$$\Omega^T \Omega = I$$
, Ω is an unitary matrix

$$\|X\|_{\mathsf{F}}^2 = \langle X, X \rangle_{\mathsf{F}} = t_{\mathsf{F}}(x^{\mathsf{T}}X)$$

= argmax (sz. BAT)

= argmax (sz, UEV)

= crymax tr(stUZVT)

= argmax tr(UsTVIZ)

= arymax < UTSV, \(\sum_{\text{T}} \) diagonal matrix

·: (v] [(V] (U] (V)

= v n u u n v = I

... UTIV is orthugonal matrix

(UTSLV, Z) & is only maximal when all components of UTSLV is on diagonal axis, also because it is unitary, it need to be identify matrix

 $V^{T} = L$ $S = V^{T} U$

i det (SL) = 1 (rotation matrix)

$$\therefore \quad \mathcal{I} = V^{T} \geq V$$

$$= \begin{bmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & \text{sign}(\det(V^{T}U)) \end{bmatrix}$$