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## My Stroke of Luck: From Alphabet To Author

By Vijay Santhanam

Hay House Publishers India, New Delhi, 2013. Soft cover. Book Condition: New. When Vijay Santhanam was afflicted with a stroke at the age of 41, he was paralyzed on the right side of his body. He couldn't move without help and he couldn't speak at all. But he soon realized that his powers of reasoning, thought were not lost to him. And he garnered his spirit and willpower within him to work at regaining his health and faculties; a stroke wasn't going to get him down. Vijay goes on to get back to work, to write two books on one of the biggest passions of his life—cricket, a sport that was one of his greatest inspirations while in hospital and on the road to recovery, and to teach at IIM Ahmedabad and IIM Lucknow. This is the inspiring story of a man who didn't waste time bemoaning his fate; his immediate agenda was to understand what could make him healthy again and to start with, to return to the life he'd known before as a regional head of marketing in a multinational company in Singapore. *My Stroke of Luck: Alphabet to Author* is Vijay's journey through long, sometimes painful, and...



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