



Alone in Antarctica

By Felicity Aston, Joanne Lumley

Summersdale Publishers. Paperback. Book Condition: new. BRAND NEW, Alone in Antarctica, Felicity Aston, Joanne Lumley, What would it feel like to be out there alone in that empty vastness? Just before midnight on 24 November 2011, Felicity is left completely alone on the coast of Antarctica. The isolation is instant and devastating. Only three people in the world have crossed Antarctica alone. The first two were men and both Norwegian. At the age of 34, British woman Felicity Aston became the third. Unlike her predecessors, she didn't use kites or parasails to assist her. Within days, frozen into her facemask and reflecting on what had drawn her to such a place, she was battling desperate weather as she towed her heavy sledges. Every morning she wakes believing she cannot face another day as the expedition becomes a race against time to reach the coast before the last flight out. This gripping and inspirational account of personal endurance shows what you can achieve when you grit your teeth and decide just to get through today in one piece.



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