



## Coffee Gives Me Superpowers

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By Ryoko Iwata

Hardback. Book Condition: New. Not Signed; If coffee is the foundation of your food pyramid, then this is your book. Inspired by Ryoko Iwata's popular Web site, I Love Coffee ([en.ilovecoffee.jp](http://en.ilovecoffee.jp)), Coffee Gives Me Superpowers is overflowing with infographics and fun, interesting facts about the most awesome beverage on earth written by Ryoko, a Japanese coffee-lover living in Seattle. The book includes the most popular pieces on the site, such as Your Brain on Beer vs. Coffee, 10 Coffee Myths, The 15 Most Caffeinated Cities in the U.S., The Best Time of Day to Drink Coffee (According to Science), and 10 Things You Probably Didn't Know about Caffeine, plus 25% new, original material that is available only in this book. book.



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### Reviews

*Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Otis Wisoky**

*This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).*

-- **Dr. Everett Dicki DDS**