



Soul Power: The Transformation When You Know

By Nikki De Carteret

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Soul Power: The Transformation When You Know, Nikki De Carteret, What are the tools for empowering the soul? How do you cultivate the power of presence? How do you create inner stability in times of chaos? Where does humility meet mastery? These are just some of the threads of spiritual inquiry that Nikki de Carteret weaves into a tapestry of "Soul Power". Juxtaposing fascinating teachings from the ancient mystics with stories of modern seekers, as well as her own extraordinary journey towards wholeness, de Carteret invites you to explore the factors that drain your spiritual energy, and what transformational forces restore it. Written in a poetic and meditative style this book is a discovery of spirit and of spiritual growth. Examining themes such as love, enlightenment, compassion silence, synchronicity, dark night of the soul, harmony, and bliss, it serves as a friendly road map to the spiritual process.



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