

# Kathleen Ellen Wendt

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Graduate Student

Behavioral Sciences Building 438/439 · Colorado State University · Fort Collins, CO

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## Education

Colorado State University, Ph.D. in Applied Developmental Science Expected 2023

Colorado State University, M.S. in Prevention Science Expected 2020

Colorado State University, B.S. in Human Development and Family Studies 2018

## Research Experience

**Child Trauma and Resilience Assessment Center**, Director: Stephanie Seng, M.S.

*Intern* Fall 2017

Tasks: Administrative and research support for SAMHSA-funded trauma-informed care and state-wide training (PI: Lise Youngblade, Ph.D.).

**Mindfulness and Family Resilience Laboratory**, Director & Principal Investigator: J. Douglas Coatsworth, Ph.D.

*Lab Manager* 2016 - Present

Tasks: Project management administration; data collection and analysis; technical and scientific writing; and recruitment, training, mentorship, and management of 10+ undergraduate research assistants.

## Current Studies

1. *Mindful Parent Observational Study*: Comparing behavioral and affective indicators in parent-youth interactions after randomized controlled trial of Mindfulness-enhanced Strengthening Families Program
2. *Project Mind-Heart*: Investigating effects of parental mindfulness induction on individual and dyadic patterns of parasympathetic, affective, and behavioral processes during a challenging parent-child interaction

**Parenting Young Children Project**, Principal Investigator: Erika S. Lunkenheimer, Ph.D.

*Project Manager* 2015 - 2018

Tasks: Project management; grant administration; participant recruitment; data collection and analysis.

**Cognitive Neuroimaging Laboratory**, Director & Principal Investigator: Carol A. Seger, Ph.D.

*Honors Undergraduate Research Scholar* 2014 - 2015

Tasks: Data collection and management.

## Publications

### Book Chapters

1. **Wendt, K.E.** (2015). Zikomo kukumana: "Nice to meet you" In *A friend is someone you share the path with* (pp. 111-135). Fort Collins, CO: Colorado State University.

### Journal Articles

1. Skoranski, A.M., Lunkenheimer, E.S., & **Wendt, K.E.** (Under review). Flexible or inconsistent? The impact of parent-child dyadic flexibility on child emotion regulation varies by maternal depressive symptoms. *Parenting: Science and Practice*.

## Presentations

### Conferences

1. Toll, R., George, M.R., Duey, S., Nichols, K., Riggs, N.R., & **Wendt, K.E.** (2018, May). Promoting innovation in prevention science. Brown Bag Special Interest Group at Society for Prevention Research Annual Meeting, Washington, D.C.
2. **Wendt, K.E.** & Coatsworth, J.D. (2018, April). Exploring moderators of mindfulness training on parental physiological regulation and mood. Paper presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.
3. **Wendt, K.E.**, Skoranski, A.M., & Lunkenheimer, E.S. (2017, April). Maternal depression moderates the relationship between mother-child coregulation and child emotion regulation. Poster presented at Celebrate Undergraduate Research and Creativity Showcase, Colorado State University, Fort Collins, CO.

## Extramural Funding

1. National Science Foundation Graduate Research Fellowship 2018 - 2023

## Intra-University Honors & Awards

1. Colorado State Graduate Fellowship 2018
2. University Honors Scholar (B.S.) 2018
3. *Summa Cum Laude* distinction (B.S.) 2018
4. College of Health & Human Sciences Outstanding Graduate 2018
5. Albert C. and Ann E. Yates Pacesetter Scholarship 2017
6. Anne Blair Scholarship 2017
7. Presidential Ambassador Finalist 2017
8. Harry S. Truman Foundation Scholarship Institutional Nominee 2016
9. College of Health and Human Sciences Students First Scholarship 2016
10. Spots Scholarship 2015
11. Honors Scholarship 2014
12. Green & Gold Scholarship 2014

## Professional Membership & Service

### Department of Human Development and Family Studies, Colorado State University

*Coordinator of Guest Speaker Series* 2019 - Present

*Invited Panelist* - HDFS Graduate Programs Informational Meeting November 8, 2018

### Society for Prevention Research (SPR)

*Abstract Student-Reviewer* 2018 - Present

### SPR Early Career Preventionist Network (ECPN)

*Steering Committee Member* 2018 - Present

*Awards Subcommittee Member* 2018 - Present

### European Society for Prevention Research (EUSPR)

*Early Career Forum (ECF) Member* 2018 - Present

### Graduate Student Council (GSC), Colorado State University

*Department Representative* 2018 - Present

### *Journal of Undergraduate Research*, Colorado State University

*Graduate Referee* 2018 - Present

### PsiChi Honors Society, Colorado State University

*Invited Panelist* - Graduate School Informational Meeting November 5, 2018

### The Graduate School, Colorado State University

*Invited Panelist* - NSF GRFP Informational Session August 28, 2018

*Reviewer* - NSF GRFP Writing Workshop October 2, 2018

## Professional Development

1. National Institutes of Health (NIH) Grant-Writing Workshop (August 3, 2018) via Grant Training Center (Maria Esformes, Ph.D.)
2. Heart Rate Variability Seminar (June 9-10, 2018), MindWare Technologies with Dr. Gary Berntson
3. Society for Prevention Research Preconference Workshop on Bayesian Causal Mediation Analysis (May 29, 2018) with Dr. David Mackinnon et al.

## Teaching and Mentoring Experience

### Computer Skills

Proficient in SPSS, R, and Microsoft Office (Word, Excel, PowerPoint)