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Exploring the Impact of Social Influence on Group Well-being in MMO Games: Evidence from Sky: Children of the Light



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Introduction

- 43% of U.S. adults say they often or sometimes play video games
- 72% of those who play video games, play to spend time with others
- 47% of teen players have made a friend online in games (Pew Research Center)

Global market for video games industry was \$217.06 billion in 2022 and expected to grow by more than 13% every year through 2030 (Statista)

Gaming as a social connection and relationship-building

Methodology & Results

Procedure

Conducted with *thatgamecompany*. English-speaking adult players of Sky: Children of the Light

In-game survey (Oct 15–26, 2024) rewarded with **5 candles** (~\$1.70 USD) 10,364 participants (Response Rate 49.5%)

Survey Measures (5-point Likert)

Reciprocity: 4 items (α = .75) | Group Well-being: 4 items (α = .83) Continuation Intention: 3 items (α = .81) | age, gender, gameplay time

Results

- H1 (Supported) (β = .353, SE = .011, ρ < .001)
- → Reciprocity is a core driver of positive group well-being
- H2 (Supported) (β = .561, SE = .008, p < .001)
- → Feeling supported in the group makes players likely to stay engaged

Social Value Findings:

Socially influential players (those with high SV) are more likely to feel positive about their group (F(1,10360) = 19.35, p < .001) and are more committed to continuing gameplay (F(1,10360) = 25.91, p < .001), but being influential alone does not necessarily mean they are more reciprocal.

Implications

Designing games for mutual support matters

→ Game features that encourage prosocial behavior can enhance community dynamics

Excessive gameplay is linked to lower well-being

→ Developers should promote healthy play patterns to sustain both engagement and emotional health.

Literature Review & Hypotheses

Theory of Bounded Generalized Reciprocity

- Players are more likely to return kind actions within their group if they expect the other players to do the same
- Group membership cues activate a heuristic to cooperate with in-group members (Romano et al., 2017)
- Group players are more reciprocal than solo players (Kim et al., 2022)
- Players benefiting from or observing generous acts are likely to be more generous towards others (Bisberg et al., 2022)

Emotional Contagion

- Emotional states of an individual are transferred to others, thereby leading them to experience or express the same emotions.
- In organizations, working groups with more positive emotional atmosphere had improved cooperation, decreased conflict, and increased perceived task performance (Barsade, 2002)
- Emotional contagion happens in computer-mediated settings (Hancock et
- · In-person interaction and non-verbal cues are not strictly necessary for emotional contagion (Kramer et al., 2014)

H1: Higher levels of player reciprocity will positively predict perceived aroup well-being

H2: Higher levels of perceived group well-being will positively predict players' continuation intention

Social Value Algorithm

Social Value (Williams et al., 2023) is a computational measure of behavioral influence that captures how much one individual's actions cause others to act within a shared environment.

- · Causal Basis: SV relies on time-ordered behavioral data
- 1. If Player A increases playtime and Player B consistently follows, A is inferred to influence B.
- 2. Influence is temporal and repeated—patterns must recur across time to be considered valid

Empirical Requirements:

 Persistent Identifiers (PID) / Timestamped behavioral events (e.g., playtime) / Way to establish social ties (e.g., with-in game interaction)

Social Value ➤ What you cause in others Following Value > What others cause in you Non-social Value ➤ What you do on your own

Descriptive Stats | SV Algorithm

| Table 1. Descriptive Statistics of the Participants | | | | | | |
|---|---------------------------|-------------|--------|------|--|--|
| Variable | Level | M (SD) | N | % | | |
| Age | - | 24.22 (7.8) | 10,364 | - | | |
| Gender | Female | - | 6,721 | 64.9 | | |
| | Male | - | 2,435 | 23.5 | | |
| | Other | - | 1,208 | 11.6 | | |
| Demographics | White | - | 4,134 | 39.9 | | |
| | Black or African American | - | 482 | 4.1 | | |
| | Asian | - | 4,918 | 47.5 | | |
| | Others | - | 884 | 8.5 | | |
| Weekly Playtime | Less than 1 hour | - | 409 | 3.9 | | |
| | 1-5 hours | - | 3,594 | 34.7 | | |
| | 6-10 hours | - | 2,743 | 26.5 | | |
| | 11-20 hours | - | 1,874 | 18.1 | | |
| | 21-30 hours | - | 861 | 8.3 | | |
| | More than 30 hours | - | 883 | 8.5 | | |

Note. Self-reported survey data

Table 2. Descriptive Statistics of Player's Social Values Components

| Metric | Networked influence in total game playtime | | | | | | |
|------------------|--|---------|------|------|-------------|--|--|
| | Min | Max | Std | Mean | Total | | |
| Social Value | 0 | 119.44 | 1.20 | 0.59 | 485,563.7 | | |
| Non-social Value | 0 | 4.62 | 1.09 | 1.30 | 1,083,713 | | |
| Network Power | 0 | 120.74 | 1.73 | 1.89 | 1,569,277.7 | | |
| Total Value | 0 | 123.273 | 2.18 | 2.48 | 2,054,841.4 | | |

Note. Unit for playtime is in minutes, log10-transformed Timeframe for playtime (10/15 - 11/30)

Appendix A. Algorithm for Estimating Social Value

To compute Social Value, a machine learning model M (random forest) is first developed to learn the function $f(d_i) = y_i$ for each user u_i . Next, the data d_i is modified to d'_i by removing instances of u_i 's interaction with others. The model M then estimates $y'_i = f(d'_i)$, which represents u_i 's expected behavior without influence from neighbors. The difference D_i $(y_i - y'_i)$ captures the social effect of u_i 's neighborhood, called the Receptivity Value $Inf(u_i)$, measuring neighbor influence on u_i . This Receptivity Value is distributed among each of u_i 's neighbors, weighted by relationship intensity $e(n_i, u_i)$. Pairwise influence from n_i to u_i , $PairInf(n_i, u_i)$, is calculated as $Inf(u_i) \times e(n_i, u_i) / \sum_{n \in N(u_i)}^{\square} e(n_i, u_i)$, assigning greater influence to stronger relationships. Finally, Social Value $SV(u_i)$ is computed by aggregating u_i 's pairwise influences over all neighbors, $SV(u_i) = \sum_{n \in N(u_i)}^{\square} \square PairInf(n_i, n)$.