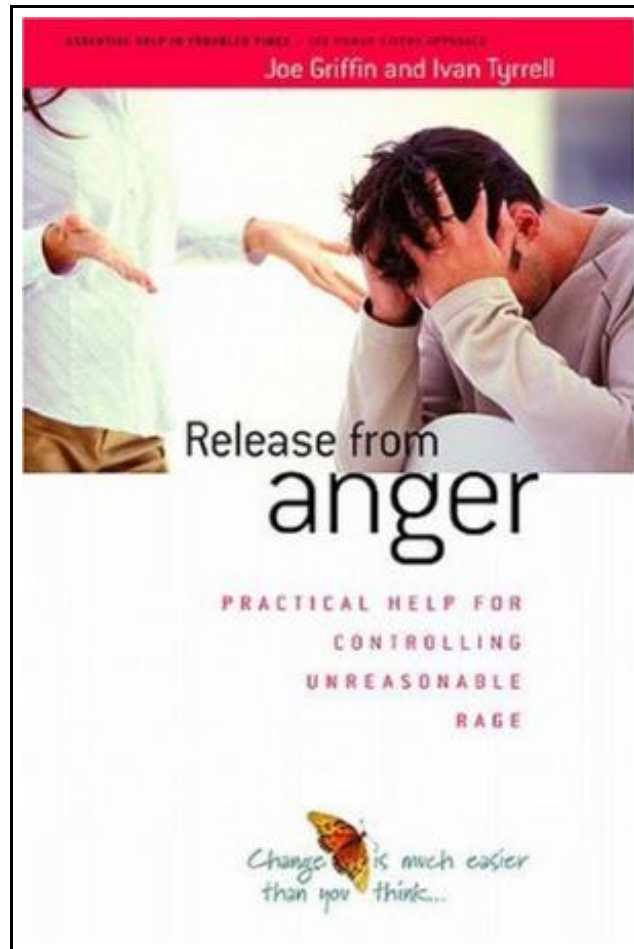


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RELEASE FROM ANGER: PRACTICAL HELP FOR CONTROLLING UNREASONABLE RAGE

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