



## My Family is All I Have: A British Woman's Story of Escaping the Nazis and Surviving the Communists

By Helen Alice Dear

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, My Family is All I Have: A British Woman's Story of Escaping the Nazis and Surviving the Communists, Helen Alice Dear, Helen-Alice Dear was only fifteen when she left London to visit Bulgaria on a family holiday in 1937. Just weeks after her arrival, she found herself unable to leave and struggling to survive in an increasingly hostile and terrifying environment. Her marriage to a Bulgarian man bore her four children but they were often homeless, cold and hungry. Despite these hardships, Helen refused to give up hope and bravely managed to protect and raise her family. When the Berlin Wall fell in 1989, Helen was finally able to fulfil her dream of returning to her homeland. Her beautifully written memoir is a heart-wrenching tale of courage and resilience, proving just how indomitable the human spirit can be.



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