



## Manage Your Diabetes (Hebrew) (Paperback)

By Dr Julia Juli

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: Hebrew. Brand new Book. Diabetes is a problem with your body that causes blood glucose (sugar) levels to rise higher than normal. This is also called hyperglycemia. Type 1 diabetes is an autoimmune disease in which a person's pancreas stops producing insulin, a hormone that enables people to get energy from food. It occurs when the body's immune system attacks and destroys the insulin-producing cells in the pancreas, called beta cells. Type 2 diabetes is the most common form of diabetes. If you have type 2 diabetes your body does not use insulin properly. This is called insulin resistance. At first, your pancreas makes extra insulin to make up for it. But, over time it isn't able to keep up and can't make enough insulin to keep your blood glucose at normal levels. In this modern age of ours we can lead a healthier life with any type of diabetes, no matter how severe it may be. This book provides you the complete awareness of how to lead a happier and more productive life with diabetes.



**READ ONLINE**  
[ 3.7 MB ]

### Reviews

*Very helpful to all type of individuals. It really is rally interesting through looking at time. Its been designed in an extremely basic way which is just soon after i finished reading this pdf through which basically modified me, change the way i believe.*

*-- Tyshawn Brekke*

*The publication is easy in read through preferable to fully grasp. It is writter in simple phrases instead of hard to understand. You will not sense monotony at at any moment of your respective time (that's what catalogs are for concerning if you request me).*

*-- Kevin Bergstrom Sr.*