

COELIAC  
AWARENESS WEEK  
13<sup>th</sup> - 20<sup>th</sup> March



# STOP FEELING SICK TIRED



It could be coeliac disease!

Coeliac Disease is a reaction to gluten and common symptoms can include a lack of energy, digestive and bowel problems, nutritional deficiencies and a general feeling of being unwell.

Nearly 200,000 Australians are affected yet 80% of people don't know they have the condition. It is simple to detect and easy to manage.

**SEE YOUR GP TO GET TESTED.**

**[SICKANDTIRED.COM.AU](http://SICKANDTIRED.COM.AU)**

**Coeliac**  
Australia

Produly supported by:

**coles**

Coeliac Australia hotline:  
**1300 GLUTEN**