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In Focus: Vision, Mind Body

By Dr Michael Christian

Balboa Press Australia, United States, 2016. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Most optometrists will tell you glasses can help your eyesight and leave it at that. Dr. Michael Christian on the other hand considers vision in a more connected and dynamic manner. He has pioneered glasses that can also improve posture, balance and movement, even the clarity of your thoughts and intentions. As the inventor of Quantum Ophthalmic Optics (QOO), he has applied quantum physics and holographic principles to improve vision and to focus well being. He shares his comprehensive theory, including diverse case histories that provide insights into how manipulating the lens and prism can help the body redirect energy to improve much more than eyesight. He also seeks to answer questions such as: What is good vision and who determines what that is? Is vision based on genetic inheritance or is it an active, integrative, and motivational process? How can you determine if you're at ease or under duress with your vision? Whether it's seeing that sign on the street, improving your golf swing or looking at life with a more positive attitude,...



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Reviews

Definitely among the best book I have got possibly study. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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Complete guide for publication enthusiasts. I have read and i am sure that i will going to study again once again in the future. Your way of life period will be transform once you total looking over this publication.

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