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# Causal Inference of Meta-analysis via Gaussian Processes

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Meta-Analysis, the synthesis of evidence from multiple study sources, has become increasingly popular in fields such as education, psychology and public health. The major obstacle for meta-analysis is the interpretation and proper handling of study-by-study heterogeneity. Based on (Sobel, Madigan, and Wang 2015), which proposed a potential outcome framework for a formal causal approach to meta-analysis, I develop a high-dimensional Gaussian Process model that explicitly handles heterogeneities across studies, allows flexible modeling of response functions and admits fully probabilistic inference.

## INTRODUCTION

Meta-Analysis, the synthesis of evidence from multiple study sources, has become increasingly popular in fields such as education, psychology and public health. The major obstacle for meta-analysis is the interpretation and proper handling of study-by-study heterogeneity. Based on (Sobel, Madigan, and Wang 2015), which proposed a potential outcome framework for a formal causal approach to meta-analysis, I develop a high-dimensional Gaussian Process model that explicitly handles heterogeneities across studies, allows flexible modeling of response functions and admits fully probabilistic inference.

## META-ANALYSIS

Meta-analyses combine data from distinct but related studies for higher resolution inference and more nuanced understanding of the effect under investigation. Originally hailed in medical and education research, meta-analyses gain traction in wider academic disciplines as the awareness for open data is increasing across all scientific communities.

However, traditional meta-analyses are mostly conducted based on extracting and combining study-level effect summaries, since access to individual-participant level data tend to be inherently difficult to obtain. In this framework, researchers extract effect size estimates  $y_s$  and standard errors  $\sigma_s^2$ , where study index  $s \in \{1, \dots, S\}$  and  $S$  is the number of studies. To handle effect size heterogeneity, a random effect model is typically used (DerSimonian and Laird 1986), in which all study effect sizes are random samples of a underlying population of effect sizes, i.e.

$$\begin{aligned} y_s &= \mu_s + \sigma_s^2 \\ \mu_s &\sim \mathcal{N}(\mu_0, \tau^2) \end{aligned}$$

Admittedly, meta-analyses based on study-level summary is still effective when the effects are homogeneous and different studies sample from similar population, they nevertheless are prone to well-known statistical fallacies, such as ecological bias, when the underlying populations and effects are heterogeneous, as it is often the case in real data.

### *Individual-Participant Meta-Analyses*

Individual-Participant Data (IPD) Meta-Analysis is becoming increasingly common (Julian Higgins et al. 2001). It has been argued that IPD data increases the power of analysis (Cooper and Patall 2009) and more robust to heterogeneous effects sizes and populations [cite]. To account for between study heterogeneity in treatment effects, the use of covariates and/or random effects models is often recommended (Aitkin 1999; Tudur Smith, Williamson, and Marson 2005). The random effects models can be seen as Bayesian Hierarchical Models (Gelman and Hill 2006), based on the justification that conditioned on appropriate set of covariates, both individual-level and study-level, the residual heterogeneities are exchangeable. There are mature softwares for fitting various types of Bayesian

Hierarchical models, including Generalized Linear models and Proportional Hazard models. [cite lme4, coxme and stan]

Despite its convenient form and ease of inference, traditional IPD meta-analysis based on parametric Hierarchical models suffer from two problems. The first is the lack of formal causal framework. It is difficult to pinpoint the causal interpretation of the effect estimates from a traditional IPD hierarchical model. Consider the following example, education researchers try to determine the effect of a new intervention program, applied to different classroom and administered by different teachers. In this case, the heterogeneity might come from either the different teachers or the different populations of schools, or both. Is the effect estimate averaging over teachers? Schools? Or both? What can we say about the effect for a new teacher, or a new school? The second problem is the inflexible form of the parametric model. Traditional parametric model requires explicit modeling assumptions from the researchers, which makes the model sensitive and facilitate potential cheery-picking. Non-parametric modeling allows flexible functional form and requires little manual tuning from the researchers.

## POTENTIAL OUTCOMES FOR META-ANALYSIS

(Sobel, Madigan, and Wang 2015) put meta-analysis on a concrete causal foundation by introducing a extended potential outcome framework. This section is joint work with Michael Sobel and David Madigan.

### *Potential Outcomes*

Potential Outcomes Framework [] defines causal effects as comparisons of outcomes under hypothetical counter-factual treatment assignment. For example, with binary treatment  $Z \in \{0, 1\}$ , the causal effect of treatment  $Z$  on individual  $i$  can be defined as  $y_i(1) - y_i(0)$ . Typically, researchers are interested in estimating quantities such as the population average treatment effect (PATE)

$$E(Y(1) - Y(0)),$$

the population average treatment effect on the treated (PATT)

$$E(Y(1) - Y(0) \mid Z = 1)$$

The key assumption in causal inference is the ignorability assumption (or unconfoundedness assumption) (Rosenbaum and Rubin 1983), which states that

given a set of observed covariates, the treatment assignment  $Z$  is independent of the potential outcomes  $(Y(0), Y(1))$

$$Y(0), Y(1) \perp Z \mid X$$

In the case of randomized experiment, this assumption is trivially met without any covariates  $X$ . Under ignorability assumption,

$$\begin{aligned} & E(Y|X, z = 1) - E(Y|X, z = 0) \\ &= E(Y(1)|X, z = 1) - E(Y(0)|X, z = 0) \\ &= E(Y(1)|X) - E(Y(0)|X) \\ &= E(Y(1) - Y(0)|X) \end{aligned}$$

And thus causal effect can be identified from observations.

#### *Extended Potential Outcomes*

In the case of a meta-analysis, consisting  $S$  studies and  $Z$  treatment variants, the potential outcomes  $\mathbf{Y}$  for individual  $i$  can be defined as a matrix

$$\mathbf{Y}_i = \begin{pmatrix} y_i(1, 1) & y_i(1, 2) & \cdots & y_i(1, Z) \\ y_i(2, 1) & y_i(2, 2) & \cdots & y_i(2, Z) \\ \vdots & \vdots & \ddots & \vdots \\ y_i(S, 1) & y_i(S, 2) & \cdots & y_i(S, Z) \end{pmatrix}$$

With this notation, we can interpret some commonly discussed meta-analytical estimates in a causal way. For example, assuming there are only two level of treatment (0 and 1) and the causal comparison is the difference, *study-specific* treatment effect for study  $s$  is  $E(y(z, s) - y(z', s))$ . Note that this is different from *study-level* treatment effect  $\theta_s$  in random effects models, which is  $E(y(z, s) - y(z', s) \mid S = s)$ . Below we will discuss conditions that will connect these two quantities.

In the context of meta-analyses, unconfoundedness can be recast as unconfoundedness within each study, i.e.,

$$Y(0, s), Y(1, s) \perp Z \mid X, S = s$$

However, this assumption is not sufficient for identifying causal effects in meta-analysis. One added layer for complexity of meta-analysis is the confounding of study selection. Consider an example of clinical trials. If some studies sample from mostly young patients while some other studies sample from mostly elderly patients, and the treatment is more effective on younger patients, then heterogeneities in treatment effects across studies would arise. Hierarchical models without adequately addressing this selection problems would result in misleading results.

However, study selection is not the only factor contributing to heterogeneities in treatment effects across studies. One lingering question is whether the same treatment  $z$  is implemented identically in all studies, or in another word, whether  $Y_i(s_1, z) \stackrel{d}{=} Y_i(s_2, z)$  for all pair of  $s_1, s_2 \in \{1, \dots, S\}$ , where  $\stackrel{d}{=}$  stands for equal in distribution. Consider an example of education intervention, in which interventions are carried out by teachers with various experience levels, then it is reasonable to question whether  $Y_i(s_1, z) \stackrel{d}{=} Y_i(s_2, z)$  holds.

Two assumptions from (Sobel, Madigan, and Wang 2015) codify these two sources of heterogeneities.

A1. *Weak response consistency assumption for treatment  $z$* : For any  $z \in \{1, \dots, Z\}$  and any pair  $s_1, s_2 \in \{1, \dots, S\}$ ,

$$Y_i(s_1, z) \stackrel{d}{=} Y_i(s_2, z)$$

A2. *Unconfounded study selection*:

$$\mathbf{Y} = \begin{pmatrix} y(1, 1) & y(1, 2) & \cdots & y(1, Z) \\ y(2, 1) & y(2, 2) & \cdots & y(2, Z) \\ \vdots & \vdots & \ddots & \vdots \\ y(S, 1) & y(S, 2) & \cdots & y(S, Z) \end{pmatrix} \perp S \mid X$$

From a frequentist point of view, these two assumptions cannot be distinguished from one other. Thus (Sobel, Madigan, and Wang 2015) suggests that meta-analysts first assess the plausibility of the two assumptions based on the characteristics of the studies, and typically assume one of these two to hold and then build models to see whether the heterogeneity could be accounted for by the other assumption. From a Bayesian point of view, we can use a very general model, and encode regularization through appropriate prior distributions to allow for reasonable separation of these two sources of heterogeneities. This will be the topic of the following sections.

## META-ANALYSIS USING BAYESIAN NON-PARAMETRICS

Traditionally, causal inference using potential outcomes focuses on two questions. Modeling of the treatment assignment process  $p(z \mid x)$ , also known as the propensity score, and modeling of the scientific process of how responses relate to treatment and covariates  $p(y \mid z, x)$ , also known as the response surface (See Rubin 2005 for more details). A myriad of methods based on the either treatment assignment mechanism (e.g., propensity score matching), or response surface modeling (e.g., regression), or combination of these two (e.g., the doubly-robust method), has been proposed for causal inference of observational data.

Recently, inspired by the advances in Bayesian non-parametric models (Hjort et al. 2010), (J. L. Hill 2011) proposed a model that focuses on accurately estimating the response surface using flexible Bayesian Additive Regression Trees, or BART (Chipman, George, and McCulloch 2010). Besides the well-known benefits of being robust to model misspecifications and being able to capture highly non-linear and interaction patterns, Bayesian non-parametric models provide natural and coherent posterior intervals to convey inferential uncertainty.

### *Gaussian Processes*

Gaussian Processes (GP) have become a popular tool for nonparametric regression. A random function  $f : \mathcal{X} \rightarrow \mathbb{R}$  is said to follow a GP process with kernel  $k$  if any finite-dimensional marginal of it is Gaussianly distributed, i.e.

$$f(\mathbf{x}) \sim \mathcal{N}(\boldsymbol{\mu}, \mathbf{K}_{\mathbf{x},\mathbf{x}}), \forall \mathbf{x} \in \mathbb{R}^d \text{ and } d$$

where  $\mathbf{K}_{\mathbf{x},\mathbf{x}}$  is the Gram matrix of kernel  $k$ . The key component in a GP model is the kernel  $k$ , a semi-definite function defined on  $\mathcal{X} \times \mathcal{X}$  that encodes the structure. Judiciously choosing  $K$  is the most important part of fitting a GP model.

A large part of its popularity is probably due to the fact it can be interpreted as a generalization of linear regression with Gaussian errors, the predominant model for parametric regression. In fact, according to Mercer's Theorem (CKI Williams and Rasmussen 2006), kernel  $k$  can be decomposed into

$$k(x, x') = \sum_{i=1}^{\infty} \lambda_i \phi_i(x) \phi_i^T(x')$$

where  $\lambda_i$  and  $\phi_i$  are respective eigenvalues and eigenfunctions of kernel  $k$  with respect to a measure  $\mu$ , i.e.,

$$\int k(x, x') \phi_i(x) d\mu(x) = \lambda_i \phi_i(x'),$$

Then GP can be considered as a basis expansion method that maps input  $x$  to an infinite dimensional space via the infinite series of functions  $\{\phi_i(x)\}_{i=1}^{\infty}$ .

### *Inference for Standard GP*

Standard GP model for  $N$  observation pairs  $(y_i, \mathbf{x}_i)_{i=1}^N$  is

$$\begin{aligned} y_i &| f \sim \mathcal{N}(f(\mathbf{x}_i), \sigma^2) \\ f &\sim GP(0, k) \end{aligned}$$

For a given kernel  $k$ , the marginal distribution of  $\mathbf{y}$  is

$$\mathbf{y} \sim \mathcal{N}(0, K_{\mathbf{x}, \mathbf{x}} + \sigma^2 I_N)$$

where  $K_{\mathbf{x}, \mathbf{x}}$  is the Gram matrix of kernel  $k$  whose entries are  $k(x_i, x_j)$ . The predictive distribution at test points  $\mathbf{X}^*$  is

$$\begin{aligned} \mathbf{y}^* | \mathbf{X}^*, \mathbf{y}, \mathbf{X} &\sim \mathcal{N}(K_{\mathbf{X}^*, \mathbf{X}}(K_{\mathbf{X}, \mathbf{X}} + \sigma^2 I_N)^{-1} \mathbf{y}, \\ &K_{\mathbf{X}^*, \mathbf{X}^*} - K_{\mathbf{X}^*, \mathbf{X}}(K_{\mathbf{X}, \mathbf{X}} + \sigma^2 I_N)^{-1} K_{\mathbf{X}^*, \mathbf{X}}^\top) \end{aligned}$$

For inference on hyperparameters, e.g., parameters governing the kernels, a standard practice is to maximize log marginal likelihood

$$\begin{aligned} \log p(\mathbf{y} | \mathbf{X}, \theta) &= \log \int p(\mathbf{y} | f, \mathbf{X}, \theta) p(f) df \\ &\propto -[\mathbf{y}^\top (K_{\mathbf{X}, \mathbf{X}}(\theta) + \sigma^2 I_N)^{-1} \mathbf{y} + \log \det(K_{\mathbf{X}, \mathbf{X}}(\theta) + \sigma^2 I_N)] \end{aligned}$$

and plug in the MAP (maximum a posteriori)  $\hat{\theta}$  into the predictive distribution of new points  $\mathbf{X}^*$ .

As it is well known, although the procedure for Gaussian Processes inference is quite straightforward, the main difficulty lies in the matrix inversions required for both estimating hyperparameters and predicting at new points, which involves

$\mathcal{O}(N^3)$  time complexity with  $N$  being the number of observations. Data sets that have more than 1,000 observations are already prohibitively expensive for computation. In those cases, a number of approximation methods such as low-rank approximations of the Gram kernel matrix, known as Nystrom method (Christopher Williams and Seeger 2001), and judicious selections of subset of observations (Banerjee et al. 2008) are often recommended.

### *Gaussian Process with Hierarchical Structure*

Gaussian Process can be extended to handle group structure. A common approach from machine learning perspective is to pose this question as a multi-task learning problem (Bonilla, Chai, and Williams 2008; Yu, Tresp, and Schwaighofer 2005), in which the objective function’s values are vectors, or even matrices. In fact, in the case of the potential outcome framework of meta-analysis outlined above, the outcomes are study-by-treatment matrices. In this setting, the curse of dimensionalities become even more acute, as the sample size effectively mutiples by the number of outcomes under investigation. One remedy is to place restriction on the structure of kernels. For example, assuming the kernel is separable, the finite dimensional marginals of the vector-valued random function  $\mathbf{f}$  is a matrix normal distributed

$$\text{vec } \mathbf{f}(\mathbf{x}) \sim \mathcal{N}(\boldsymbol{\mu}, \mathbf{K}_{\mathbf{x}, \mathbf{x}}, \otimes \mathbf{U}_{\text{task}})$$

Assuming separability can significantly reduce the dimentionality of the problem, and properties of Kronecker product can be used to make the inference efficient (Gilboa, Saatçi, and Cunningham 2015). However, this approach works best for the scenario of “complete design”, meaning every combination of predictors values have been observed. This assumption is reasonable for areas such as computer experiments and robotics, where experiments can be carried out at pre-specified values of X’s; but it is quite impractical in fields such as education and public health, where researchers’ control over data collections is much limited.

**Building the Group Structure into Kernels** However, it is relatively straightforward to directly code the group structure into kernels. Take the most popular kernel, square exponential kernels, for example, we can add discrete group indicator terms by using delta metrics, i.e., 0 if two observations are from the same group, and 1 otherwise. Further, it is often important to add group-level predictors in hierarchical models (Gelman and Hill 2006), since it can account for some of the differences that cannot be explained by group structure.



$$\kappa(x_i, x_j) = \sigma^2 \exp -\frac{1}{2} \sum_{k=1}^d \frac{(x_{ik} - x_{jk})^2}{l_k^2}$$

In square exponential kernels, the length scale  $l_k$  governs the correlation scale in input dimension  $k$  and the magnitude  $\sigma^2$  controls the overall variability of the process. Thus the magnitudes of the length scale  $l_k$  are often used for feature selection; the larger the length scale, the more important the corresponding feature.

### *Network Meta-Analysis*

The compact form of Kronecker product assumes a block-design structure, i.e., the same set of  $x$ 's are observed for every combination of study and treatment. In reality, of course, this is not the case; causal inference, in particular, is about filling those holes, i.e., potential outcomes, in hypothetical combination of study and treatment. In fact, we only observe a small fraction of the array of matrices  $\mathbf{y}_{i\cdot} = 1^\infty$ , namely  $\frac{1}{ST}$  of all potential outcomes. However, this framework is general enough to handle a lot of particular problems.

Network Meta-analysis (Lumley 2002) deal with treatment pair comparisons that depend on indirect evidence. For example, if treatment A and treatment B are not assigned in any of the studies at the same time, and thus researchers have to resort to indirect comparisons, e.g., treatment C co-occurs with treatment A and treatment B in some of the studies. Since traditional analysis tend to handles one comparison at a time, violations of natural constraints are frequent, e.g.,  $AB+BC \neq BC$ . More sophisticated models are proposed to handle this so-called “inconsistency” (JPT Higgins et al. 2012), which in my opinion makes the models unnecessarily complex and is detrimental to intuitive understanding. The framework outlined in this thesis, however, naturally deal with network meta-analysis, since it considers all possible treatment at the same time and thus have those natural constraints built in.

## REAL DATA (STAR)

The demonstrative example I use is the STAR (Student-Teacher Achievement Ratio) project, which began in 1985 to study the effect of early grades class size on student achievement in Tennessee. The study is a state-wide randomized experiment applied to over 7,000 pupils from 79 schools in 4 years. Each student

was randomly assigned to one of three class types, class of 13 to 15 students, class of 22 to 25 students, and class of 22 to 25 students with a paid teaching aid. Outcomes of both standardized and curriculum-based tests were used to assess the performance of those students in areas of math, reading and study skills. Classroom teachers were also randomly assigned to the classes they would teach. The interventions were initiated as the students entered school in kindergarten and continued through third grade, based on the common belief that early intervention has persistent effects well into later lives of the students. Due to its size and ambition, STAR is perhaps the most important education study in history. Unsurprisingly, numerous studies have been devoted to analyzing the STAR data, on both immediate effects, e.g., test scores at the end of the year of intervention [cite], and persistent effects, e.g., test scores several years after the intervention (Krueger 1997) or even earning as an adult (Chetty et al. 2010).

The public access data set is collected from Project STAR Web site at <http://www.heros-inc.org/star.htm>, with 11,598 observations on 47 variables, including information on the student, test scores and treatment assignment over the intervention years, information of the teacher, and school id et al. Due to its richness, STAR project data can be investigated in many different facets. For the sake of simplicity, we choose to look at just one outcome, standardized math test score, in one intervention year, the 1st grade. Thus we can focus on the meta-analytic part of the data, without being distracted by the longitudinal aspect of the data, which is a nuisance for our discussion. Further, as mentioned previously, data sets with thousands of observations pose prohibitive computational burden on Gaussian processes. So I select a subset of the data set, including only 8 biggest schools for the first grade.

Characteristics such as student gender, ethnicity, receiving free lunch or not are included in the data set; furthermore, I can determine the general neighborhood economic situations by calculating the proportion of students receiving free lunch, which gives us a school-level predictor. As for types of treatment, as I mentioned, there are three types of treatment, small-size classroom, regular-size classroom and regular with a paid teaching aid. Instead of combining regular and regular with an aid, an approach adopted by most of previous literature, I treat them as separate interventions. All of the above predictors are fed into a square exponential kernel, with a delta metric for discrete predictors including type of treatment and school ID. Computations are conducted via an MATLAB toolbox GPstuff (Vanhatalo et al. 2013).

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