

# *Behold, I Am a God of Miracles*

## **Latter-day Saint Widows & Widowers**

### **14<sup>th</sup> Annual Conference**

**March 9-11, 2023**

**University of Utah Institute of Religion**

**1780 S. Campus Drive, Salt Lake City, UT 84112**

*"For behold, I am God; and I am a God of miracles..."*  
*2 Nephi 27:23*

#### **CONFERENCE SCHEDULE – THURSDAY, MARCH 9, 2023**

Choose from the following activities as your schedule allows:

**9:00-12:30** – temple endowment sessions at the Jordan River Temple. Choose a start time between 9:00 and 11:00 a.m. and make an appointment through the Church website

**12:00** – table and chair setup at the institute building – join us if you're able!

#### **Lunch on your own**

**2:00-4:00** – choose one or two activities (only one if you're doing pickleball – you won't have time for anything else)

- Bowling at the University of Utah Union Building (no additional charge, 100 person limit per hour, choose either 2:00 or 3:00)
- Pickleball (Club Pickleball facility at 203 West 9000 South in Sandy - \$20 to pay for the building reservation – must be signed up and paid ahead of time – see [www.ldswidowsandwidowers.com](http://www.ldswidowsandwidowers.com) for details)
- Volleyball and other games (ongoing from 2:00-4:00 in the Institute East Gym)
- Craft projects (Institute Room W101 – must sign up and pay ahead of time – see registration form for details – craft room will also be open on Friday and Saturday)
- Connections (Institute)

**5:00** – Dinner on your own (feel free to get takeout and bring back to the institute)

**7:00** – Barn dance and socializing (Institute East Gym – circle dances and other fun mixers with a dance caller)

**9:00** – Clean up

## CONFERENCE SCHEDULE – FRIDAY, MARCH 10, 2023

<b>9:00</b>	<b>REGISTRATION</b> (main foyer)	<b>WORKSHOP DESCRIPTOR CODES:</b> <b>G</b> -general, for anyone <b>CG</b> -complicated grief <b>NW</b> -newly widowed <b>DRM</b> -Dating or Remarriage <b>K</b> -About Kids
<b>9:30</b>	<b>WELCOME</b> (West Chapel)	
<b>9:45</b>	<b>KEYNOTE SPEAKER: Donald Parry</b> – “Angels: Agents of Light, Love, and Power”	
<b>11:00</b>	<b>WORKSHOPS</b> (6 options – 50 minutes long)	
G	<b>Donald Parry</b> – “Angels: Agents of Light, Love, and Power” continued, Q&A (WCP)	
NW	<b>Kent Allen</b> – The Grieving Process 101 (EMP)	
G	<b>Susie Rose</b> – Finding Strength and Miracles When Least Expected (W206 upstairs)	
DRM	<b>Sharon Colyar</b> – Dating for Widows and Widowers (W215 upstairs)	
G	<b>Carrie Bradley Newby</b> – The Seasoned Widow/er-Discussion Group (E205 upstairs)	
G	<b>Byron Bair</b> – Where Is My Miracle? (E217 upstairs)	
<b>12:00</b>	<b>WORKSHOPS</b> (6 options – 50 minutes long)	
K	<b>Denise Kimber</b> – Parenting Positively Under Any Circumstances (WCP)	
CG	<b>Kent Allen</b> – Complicated Grief (EMP)	
G	<b>Susie Rose</b> – Finding Strength and Miracles When Least Expected (W206 upstairs)	
DRM	<b>Sharon Colyar</b> – Dating for Widows and Widowers (W215 upstairs)	
G	<b>Carrie Bradley Newby</b> – The Seasoned Widow/er - Discussion Group (E205 upstairs)	
G	<b>Richard Rogers</b> – Finances: Empowering Yourself by Taking Inventory and Finding Gratitude (E217 upstairs)	
<b>1:00</b>	<b>LUNCH</b> (West Gym)	
<b>2:30</b>	<b>WORKSHOPS</b> (6 options – 50 minutes long)	
DRM	<b>Kim and Scott Killpack</b> – The Crazy Life of Blending a Family with Learning, Loving, and Laughter (WCP)	
G	<b>Kent Allen</b> – Making New Friends (EMP)	
G	<b>Rosie Ferguson Ouimette</b> – Trusting in the Lord (W206 upstairs)	
K	<b>Esther Reid</b> – Parenting Through Grief: How to Help Children Work Through Difficult Emotions and Develop Resilience (W215 upstairs)	
G	<b>Michelle Lockhart</b> – Healthy Living: Principles and Promises (E205 upstairs)	
G	<b>Scott Wardle</b> – Lazarus Time: Drawing Upon the Power of Jesus Christ in Life and Death (E217 upstairs)	
<b>3:30</b>	<b>WORKSHOPS</b> (6 options – 50 minutes long)	
DRM	<b>Kim and Scott Killpack</b> – The Crazy Life of Blending a Family with Learning, Loving, and Laughter (WCP)	
G	<b>Kent Allen</b> – Thriving, Not Just Surviving (EMP)	
G	<b>Rosie Ferguson Ouimette</b> – You Don’t Have to DIY: Gaining the Confidence to Do It Yourself and the Courage to Ask for Help (W206 upstairs)	
K	<b>Esther Reid</b> – Parenting Through Grief: How to Help Children Work Through Difficult Emotions and Develop Resilience (W215 upstairs)	
G	<b>Michelle Lockhart</b> – Healthy Living: Principles and Promises (E205 upstairs)	
G	<b>Scott Wardle</b> – Lazarus Time: Drawing Upon the Power of Jesus Christ in Life and Death (E217 upstairs)	
<b>4:30</b>	<b>BREAK</b>	
<b>5:00</b>	<b>KEYNOTE SPEAKER: Calvin Stephens</b> (West Chapel)	
<b>6:00</b>	<b>DINNER</b>	
<b>7:30</b>	<b>LINE DANCING, GAMES, KARAOKE, SOCIALIZING</b> (East Gym, Multipurpose Room, Atrium, etc.)	
<b>9:30</b>	<b>CLEAN UP</b>	

**THROUGHOUT THE CONFERENCE, THE FOLLOWING THINGS WILL BE AVAILABLE:**

- 1. 15-minute pre-recorded presentation “A Talk on Sleep with Dr. Eames” (W105)**
- 2. Craft room for completing craft projects signed up for with registration (E101)**
- 3. Come and Go Room for relaxing, visiting, taking a break, etc. (W101)**

## CONFERENCE SCHEDULE – SATURDAY, MARCH 11, 2023

- 9:00 REGISTRATION** (main foyer)
- 9:30 WELCOME** (West Chapel)
- 9:45 KEYNOTE SPEAKERS: Latter-day Saint Widows & Widowers Story/Panel** – “Miracles Among Us”
- 11:00 WORKSHOPS** (6 options – 50 minutes long)
- G **Kristy Ashworth Pack** – Budgeting and Social Security Tips (WCP)
  - NW **Kent Allen** – The Grieving Process 101 (EMP)
  - DRM **Georgia Allred and Jared Belcher** – Marriage Is Ordained of God. So What Now? (W206 upstairs)
  - G/K **Jennie Taylor** – Juggling [Widowed] Life and Kids - Discussion Group (W215 upstairs)
  - G **Six Sisters** – Freezer Meals and Miracles (East Gym)
  - G **Jason Clawson** – Discovering the Miracles: Recognizing Signs of Hope and Inviting Joy Back Into Your Life (E217 upstairs)
- 12:00 WORKSHOPS** (6 options – 50 minutes long)
- G **Kristy Ashworth Pack** – Budgeting and Social Security Tips (WCP)
  - K **Kent Allen** – Kids and Grief (EMP)
  - DRM **Georgia Allred and Jared Belcher** – Marriage Is Ordained of God. So What Now? (W206 upstairs)
  - G/K **Jennie Taylor** – Juggling [Widowed] Life and Kids - Discussion Group (W215 upstairs)
  - G **Six Sisters** – Freezer Meals and Miracles (East Gym)
  - G **Jason Clawson** – Discovering the Miracles: Recognizing Signs of Hope and Inviting Joy Back Into Your Life (E217 upstairs)
- 1:00 GROUP PHOTO**
- 1:10 LUNCH** (West Gym)
- 2:30 WORKSHOPS** (6 options – 50 minutes long)
- K **Camille Winward** – Picking Up the Pieces (WCP)
  - DRM **Kent Allen** – Red Flags of Dating (EMP)
  - DRM **Kim and Scott Killpack** – The Crazy Life of Blending a Family with Learning, Loving, and Laughter (W206 upstairs)
  - G **Jennie Taylor and Kristy Ashworth Pack** – Catch the Vision: If You Can Dream It, You Can Do It (W215 upstairs)
  - G **Rosie Ferguson Ouimette** – Trusting in the Lord (E205 upstairs)
  - G **Brynn Clinger and Tiffany Skelton** – Widow Wifing 101 (Bros Too!): The Importance of Finding Yourself and Your Tribe on This Crazy Adventure (E217 upstairs)
- 3:30 WORKSHOPS** (6 options – 50 minutes long)
- K **Camille Winward** – Picking Up the Pieces (WCP)
  - G **Kent Allen** – Finding Joy on Your Own (EMP)
  - DRM **Kim and Scott Killpack** – The Crazy Life of Blending a Family with Learning, Loving, and Laughter (W206 upstairs)
  - G **Jennie Taylor and Kristy Ashworth Pack** – Catch the Vision: If You Can Dream It, You Can Do It (W215 upstairs)
  - G **Rosie Ferguson Ouimette** – You Don’t Have to DIY: Gaining the Confidence to Do It Yourself and the Courage to Ask for Help (E205 upstairs)
  - G **Brynn Clinger and Tiffany Skelton** – Widow Wifing 101 (Bros Too!): The Importance of Finding Yourself and Your Tribe on This Crazy Adventure (E217 upstairs)
- 4:30 BREAK**
- 5:00 KEYNOTE SPEAKER: Matt Townsend** (West Chapel)
- 6:00 FINAL CLEAN UP**

### WORKSHOP DESCRIPTOR CODES:

**G**-general, for anyone  
**CG**-complicated grief  
**NW**-newly widowed  
**DRM**-Dating or Remarriage  
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