

Kathleen Ellen Wendt

NSF Graduate Research Fellow | CSU Graduate Fellow | Graduate Student
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Education

National Science Foundation Graduate Research Fellow 2018 - 2023
Colorado State University, Ph.D. in Applied Developmental Science Expected 2023
Colorado State University, M.S. in Prevention Science Expected 2020
Colorado State University, B.S. in Human Development and Family Studies 2018
University Honors Scholar & *Summa Cum Laude*

Research Experience

Mindfulness and Family Resilience Laboratory (MFR), Lab Manager 2016 - Present

Director & Principal Investigator: J. Douglas Coatsworth, Ph.D.

Project administration; data collection using complex physiological and observational equipment; data analysis via dynamic systems-based methods and modeling; technical and scientific writing; R programming; recruitment, training, mentorship, and management of 10+ undergraduate research assistants

Current Studies

1. *Mindful Parent Observational Study (MPOS)*: Code and analyze behavioral and affective indicators in structured parent-youth interactions as part of randomized controlled trial of the Mindfulness-enhanced Strengthening Families Program (MSFP)
2. *Project Mind-Heart (PMH)*: Investigate effects of brief mindfulness induction on individual and dyadic patterns of physiological, affective, and behavioral indicators during challenging parent-child interactions

Parenting Young Children Project (NICHD), Project Manager 2015 - 2018

Principal Investigator: Erika S. Lunkenheimer, Ph.D.

Project management, grant administration, participant recruitment and retention, technical and scientific writing, and data collection and analysis using dynamic systems-based methods and modeling for NIH-funded longitudinal study investigating parents' and young children's (2.5 to 4 years old) dyadic coordination of emotions, behaviors, and physiology and associated risk of child maltreatment and psychopathology

Child Trauma and Resilience Assessment Center, Intern Fall 2017

Principal Investigator: Lise Youngblade, Ph.D.

Director: Stephanie Seng, M.S.

Administrative and research support for SAMHSA-funded projects focused on state-wide trauma-informed training, development of adult trauma assessment, and trauma assessment provision for high-risk adolescents

Cognitive Neuroimaging Laboratory, Honors Undergraduate Research Scholar 2014 - 2015

Director & Principal Investigator: Carol A. Seger, Ph.D.

Data collection (within undergraduate psychology research pool) and subsequent data processing for dissertation research concerning learning and memory

Translational Research Experience

SOS Outreach, Research Consultant 2019 - Present

Principal Investigator: J. Douglas Coatsworth, Ph.D.

Executive Director: Seth Erlich

Qualitative and quantitative data management and analysis; study design and planning; grant-writing to help bolster research-base for outdoor-based mentorship and leadership program for at-risk and marginalized youth

Douglas County CSU Extension Office, Program Evaluator 2019 - Present

Principal Investigator: David MacPhee, Ph.D.

Program Director: Kyle Christensen

Evaluate efficacy and effectiveness of Youth Leadership Summit (October 17-21 2019) serving diverse Colorado youth.

Peer-Reviewed Publications

Under Review

Skoranski, A.M., Lunkenheimer, E.S., & **Wendt, K.E.**. Flexible or inconsistent? The impact of parent-child dyadic flexibility on child emotion regulation varies by maternal depressive symptoms. Manuscript under review.

In Preparation

Prendergast, S., Miller, R., **Wendt, K.E.**, Gerst, K., Klinedinst, T., Prince, M. Multimorbidity and limitations in daily living in Medicare beneficiaries: A comparison of big data modeling approaches. Manuscript in preparation.

Coatsworth, J.D., **Wendt, K.E.**, Lunkenheimer, E.S., & Cleavinger, E.J. Effects of brief mindfulness induction on parents' autonomic mode during challenging parent-child interactions. Manuscript in preparation.

Wendt, K.E., Coatsworth, J.D., Lunkenheimer, E.S., & Cleavinger, E.J. Individual moderators of brief mindfulness induction on parents' autonomic mode. Manuscript in preparation.

Biedermann, A., Coatsworth, J.D., **Wendt, K.E.**, & Lunkenheimer, E.S. Effects of brief mindfulness induction on parents' mood regulation during challenging parent-child interactions.

Presentations

Prendergast, S., Miller, R., **Wendt, K.E.**, Klinedinst, T., & Gerst, K. (2019, May). Informing precision prevention using latent class analysis. Presentation in the Sloboda & Bukoski Cup at the Society for Prevention Research Annual Meeting, San Francisco, CA.

Wendt, K.E., Coatsworth, J.D., Lunkenheimer, E.S., & Cleavinger, E.J. (2019, May). Effects of mindfulness induction on parents' parasympathetic activity in parent-child interactions. Poster presented at Society for Prevention Research Annual Meeting, San Francisco, CA.

Toll, R., George, M.R., Duey, S., Nichols, K., Riggs, N.R., & **Wendt, K.E.** (2018, May). Promoting innovation in prevention science. Special Interest Group at Society for Prevention Research Annual Meeting, Washington, D.C.

Wendt, K.E. & Coatsworth, J.D. (2018, April). Exploring moderators of mindfulness training on parental physiological regulation and mood. Paper presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.

Wendt, K.E., Skoranski, A.M., & Lunkenheimer, E.S. (2017, April). Maternal depression moderates the relationship between mother-child coregulation and child emotion regulation. Poster presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.

Software Development

Wendt, K.E. & Zhang, S. psyphr: An open source R package to wrangle psychophysiological data from proprietary systems. In active development.

Honors & Awards

Graduate

RStudio Travel Award for R/Pharma	2019
R/Pharma Travel Award	2019
Pearl E. Betts Graduate Scholarship	2019
HDFS Department Travel Grant (Society for Prevention Research)	2019
SPR Early Career Preventionist Network (ECPN) Travel Award	2019
Uncoast Unconf Travel Grant	2019
CSU Graduate School Travel Grant (Uncoast Unconf)	2019
Departmental Travel Grant (Uncoast Unconf)	2019
Colorado State University Graduate Fellowship	2018
National Science Foundation Graduate Research Fellowship	2018 - 2023

Undergraduate

College of Health & Human Sciences Outstanding Graduate	2018
Albert C. and Ann E. Yates Pacesetter Scholarship	2017
Anne Blair Scholarship	2017
College of Health and Human Sciences Students First Scholarship	2016
Spots Scholarship	2015

Honors Scholarship	2014 - 2018
Green & Gold Scholarship	2014 - 2018

Professional Membership

Society for Prevention Research (SPR)	2018 - Present
SPR Early Career Preventionist Network (ECPN)	2018 - Present
European Society for Prevention Research (EUSPR)	2018 - Present
EUSPR Early Career Forum (ECF)	2018 - Present

Teaching & Mentoring Experience

Colorado State University	2018 - Present
Graduate School and Fellowship Application Mentor	
HDFS Department, Colorado State University	Fall 2016
Undergraduate Teaching Assistant for Infant & Child Development	
Office of International Programs, Colorado State University	2016
Exchange Student Mentor	
African Impact & Colorado State University, Livingstone, Zambia	Summer 2015
Teaching Volunteer	

Service

Professional

Society for Prevention Research (SPR)	2018 - Present
Abstract Student-Reviewer	
Symposium Moderator	
SPR Early Career Preventionist Network (ECPN)	2018 - Present
Steering Committee Member	
Awards Subcommittee Member	
European Society for Prevention Research (EUSPR)	2018 - Present
Abstract Student-Reviewer	

University & Department

Graduate Student Council (GSC), Colorado State University	2018 - Present
Department Representative	
Travel Award Reviewer	
<i>Journal of Undergraduate Research</i>, Colorado State University	2018 - Present

Graduate Referee

The Graduate School, Colorado State University

Reviewer - NSF GRFP Writing Workshop

October 2, 2018

Panelist - NSF GRFP Informational Session

August 28, 2018

Department of Human Development and Family Studies (HDFS)

2019 - Present

Speaker Series Coordinator

Community

Center for Public Deliberation

2016 - Present

Community Associate

Director: Martín Carcasson, Ph.D.

Kids at Heart, Fort Collins & Loveland, CO

2014 - 2017

Group Leader

Pathways Hospice and Palliative Care, Fort Collins, CO

2016

Volunteer

Computer Skills

R language and extras (e.g., RStudio, R Markdown, Shiny)

Git and GitHub

SPSS (although I actively avoid using it)

Professional Development Activities

R/Pharma conference

August 21-23, 2019

Uncoast Unconf with R

April 14-16, 2019

NIH Grant-Writing Workshop, Dr. Maria Esformes

August 3, 2018

Heart Rate Variability Seminar, Dr. Gary Berntson

June 9-10, 2018

Bayesian Causal Mediation Analysis Workshop, Dr. David MacKinnon et al.

May 29, 2018

Mental Health-Education Integration Consortium (MHEDIC)

May 3-4, 2018