Case Study: Using Stents to Prevent Strokes

Colby Community College

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Definition

A **stent** is a device put inside blood vessels that assist in patient recovery after cardiac events and reduce the risk of an additional heart attack or death.

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Case Study

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Case Study

Many doctors have hoped that stents would have similar benefits for patients at risk of strokes.

The question researchers need to answer is:

Does the use of stents reduce the risk of stroke?

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Treatment group (224 patients)

These patients received a stent and medical management.

Note

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Control group (227 patients)

These patients received the same medical management, but did not receive a stent.

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Data

Patient	group	0-30 days	0-365 days
1	treatment	no event	no event
2	treatment	stroke	stroke
3	treatment	no event	no event
4	treatment	no event	stroke
:	•	:	:
•	•	•	•
451	control	no event	no event

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:	:	:	:
451	control	no event	no event

Note

Listing each patient line-by-line is very cumbersome.

	0-30 days		0-365	days
	stroke	no event	stroke	no event
treatment	33	191	45	179
control	13	214	28	199
total	46	405	73	378

	0-30 days		0-36	5 days
	stroke	no event	stroke	no event
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Question

What percentage of the treatment group had a stroke in the first year?

	0-30 days		0-365	ō days
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Question

What percentage of the treatment group had a stroke in the first year? number of treatment group that had a stroke

total size of treatment group

	0-30 days		0-365	days
	stroke	no event	stroke	no event
treatment	33	191	45	179
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total	46	405	73	378

Question

What percentage of the treatment group had a stroke in the first year? number of treatment group that had a stroke 45

total size of treatment group

 $\frac{43}{224}$

	0-30 days		0-36	5 days
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treatment	33	191	45	179
control	13	214	28	199
total	46	405	73	378

Question

What percentage of the treatment group had a stroke in the first year?

$$\frac{\text{number of treatment group that had a stroke}}{\text{total size of treatment group}} = \frac{45}{224} = 0.20 = 20\%$$

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Question

What percentage of the control group had a stroke in the first year?

		0-30 days		0-36	5 days
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total size of treatment group
$$\frac{43}{224} = 0.20 = 20\%$$

Question

What percentage of the control group had a stroke in the first year?

$$\frac{\text{number of control group that had a stroke}}{\text{total size of control group}} = \frac{28}{22^2}$$

		0-30 days		0-36	5 days
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Question

What percentage of the treatment group had a stroke in the first year? $\frac{\text{number of treatment group that had a stroke}}{\text{mumber of treatment group that had a stroke}} = \frac{45}{200} = 0.20 = 20\%$

$$\frac{\text{of treatment group that had a stroke}}{\text{total size of treatment group}} = \frac{45}{224} = 0.20 = 20\%$$

Question

What percentage of the control group had a stroke in the first year?

$$\frac{\text{number of control group that had a stroke}}{\text{total size of control group}} = \frac{28}{224} = 0.12 = 12\%$$

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Definition

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1 Many doctors expected stents to reduce the chance of a stroke.

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- 1 Many doctors expected stents to reduce the chance of a stroke.
- 2 Does the data show a "real" difference between the groups?

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- 1 Many doctors expected stents to reduce the chance of a stroke.
- 2 Does the data show a "real" difference between the groups?

Note

The second question is a real subtle one and most of the statistical tools we discuss will be used to address this question.

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hea	ads	ta	ils	total
5,045	50.4%	4,955	49.5%	10,000
4,969	49.7%	5,031	50.3%	10,000
5,064	50.6%	4,936	49.4%	10,000
5,091	50.9%	4,909	49.1%	10,000
4,972	49.7%	5,028	50.3%	10,000
5,021	50.2%	4,979	49.8%	10,000
5,007	50.1%	4,993	49.9%	10,000
5,031	50.3%	4,969	49.7%	10,000
5,056	50.6%	4,944	49.4%	10,000
5,006	50.1%	4,994	49.9%	10,000

The published results of the study were:

There was compelling evidence of harm by stents in this study of stroke patients.

Chimowitz MI, Lynn MJ, Derdeyn CP, et al. 2011. Stenting versus Aggressive Medical Therapy for Intracranial Arterial Stenosis.

New England Journal of Medicine 365:993-1003. http://nejm.org/doi/full/10.1056/NEJMoa1105335

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- This study considered patients with very specific characteristics who volunteered to be a part of the study and may not be representative of all stroke patients.
- There are many types of stents and this study only considered the self-expanding Wingspan stent.

Percentages Review

 Percentage of: To find a percentage of an amount, replace the % symbol with division by 100 and multiply by the amount.

Example: 6% of 1200 responses is
$$\frac{6}{100} \cdot 1200 = 72$$

 Decimal to Percentage: To convert from a decimal to a percentage, multiply by 100%.

Example:
$$0.25 \rightarrow 0.25 \cdot 100\% = 25\%$$

 Fraction to Percentage: To convert from a fraction to a percentage, divide the denominator into the numerator and multiply by 100%.

Example:
$$\frac{3}{4} = 0.75 \rightarrow 0.75 \cdot 100\% = 75\%$$

 Percentage to Decimal: To convert from a percentage to a decimal number, replace the % by division by 100.

Example:
$$85\% \rightarrow \frac{85}{100} = 0.85$$