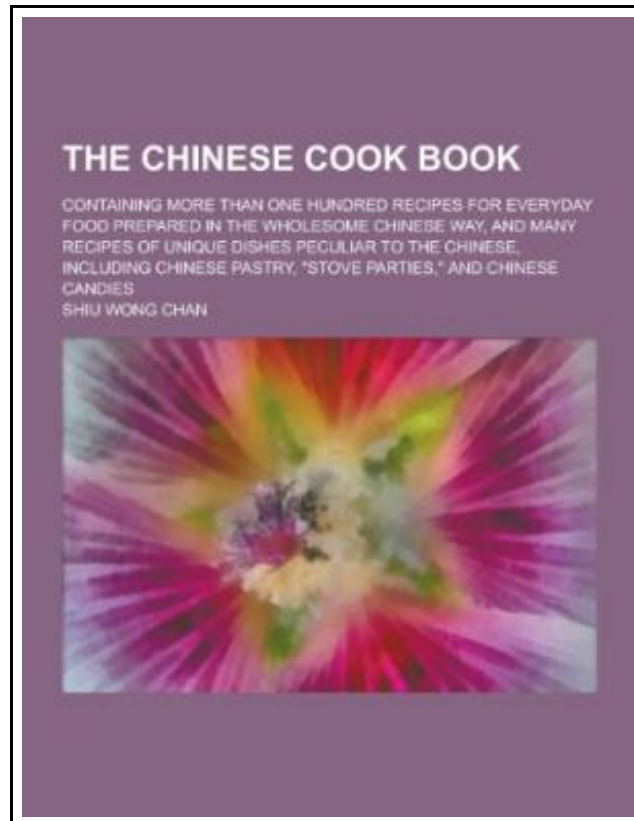


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Theclassics.us, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1917 edition. Excerpt: . BIRD-NEST IN CHICKEN FONG TUNG YUEN 1 cups bird-nest 1 large whole chicken (at least 7 pounds) 1 bowl primary soup 1 tablespoonful Chinese ham (a) Soak the bird-nest in cold water for 1 hour. Then wash gently and cook for 1 hour with a piece of ginger. (b) Pick the chicken, chop off the head, feet and wings, cut 1 line 4 inches long and take out the interior. Clean the chicken and rub inside and outside with salt. Place in a bowl with the cut side on top. (c) Fill the chicken with the bird-nest and the primary soup. Steam for 3 hours in a double-boiler. (d) Now transfer into a second bowl by using a bowl a little larger than the first bowl and putting this second bowl on top of the first bowl mouth to mouth. Garnish with the Chinese ham dice. STEAMED CHICKEN GING GUY 1 chicken cut into pieces about 1 1/2 inches long 2 cups mushrooms A few slices of ginger root 4 pieces of red dates 1 Chinese onion Cornstarch, sauce, salt, and oil (a) Mix well the chicken, oil, salt, cornstarch, and sauce. (b) Add mushrooms, ginger root, and red dates. Put on a plate and steam for hour. (c) Add Chinese onion cut into threads 1 inches long. Garnish with parsley. Serve with mustard, sauce, and oil. ROAST CHICKEN SUE GUY 2 chickens (about 4 pounds each) 2 teaspoonfuls spicery powder 2 cups Chinese...



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