

Kathleen Ellen Wendt

Graduate Student

Behavioral Sciences Building 438/439 · Colorado State University · Fort Collins, CO

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Education

Colorado State University, Ph.D. in Applied Developmental Science Expected 2023

Colorado State University, M.S. in Prevention Science Expected 2020

Colorado State University, B.S. in Human Development and Family Studies 2018

Research Experience

Child Trauma and Resilience Assessment Center, Director: Stephanie Seng, M.S.

Intern Fall 2017

Tasks: Administrative and research support for SAMHSA-funded trauma-informed care and state-wide training (PI: Lise Youngblade, Ph.D.).

Mindfulness and Family Resilience Laboratory, Director & Principal Investigator: J. Douglas Coatsworth, Ph.D.

Lab Manager 2016 - Present

Tasks: Project management administration; data collection and analysis; technical and scientific writing; and recruitment, training, mentorship, and management of 10+ undergraduate research assistants.

Current Studies

1. *Mindful Parent Observational Study* (MPOS): Analyzing behavioral and affective indicators in parent-youth interactions after randomized controlled trial of Mindfulness-enhanced Strengthening Families Program
2. *Project Mind-Heart* (PMH): Investigating effects of parental mindfulness induction on individual and dyadic patterns of parasympathetic, affective, and behavioral processes during a challenging parent-child interaction

Parenting Young Children Project, Principal Investigator: Erika S. Lunkenheimer, Ph.D.

Project Manager 2015 - 2018

Tasks: Project management; grant administration; participant recruitment; data collection and analysis.

Cognitive Neuroimaging Laboratory, Director & Principal Investigator: Carol A. Seger, Ph.D.

Honors Undergraduate Research Scholar 2014 - 2015

Tasks: Data collection and management.

Publications

Journal Articles

1. Skoranski, A.M., Lunkenheimer, E.S., & **Wendt, K.E.** (Under review). Flexible or inconsistent? The impact of parent-child dyadic flexibility on child emotion regulation varies by maternal depressive symptoms. *Parenting: Science and Practice*.

Book Chapters

1. **Wendt, K.E.** (2015). Zikomo kukumana: "Nice to meet you" In *A friend is someone you share the path with* (pp. 111-135). Fort Collins, CO: Colorado State University.

Presentations

1. Toll, R., George, M.R., Duey, S., Nichols, K., Riggs, N.R., & **Wendt, K.E.** (2018, May). Promoting innovation in prevention science. Brown Bag Special Interest Group at Society for Prevention Research Annual Meeting, Washington, D.C.
2. **Wendt, K.E.** & Coatsworth, J.D. (2018, April). Exploring moderators of mindfulness training on parental physiological regulation and mood. Paper presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.
3. **Wendt, K.E.**, Skoranski, A.M., & Lunkenheimer, E.S. (2017, April). Maternal depression moderates the relationship between mother-child coregulation and child emotion regulation. Poster presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.

Extramural Funding

1. National Science Foundation (NSF) Graduate Research Fellowship (via GRFP) 2018 - 2023

Intra-University Honors & Awards

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| 1. Colorado State Graduate Fellowship | 2018 |
| 2. University Honors Scholar | 2018 |
| 3. <i>Summa Cum Laude</i> distinction (B.S.) | 2018 |
| 4. College of Health & Human Sciences Outstanding Graduate | 2018 |
| 5. Albert C. and Ann E. Yates Pacesetter Scholarship | 2017 |
| 6. Anne Blair Scholarship | 2017 |
| 7. Presidential Ambassador Finalist | 2017 |
| 8. Harry S. Truman Foundation Scholarship Institutional Nominee | 2016 |
| 9. College of Health and Human Sciences Students First Scholarship | 2016 |
| 10. Spots Scholarship | 2015 |
| 11. Honors Scholarship | 2014 |
| 12. Green & Gold Scholarship | 2014 |

Professional Membership & Service

Society for Prevention Research (SPR)

Abstract Student-Reviewer 2018 - Present

SPR Early Career Preventionist Network (ECPN)

Steering Committee Member 2018 - Present

Awards Subcommittee Member 2018 - Present

European Society for Prevention Research (EUSPR)

Early Career Forum (ECF) Member 2018 - Present

University Membership & Service

Department of Human Development and Family Studies (HDFS), Colorado State University

Brown Bag Series Coordinator 2019 - Present

Invited Panelist - HDFS Graduate Programs Informational Meeting November 8, 2018

Intercollegiate Studies Institute (ISI), Colorado State University

Financial Officer 2018 - Present

Graduate Student Council (GSC), Colorado State University

Department Representative 2018 - Present

Journal of Undergraduate Research, Colorado State University

Graduate Referee 2018 - Present

PsiChi Honors Society, Colorado State University

Invited Panelist - Graduate School Informational Meeting November 5, 2018

The Graduate School, Colorado State University

Reviewer - NSF GRFP Writing Workshop October 2, 2018

Invited Panelist - NSF GRFP Informational Session August 28, 2018

Teaching & Mentoring Experience

Colorado State University

Graduate School and Fellowship Application Mentor 2018 - Present

Department of Human Development and Family Studies (HDFS), Colorado State University

Undergraduate Teaching Assistant - Infant & Child Development Fall 2016

Office of International Programs, Colorado State University

Exchange Student Mentor 2016

African Impact & Colorado State University, Livingstone, Zambia

Teaching Volunteer

Summer 2015

Community Involvement

Center for Public Deliberation, Director: Martín Carcasson, Ph.D.

Community Associate

2017 - Present

Senior Associate

2017

Student Associate

2016

Kids at Heart, Fort Collins & Loveland, CO

Group Leader

2014 - 2017

Pathways Hospice and Palliative Care, Fort Collins, CO

Volunteer

2016

Professional Development

1. NIH Grant-Writing Workshop, Dr. Maria Esformes August 3, 2018
2. MindWare Heart Rate Variability Seminar, Dr. Gary Berntson June 9-10, 2018
3. Bayesian Causal Mediation Analysis Workshop, Dr. David MacKinnon et al. May 29, 2018
4. Mental Health-Education Integration Consortium (MHEDIC) May 3-4, 2018

Computer Skills

Proficient in SPSS, R, and Microsoft Office (Word, Excel, PowerPoint)

Exposure to R package development, web application development (via Shiny and Leaflet), and supercomputing