Meal Preparation z score Meal_Preparation_time_span 3.5 Meal_Preparation_freq 3.0 **a** 2.5 2.0 2.0 1.0 0.5 0.0 2009-02-01 2009-02-08 2009-02-15 2009-02-22 2009-03-01 2009-03-08 2009-03-15 2009-03-22 2009-04-01 Date