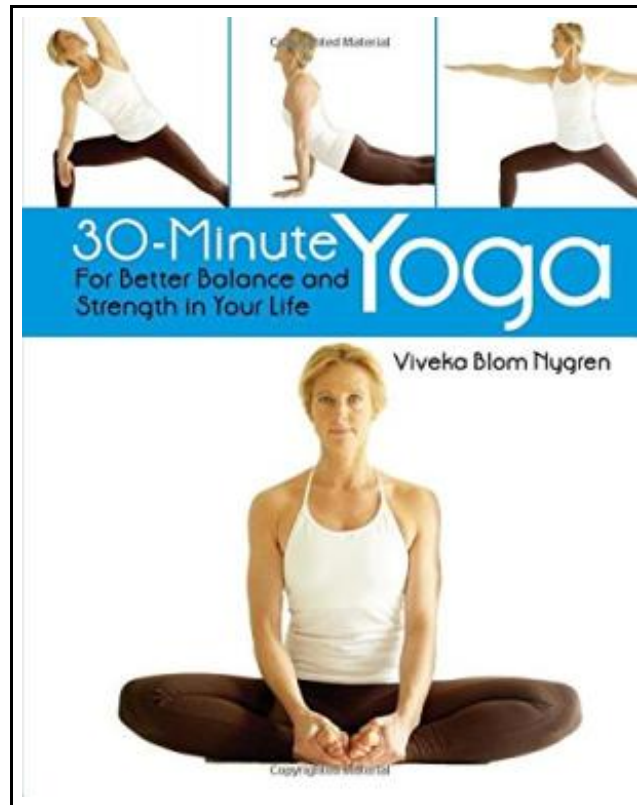


## 30-Minute Yoga: For Better Balance and Strength in Your Life



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***(Lavina Torp)***

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