1. The Helper Class which is GroceryAnalyzer is a helper that organizes and tracks grocery item information and inside there's a list that notes how many times each grocery item is mentioned. Now if we look for next steps its going to be the Important Action.

2. Important Actions, readInputFile and it Reads information from a file and keeps track of how many times each item is listed.

- getItemFrequency: Tells you how many times a specific item appears.

- displayAllItemsWithFrequency: Shows you a list of all items and how many times each one appears.

- displayHistogram’: Gives you a visual representation of how often each item is mentioned.

- saveDataToFile`: Saves this information to a file.

Then we are going to bring up the main program.

3. Main Program:

- The program starts by setting up this helper.

- It reads a file that has a list of groceries and how many times they are mentioned.

- Then, it lets you choose what you want to do for example

Option 1: Find out how often a specific item is mentioned.

Option 2: See a list of all items and how many times they appear.

Option 3: View a simple chart showing how often each item is listed.

Option 4: Save this information for later.

Option 5: Quit the program.

4. User Interaction:

- You choose what you want to do by picking a number.

5. Saving Data:

- The program can save what it found to a file, so you can use it again later.

6. When It Ends:

- The program keeps doing what you ask until you tell it to stop