

COELIAC
AWARENESS WEEK
13th - 20th March



STOP FEELING SICK & TIRED

It could be coeliac disease!

Coeliac Disease is a reaction to gluten and common symptoms can include a lack of energy, digestive and bowel problems, nutritional deficiencies and a general feeling of being unwell.

Nearly 200,000 Australians are affected yet 80% of people don't know they have the condition. It is simple to detect and easy to manage.

SEE YOUR GP TO GET TESTED.

SICKANDTIRED.COM.AU

Coeliac
Australia

Produly supported by:

coles

Coeliac Australia hotline:
1300 GLUTEN