

NutriPlan



Track Your Nutrition, Transform Your Health!

UCI Master of
Computer Science

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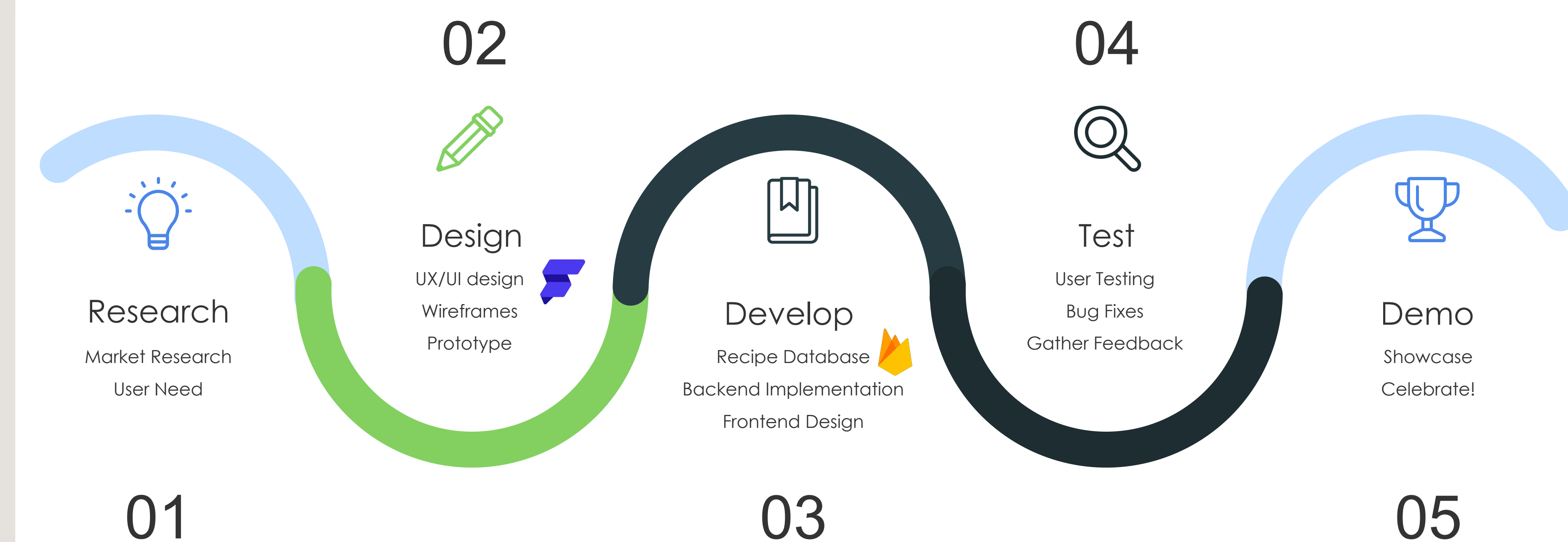
Product Overview

NutriPlan is an all-in-one app for meal planning, nutrition tracking, and fitness goals. It can

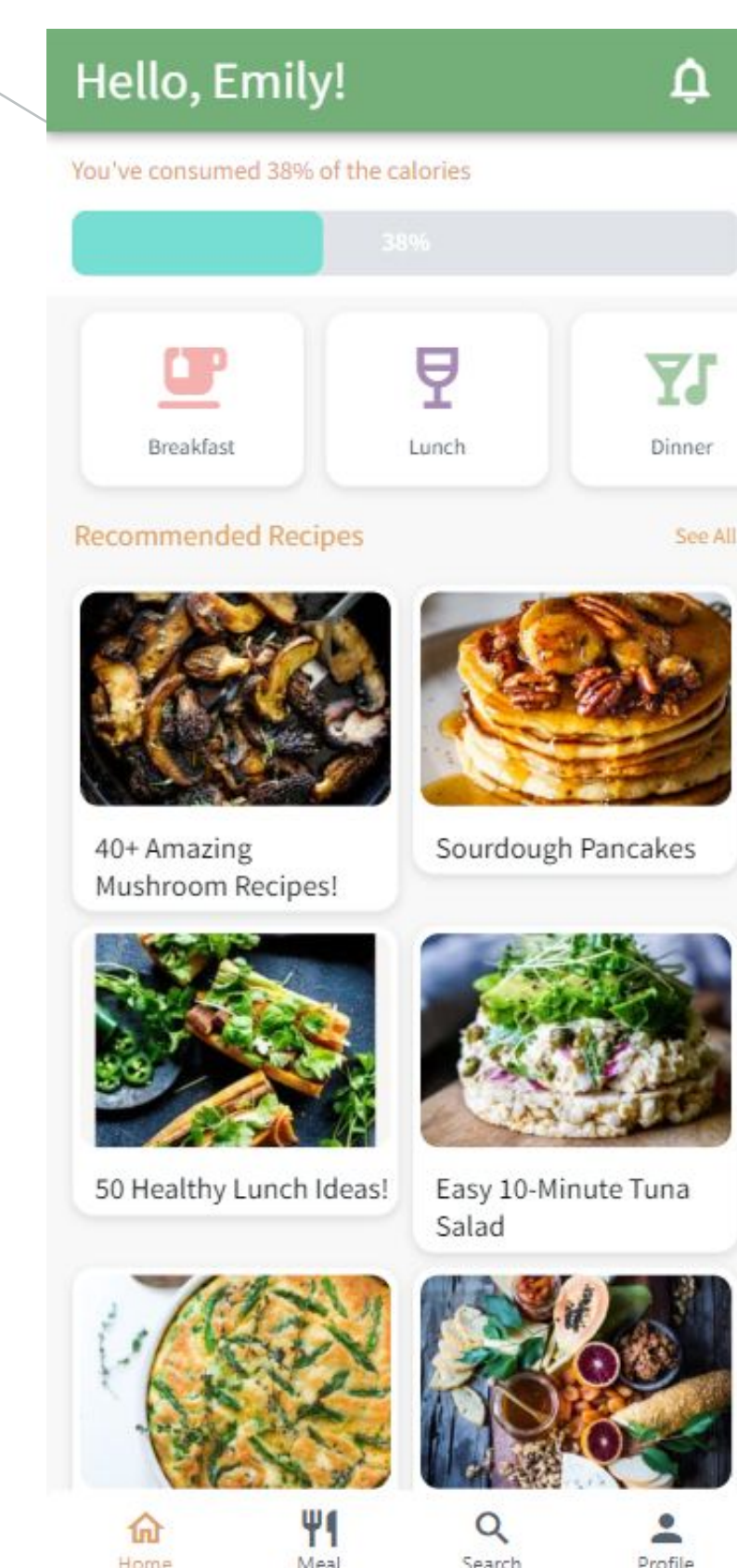
- Provide personalized nutrition plans based on individual requirements.
- Empower users to make informed choices and monitor progress.
- Simplify the process of achieving health and fitness goals.

Market Need

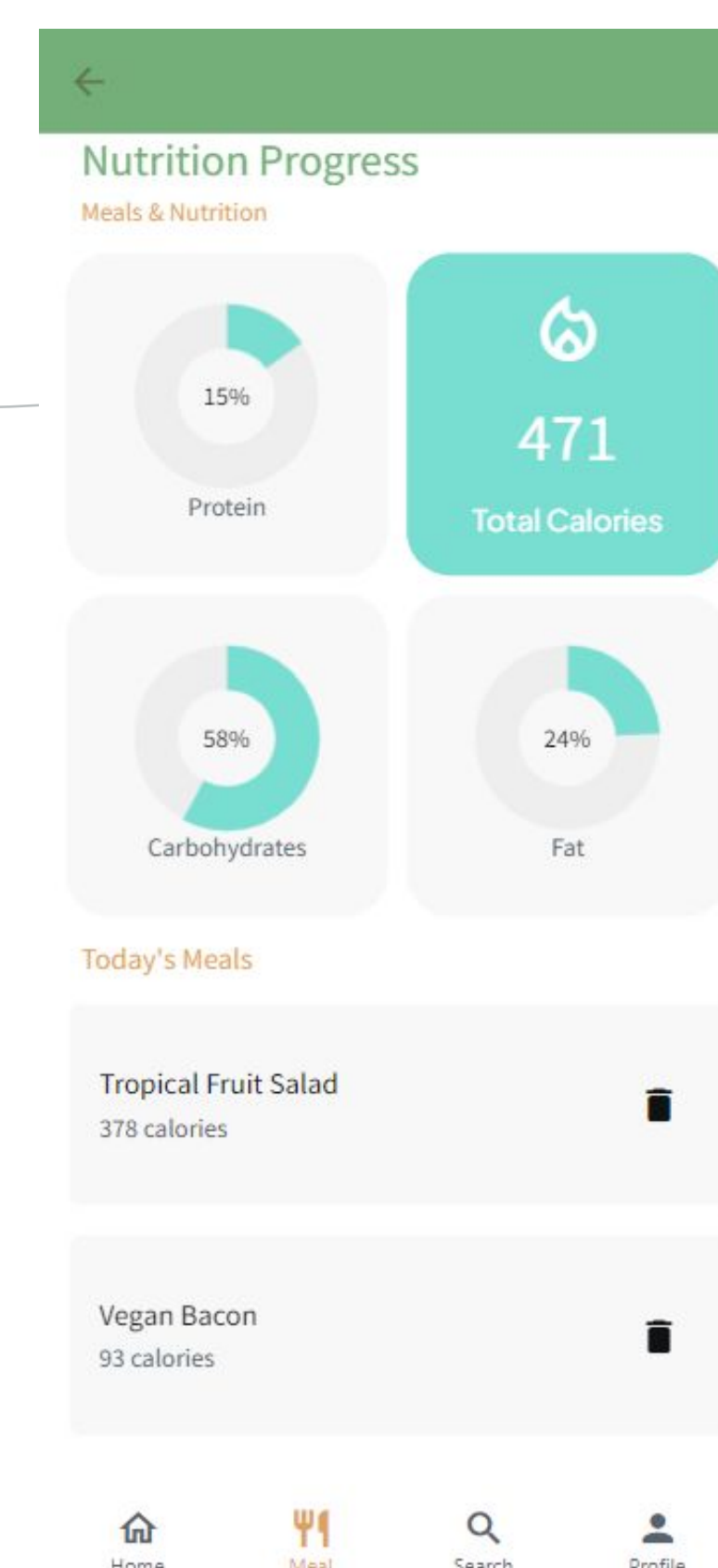
- 79% of global deaths attributed to chronic diseases (e.g., heart disease, diabetes).
- Up to 80% of chronic disease risk prevented by a well-balanced diet.
- Demand for tools to make healthier dietary choices
- Need for convenient solutions to easily track and manage nutrition



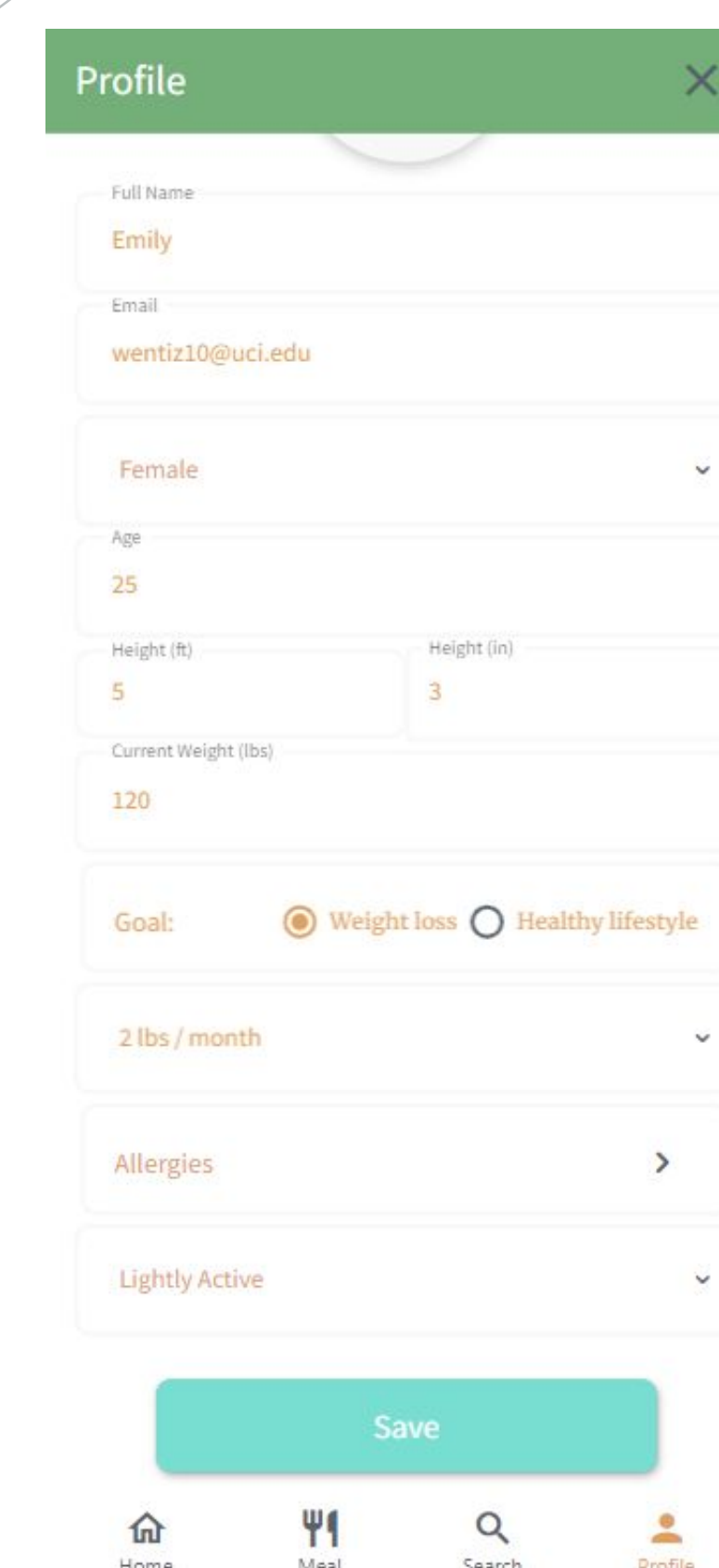
Product Features



Recipe Recommendation
Balanced recipes based on nutritional needs, dietary preferences, and allergens



Progress Tracking
Easy and convenient tracking of food intake and nutritional information.



User Profile & Preferences
Personalized profile, health or weight loss goal, allergens information

Why NutriPlan?

NutriPlan is an all-in-one app with...

- Personalized recipe recommendation based on user dietary preference & restrictions
- Convenient meal planning and macronutrient calculations tailored to individual health goals
- Informed calorie and nutrition information to make educated meal choices.
- Simplified process of tracking and managing daily calorie and nutrition intake.

If you're someone who...

- Aims for weight management
- Seek personalized nutrition plans
- Has dietary restrictions
- Wants to simplify meal planning and tracking
- Desires to make informed choices about their food intake
- Values convenience and time-saving solutions for healthy living
- Aspires to optimize their overall well-being

Join the NutriPlan community today and take control of your health journey!