

Kathleen Ellen Wendt

Graduate Student

Behavioral Sciences Building 438/439 · Colorado State University · Fort Collins, CO

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Education

Colorado State University, Ph.D. in Applied Developmental Science Expected 2023

Colorado State University, M.S. in Prevention Science Expected 2020

Colorado State University, B.S. in Human Development and Family Studies 2018

Research Experience

Child Trauma and Resilience Assessment Center, Director: Stephanie Seng, M.S.

Intern Fall 2017

Tasks: Administrative and research support for SAMHSA-funded trauma-informed care and state-wide training (PI: Lise Youngblade, Ph.D.).

Mindfulness and Family Resilience Laboratory, Director & Principal Investigator: J. Douglas Coatsworth, Ph.D.

Lab Manager 2016 - Present

Tasks: Project management administration; data collection and analysis; technical and scientific writing; and recruitment, training, mentorship, and management of 10+ undergraduate research assistants.

Current Studies

1. *Mindful Parent Observational Study*: Comparing behavioral and affective indicators in parent-youth interactions after randomized controlled trial of Mindfulness-enhanced Strengthening Families Program
2. *Project Mind-Heart*: Investigating effects of parental mindfulness induction on individual and dyadic patterns of parasympathetic, affective, and behavioral processes during a challenging parent-child interaction

Parenting Young Children Project, Principal Investigator: Erika S. Lunkenheimer, Ph.D.

Project Manager 2015 - 2018

Tasks: Project management; grant administration; participant recruitment; data collection and analysis.

Cognitive Neuroimaging Laboratory, Director & Principal Investigator: Carol A. Seger, Ph.D.

Honors Undergraduate Research Scholar 2014 - 2015

Tasks: Data collection and management.

Publications

Book Chapters

1. **Wendt, K.E.** (2015). Zikomo kukumana: "Nice to meet you" In *A friend is someone you share the path with* (pp. 111-135). Fort Collins, CO: Colorado State University.

Journal Articles

1. Skoranski, A.M., Lunkenheimer, E.S., & **Wendt, K.E.** (Under review). Flexible or inconsistent? The impact of parent-child dyadic flexibility on child emotion regulation varies by maternal depressive symptoms. *Parenting: Science and Practice*.

Presentations

Conferences

1. Toll, R., George, M.R., Duey, S., Nichols, K., Riggs, N.R., & **Wendt, K.E.** (2018, May). Promoting innovation in prevention science. Brown Bag Special Interest Group at Society for Prevention Research Annual Meeting, Washington, D.C.
2. **Wendt, K.E.** & Coatsworth, J.D. (2018, April). Exploring moderators of mindfulness training on parental physiological regulation and mood. Paper presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.
3. **Wendt, K.E.**, Skoranski, A.M., & Lunkenheimer, E.S. (2017, April). Maternal depression moderates the relationship between mother-child coregulation and child emotion regulation. Poster presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.

Invited Talks (Panels)

- 1.

2018 HDFS Graduate Programs ConX Panelist (CSU) 2018 PsiChi Honors Society Session Panelist (CSU) 2018 NSF Graduate Research Fellowship Program Writing Workshop Advisor (CSU) 2018 NSF Graduate Research Fellowship Program Informational Session Panelist (CSU)

Extramural Funding

1. National Science Foundation Graduate Research Fellowship 2018 - 2023

Intra-University Honors & Awards

1. Colorado State Graduate Fellowship 2018
2. University Honors Scholar (B.S.) 2018
3. *Summa Cum Laude* distinction (B.S.) 2018
4. College of Health & Human Sciences Outstanding Graduate 2018
5. Albert C. and Ann E. Yates Pacesetter Scholarship 2017
6. Anne Blair Scholarship 2017

7. Presidential Ambassador Finalist	2017
8. Harry S. Truman Foundation Scholarship Institutional Nominee	2016
9. College of Health and Human Sciences Students First Scholarship	2016
10. Spots Scholarship	2015
11. Honors Scholarship	2014
12. Green & Gold Scholarship	2014

Professional Membership

Society for Prevention Research (SPR) Early Career Preventionist Network (ECPN)

<i>Steering Committee Member</i>	2018 - Present
<i>Awards Subcommittee Member</i>	2018 - Present

European Society for Prevention Research (EUSPR)

<i>Early Career Forum (ECF) Member</i>	2018 - Present
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CSU Graduate Student Council

<i>Department Representative</i>	2018 - Present
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Professional Service

Department of Human Development and Family Studies, Colorado State University

<i>Coordinator of Guest Speaker Series</i>	2019 - Present
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Society for Prevention Research

<i>Abstract Student-Reviewer</i>	2018 - Present
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Journal of Undergraduate Research, Colorado State University

<i>Graduate Referee</i>	2018 - Present
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Professional Development

1. National Institutes of Health (NIH) Grant-Writing Workshop (August 3, 2018) via Grant Training Center (Maria Esformes, Ph.D.)
2. Heart Rate Variability Seminar (June 9-10, 2018), MindWare Technologies with Dr. Gary Berntson
3. Society for Prevention Research Preconference Workshop on Bayesian Causal Mediation Analysis (May 29, 2018) with Dr. David Mackinnon et al.

Teaching and Mentoring Experience

References