


Kathleen Ellen Wendt

NSF Graduate Research Fellow | CSU Graduate Fellow | Graduate Student
Behavioral Sciences Building 438/439 · Colorado State University · Fort Collins, CO
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Education

Colorado State University, Ph.D. in Applied Developmental Science Expected 2023
Colorado State University, M.S. in Prevention Science Expected 2020
Colorado State University, B.S. in Human Development and Family Studies 2018
University Honors Scholar & *Summa Cum Laude* distinction

Research Experience

Mindfulness and Family Resilience Laboratory, Lab Manager 2016 - Present

Director & Principal Investigator: J. Douglas Coatsworth, Ph.D. - more detail Project management administration; data collection and analysis; technical and scientific writing; recruitment, training, mentorship, and management of 10+ undergraduate research assistants

Current Studies

1. *Mindful Parent Observational Study* (MPOS): Code and analyze behavioral and affective indicators in structured parent-youth interaction completed as part of randomized controlled trial of Mindfulness-enhanced Strengthening Families Program (MSFP)
2. *Project Mind-Heart* (PMH): Investigate effects of parental mindfulness induction on individual and dyadic patterns of parasympathetic, affective, and behavioral indicators during challenging parent-child interaction

Child Trauma and Resilience Assessment Center, Intern Fall 2017

Director: Stephanie Seng, M.S.

Administrative and research support - more detail - for SAMHSA-funded trauma-informed care and state-wide training (PI: Lise Youngblade, Ph.D.)

Parenting Young Children Project, Project Manager 2015 - 2018

Principal Investigator: Erika S. Lunkenheimer, Ph.D.

NIH-funded Ko1 project using cutting-edge physiological and observational procedures to explore parents' and young children's (2.5 to 4 years old) dyadic coordination of emotions, goal-oriented behaviors, and physiology over time.

Project management; grant administration; participant recruitment; data collection and analysis

Cognitive Neuroimaging Laboratory, Honors Undergraduate Research Scholar 2014 - 2015

Director & Principal Investigator: Carol A. Seger, Ph.D.

Data collection and management - describe

Publications

Journal Articles

1. Skoranski, A.M., Lunkenheimer, E.S., & **Wendt, K.E.**. Flexible or inconsistent? The impact of parent-child dyadic flexibility on child emotion regulation varies by maternal depressive symptoms. Manuscript submitted for publication.
2. Coatsworth, J.D., **Wendt, K.E.**, Lunkenheimer, E.S., & Cleavinger, E.J. Effects of parental mindfulness induction on physiological regulation and mood during challenging parent-child interactions. Manuscript in preparation.
3. **Wendt, K.E.**, Coatsworth, J.D., Lunkenheimer, E.S., & Cleavinger, E.J. Parental moderators of effects of mindfulness induction on parent-child interactions. Manuscript in preparation.

Book Chapters

1. **Wendt, K.E.** (2015). Zikomo kukumana: "Nice to meet you" In *A friend is someone you share the path with* (pp. 111-135). Fort Collins, CO: Colorado State University.

Presentations

1. **Wendt, K.E.**, Coatsworth, J.D., Lunkenheimer, E.S., & Cleavinger, E.J. (Abstract in review). Effects of parental mindfulness meditation on respiratory sinus arrhythmia and mood during challenging parent-child interactions. Poster to be presented at Society for Prevention Research Annual Meeting, San Francisco, CA.
2. Toll, R., George, M.R., Duey, S., Nichols, K., Riggs, N.R., & **Wendt, K.E.** (2018, May). Promoting innovation in prevention science. Brown Bag Special Interest Group at Society for Prevention Research Annual Meeting, Washington, D.C.
3. **Wendt, K.E.** & Coatsworth, J.D. (2018, April). Exploring moderators of mindfulness training on parental physiological regulation and mood. Paper presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.
4. **Wendt, K.E.**, Skoranski, A.M., & Lunkenheimer, E.S. (2017, April). Maternal depression moderates the relationship between mother-child coregulation and child emotion regulation. Poster presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.

Honors & Awards

Colorado State Graduate Fellowship	2018
College of Health & Human Sciences Outstanding Graduate	2018
National Science Foundation (NSF) Graduate Research Fellowship	2018 - 2023
Albert C. and Ann E. Yates Pacesetter Scholarship	2017
Anne Blair Scholarship	2017
College of Health and Human Sciences Students First Scholarship	2016
Spots Scholarship	2015

Honors Scholarship	2014 - 2018
Green & Gold Scholarship	2014 - 2018

Professional Membership & Service

Society for Prevention Research (SPR)	2018 - Present
Abstract Student-Reviewer	
SPR Early Career Preventionist Network (ECPN)	2018 - Present
Steering Committee Member	
Awards Subcommittee Member	
European Society for Prevention Research (EUSPR)	2018 - Present
Early Career Forum (ECF) Member	

University Membership & Service

Graduate Student Council (GSC), Colorado State University	2018 - Present
Department Representative	
Intercollegiate Studies Institute (ISI), Colorado State University	2018 - Present
Financial Officer	
<i>Journal of Undergraduate Research</i> , Colorado State University	2018 - Present
Graduate Referee	
The Graduate School, Colorado State University	
Reviewer - NSF GRFP Writing Workshop	October 2, 2018
Panelist - NSF GRFP Informational Session	August 28, 2018

Departmental Service

Department of Human Development and Family Studies (HDFS)	2019 - Present
Brown Bag Series Coordinator	

Teaching & Mentoring Experience

Colorado State University	2018 - Present
Graduate School and Fellowship Application Mentor	
HDFS Department, Colorado State University	Fall 2016
Undergraduate Teaching Assistant - Infant & Child Development	
Office of International Programs, Colorado State University	2016

Exchange Student Mentor

African Impact & Colorado State University, Livingstone, Zambia

Summer 2015

Teaching Volunteer

Community Involvement

Center for Public Deliberation

2016 - Present

Community Associate

Director: Martín Carcasson, Ph.D.

Kids at Heart, Fort Collins & Loveland, CO

2014 - 2017

Group Leader

Pathways Hospice and Palliative Care, Fort Collins, CO

2016

Volunteer

Professional Development

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| 1. NIH Grant-Writing Workshop, Dr. Maria Esformes | August 3, 2018 |
| 2. MindWare Heart Rate Variability Seminar, Dr. Gary Berntson | June 9-10, 2018 |
| 3. Bayesian Causal Mediation Analysis Workshop, Dr. David MacKinnon et al. | May 29, 2018 |
| 4. Mental Health-Education Integration Consortium (MHEDIC) | May 3-4, 2018 |

Computer Skills

Proficient in SPSS, R, and Microsoft Office (Word, Excel, PowerPoint)

Exposure to R package development, web application development (via Shiny and Leaflet), and supercomputing