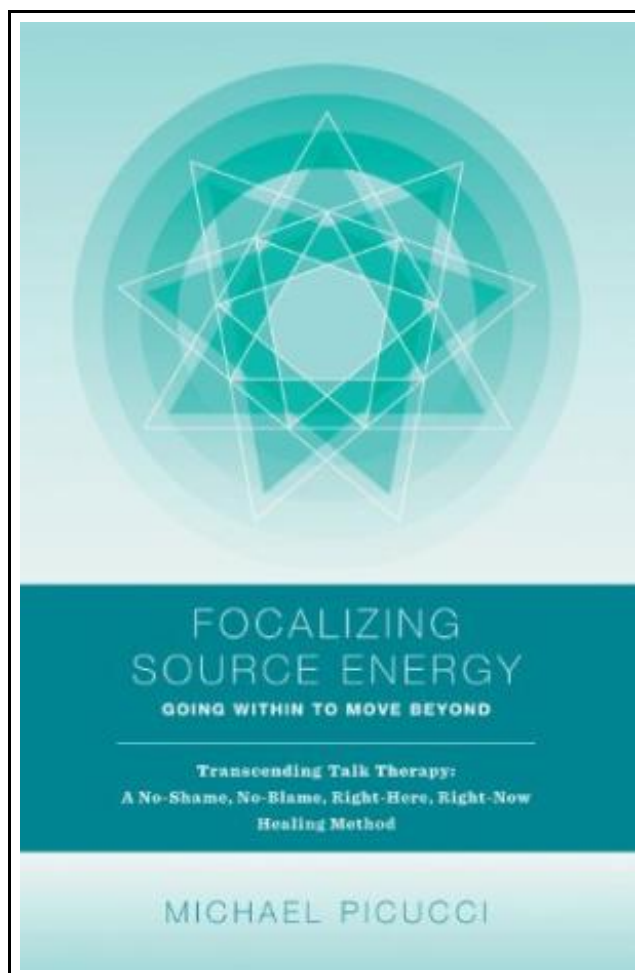


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Michael Picucci an Imprint of Telemachus Press, United States, 2012. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.Read this book if you would like. To discover Focalizing, an evolutionary healing technique that transcends talk-therapy as we have known it, which provides a no-shame, no-blame, and a right-here, right-now approach. To understand how Source Energy can optimize your life- experience by accessing a power already within us. To learn how by addressing our 1) conditioned thinking, 2) unhealed traumas and/or 3) sexual wounds, we gain freedom from the obstacles in our way and the suffering they cause. To understand why Focalizing naturally and unobtrusively attends to the above three portals awakening Source Energy and working to support and enhance a pathway to happier lives. Why Focalizing? This highly effective model, from recent discoveries in realms of Energy Psychology, somatic healing and neuroscience, encourages transformation of personal issues. Focalizing, a synthesized method to swiftly encourage Source Energy, is influenced by my own recovery, many important teachings, and three decades of client practice. It is designed to further open us to the value and wisdom in our bodies and to restore balance to our lives. It is a naturopathic process for dissolving inner blocks inhibiting us from connecting with Source Energy and joy that allows greater happiness into our lives. By accessing the body, rather than the mind, to illuminate barriers to an easy flow of Source Energy, it transcends talk-therapy. In contrast to more traditional therapies, Focalizing tunes into body awareness for resolution to our perceived limitations-like going in a back door and creating a permanent fix for what has eluded us. In our complex world, simplicity has great power. Focalizing is a simple approach to healing, and the journey is...

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