Kathleen Ellen Wendt

Graduate Student

Behavioral Sciences Building 438/439 · Colorado State University · Fort Collins, CO

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Education

Colorado State University, Ph.D. in Applied Developmental Science   Expected 2023

Colorado State University, M.S. in Prevention Science   Expected 2020

Colorado State University, B.S. in Human Development and Family Studies   2018

Research Experience

Child Trauma and Resilience Assessment Center, Director: Stephanie Seng, M.S.

Intern   Fall 2017

Tasks: Administrative and research support for SAMHSA-funded trauma-informed care and state-wide training (PI: Lise Youngblade, Ph.D.).

Mindfulness and Family Resilience Laboratory, Director & Principal Investigator: J. Douglas Coatsworth, Ph.D.

Lab Manager   2016 - Present

Tasks: Project management administration; data collection and analysis; technical and scientific writing; and recruitment, training, mentorship, and management of 10+ undergraduate research assistants.

Current Studies

1. *Mindful Parent Observational Study* (MPOS): Analyzing behavioral and affective indicators in parent-youth interactions after randomized controlled trial of Mindfulness-enhanced Strengthening Families Program

2. *Project Mind-Heart* (PMH): Investigating effects of parental mindfulness induction on individual and dyadic patterns of parasympathetic, affective, and behavioral processes during a challenging parent-child interaction

Parenting Young Children Project, Principal Investigator: Erika S. Lunkenheimer, Ph.D.

Project Manager   2015 - 2018

Tasks: Project management; grant administration; participant recruitment; data collection and analysis.

Cognitive Neuroimaging Laboratory, Director & Principal Investigator: Carol A. Seger, Ph.D.

Honors Undergraduate Research Scholar   2014 - 2015

Tasks: Data collection and management.

Publications

Journal Articles

1. Skoranski, A.M., Lunkenheimer, E.S., & **Wendt, K.E.** (Under review). Flexible or inconsistent? The impact of parent-child dyadic flexibility on child emotion regulation varies by maternal depressive symptoms. *Parenting: Science and Practice.*

Book Chapters

1. **Wendt, K.E.** (2015). Zikomo kukumana: "Nice to meet you" In *A friend is someone you share the path with* (pp. 111-135). Fort Collins, CO: Colorado State University.

Presentations

1. Toll, R., George, M.R., Duey, S., Nichols, K., Riggs, N.R., & **Wendt, K.E.** (2018, May). Promoting innovation in prevention science. Brown Bag Special Interest Group at Society for Prevention Research Annual Meeting, Washington, D.C.
2. **Wendt, K.E.** & Coatsworth, J.D. (2018, April). Exploring moderators of mindfulness training on parental physiological regulation and mood. Paper presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.
3. **Wendt, K.E.**, Skoranski, A.M., & Lunkenheimer, E.S. (2017, April). Maternal depression moderates the relationship between mother-child coregulation and child emotion regulation. Poster presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.

Extramural Funding

1. National Science Foundation (NSF) Graduate Research Fellowship (via GRFP)   2018 - 2023

Intra-Unversity Honors & Awards

1. Colorado State Graduate Fellowship	2018
2. University Honors Scholar	2018
3. *Summa Cum Laude* distinction (B.S.)	2018
4. College of Health & Human Sciences Outstanding Graduate	2018
5. Albert C. and Ann E. Yates Pacesetter Scholarship	2017
6. Anne Blair Scholarship	2017
7. Presidential Ambassador Finalist	2017
8. Harry S. Truman Foundation Scholarship Institutional Nominee	2016
9. College of Health and Human Sciences Students First Scholarship	2016
10. Spots Scholarship	2015
11. Honors Scholarship	2014
12. Green & Gold Scholarship	2014

Professional Membership & Service

Department of Human Development and Family Studies (HDFS), Colorado State University

Brown Bag Series Coordinator	2019 - Present
Invited Panelist - HDFS Graduate Programs Informational Meeting	November 8, 2018

Intercollegiate Studies Institute (ISI), Colorado State University

Financial Officer	2018 - Present

Society for Prevention Research (SPR)

Abstract Student-Reviewer	2018 - Present

SPR Early Career Preventionist Network (ECPN)

Steering Committee Member	2018 - Present
Awards Subcommittee Member	2018 - Present

European Society for Prevention Research (EUSPR)

Early Career Forum (ECF) Member	2018 - Present

Graduate Student Council (GSC), Colorado State University

Department Representative	2018 - Present

Journal of Undergraduate Research, Colorado State University

Graduate Referee	2018 - Present

PsiChi Honors Society, Colorado State University

Invited Panelist - Graduate School Informational Meeting	November 5, 2018

The Graduate School, Colorado State University

Reviewer - NSF GRFP Writing Workshop	October 2, 2018
Invited Panelist - NSF GRFP Informational Session	August 28, 2018

Teaching & Mentoring Experience

Colorado State University

Graduate School and Fellowship Application Mentor	2018 - Present

Department of Human Development and Family Studies (HDFS), Colorado State University

Undergraduate Teaching Assistant - Infant & Child Development	Fall 2016

Office of International Programs, Colorado State University

Exchange Student Mentor	2016

African Impact & Colorado State University, Livingstone, Zambia

Teaching Volunteer	Summer 2015

Community Involvement

Center for Public Deliberation, Director: Martín Carcasson, Ph.D.

Community Associate 2017 - Present

Senior Associate 2017

Student Associate 2016

Kids at Heart, Fort Collins & Loveland, CO

Group Leader 2014 - 2017

Pathways Hospice and Palliative Care, Fort Collins, CO

Volunteer 2016

Professional Development

1. NIH Grant-Writing Workshop, Dr. Maria Esformes   August 3, 2018
2. MindWare Heart Rate Variability Seminar, Dr. Gary Berntson   June 9-10, 2018
3. Bayesian Causal Mediation Analysis Workshop, Dr. David MacKinnon et al.   May 29, 2018
4. Mental Health-Education Integration Consortium (MHEDIC)   May 3-4, 2018

Computer Skills

Proficient in SPSS, R, and Microsoft Office (Word, Excel, PowerPoint)

Exposure to R package development, web application development (via Shiny and Leaflet), and supercomputing