

Chapter 3C: Salt & Pepper

You can cook a steak as well as you want, but if you don't season it, you're a mediocre chef at best. It's not a hard step or an expensive one. The salt shaker will cost you pennies and seconds per meal to season. Yet, you still have to do it. Life has additional components to it besides eating.

A cake at a birthday adds an extra layer of enjoyment and can cost 20 bucks. A candle can add a bit of symbolic lighting to an area, while a plant can add some symbolic greenery. These things aren't hard or complicated. You spent 30 group texts and 3 hours planning the guest list. You spent 3 weeks stressing about the right 50 words for the Partiful description that no one has read. But the 5 dollars it cost to add some decorations was too much effort.

The reason for this failure may be a bit surprising. Sure some of it is lack of awareness or a bit too much tizz. Once you've left the suburbs and tried your first Hello Fresh, you should know how to season though. You've been to a good party before (hopefully). It's much more likely a real lack of self-esteem and anxiety.

When you buy the decorations. When you add the special effects and editing. When you put in effort, then your failure is so much worse. It's so much more personal. If you didn't try, then you don't have to take credit for the work.

You used some truly inspirational mental gymnastics to not have to admit you cared. You didn't simp for the event.