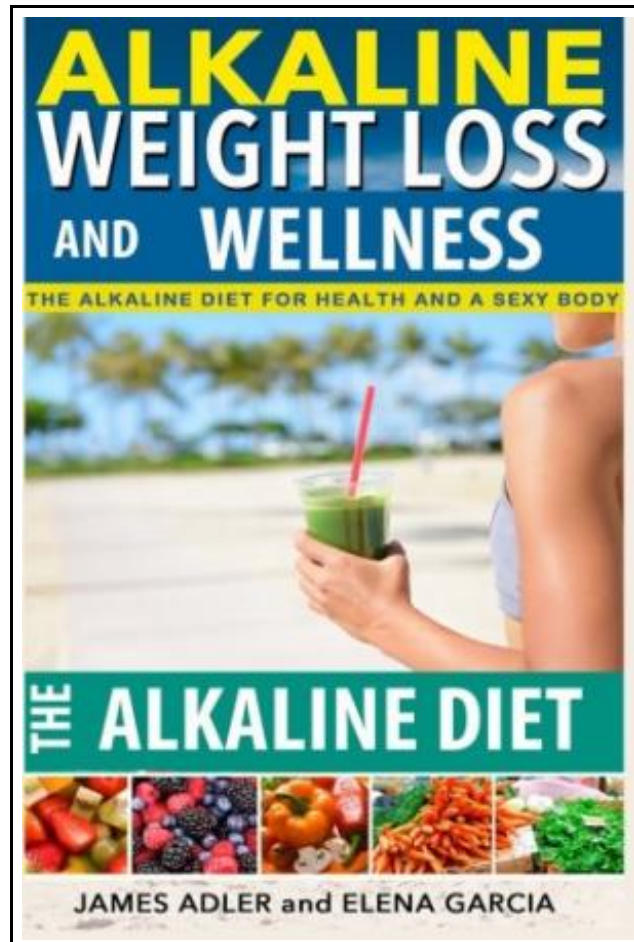


## Alkaline Weight Loss and Wellness: The Alkaline Diet for Health and a Sexy Body



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Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. Large Print. 218 x 142 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.How to Lose Weight With The Alkaline Diet Plan. Alkaline Weight Loss, Health and Wellness! The Alkaline Diet Made Easy Plus Over 18 Delicious Alkaline Recipes and Alkaline Suggestions for Massive Weight Loss and Detox! Do you want to lose weight in a healthy way? Have you ever heard of the alkaline diet? Did you know that Tony Robbins is a big supporter of the Alkaline Diet and recommends it to his followers? Going Alkaline is easier than you think! We have created Alkaline Weight Loss and Wellness as a beginners guide to provide you with a comprehensive and practical overview of the Alkaline Diet. It explains exactly how to change your lifestyle so that you can think clearly, have unlimited amounts of energy, detoxify your system and lose weight! We also share our personal experience and how our lifestyle has changed thanks to the alkaline diet. Did you know that. The Alkaline Diet can help you: lose massive weight, have tons of energy, lessen inflammation, clear up skin problems, cure allergies, stop asthma symptoms, get rid of digestive issues, improve sleep improve sexual performance get more zest for life be more focused and happier! Alkaline Weight Loss and Wellness will teach you The General Alkaline Lifestyle Philosophy The Alkaline Diet For Health and Wellness The Alkaline Diet For Weight Loss Weight Loss Alkaline Recipes Healthy Alkaline Snacks Alkaline Motivation for Health and Weight Loss How To Restore High Energy Levels With the Alkaline Diet How To Develop Your Own Weight Loss Strategies Using The Alkaline Diet Much, Much More For Your Weight Loss Success and Health! BONUS CHAPTER from Elena and James:...



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