■ quoted estimate ◆ shrinkage estimate

study	estimate	95% CI	
1	-1.61	[-2.14, -1.07]	
2	-0.88	[-1.80, 0.04]	
3	-1.43	[-2.10, -0.76]	
4	-1.52	[-2.47, -0.57]	
5	-1.32	[-1.83, -0.82]	
6	-2.23	[-3.69, -0.78]	
7	-2.56	[-3.31, -1.80]	
8	-1.65	[-2.68, -0.63]	
mean	-1.59	[-1.98, -1.23]	
prediction -1.59 [-2.45 , -0.76] Heterogeneity (tau): 0.270 [0.015, 0.740]			-3.5 -3 -2.5 -2 -1.5 -1 -0.5 0