

SUGGESTED USE

As a dietary supplement take two (2) capsules once a day. For best results take 20–30 min before a meal with an 8oz glass of water or as directed by your healthcare professional.

CAUTION

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Helps balance serotonin levels*

DIETARY SUPPLEMENT 60 CAPSULES



5-HTP

5-hydroxytryptophan

Supplement Facts		
Serving Size: 2 Capsules		
Servings Per Container: 30		
	Amount Per Serving	% Daily Value
Calcium (As Calcium Carbonate)	328mg	25%
5-Hydroxytryptophan (from Griffonia simplicifolia seed extract)	200mg	*
*Daily Value not established.		

Other Ingredients: Gelatin (capsule), Magnesium Stearate.

Manufactured for and distributed by:
[your LLC name here]
Address:
[your legal address and phone nr or email]