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## Meditations to Heal Your Life

By Louise L. Hay

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Meditations to Heal Your Life, Louise L. Hay, In this volume, Louise L. Hay shares her philosophy of life on a multitude of subjects from addictions to fears to spiritual laws, and everything in between. Her insights offer meditations and practical knowledge to apply to your day-to-day life. "This is a book of ideas to spark your own creative thinking process. It will give you an opportunity to see other ways to approach your experiences. Begin anywhere in this book. Open it at will. The message will be perfect for you at that moment. It may confirm what you already believe, or it may challenge you. It is all part of the growth process." (Louise L. Hay).



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