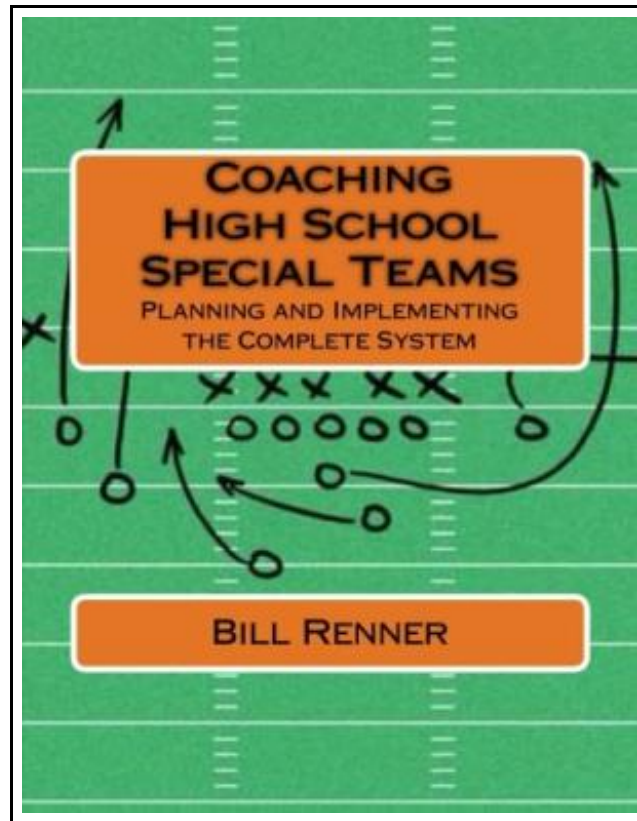


Coaching High School Special Teams: Planning and Implementing the Complete System



Filesize: 6 MB

Reviews

This publication is definitely not simple to begin on studying but quite fun to see. It really is full of knowledge and wisdom I am just effortlessly can get a satisfaction of studying a created pdf.
(Alfreda Bradtke)

COACHING HIGH SCHOOL SPECIAL TEAMS: PLANNING AND IMPLEMENTING THE COMPLETE SYSTEM



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Createspace, United States, 2013. Paperback. Book Condition: New. 272 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Coaching High School Special Teams is a book that details each phase of special teams, punt, punt return, kickoff, kickoff return, extra point/field goal and extra point/field goal defense. Each phase has specific coaching details on the type of players to select for that special team with detailed techniques for coaching each player on that team. Diagrams and illustrations denote alignments and assignments and can be used to teach players with. Goals and objectives for each special team are discussed and presented. A special teams organizational chart with coaches responsibilities, pre-season installation and a practice plan organizing the special teams part of practice are part of this comprehensive special teams system. Coach Bill Renner is a veteran high school coach of 28 years. He has been a head high school coach for 23 years at four high schools in Virginia and in North Carolina. His special teams have always been an integral and consistently outstanding part of his program. His special teams have won games via last second field goals and a punt return for a touchdown with 13 seconds left. He has produced a punt team that gave up .8 yards per opponent punt return in a season, had a string of 10 years with never having a kick or punt blocked and a kicker that had 119 touchbacks in two seasons. Coaching High School Special Teams shows you schemes that have been tried, tested and proven to help teams win. These schemes are easy to install and teach. And the coaching details of each special team from a successful veteran high school football coach will put you at an advantage over your opponent.



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