



Yogic Management of Common Diseases

By Dr Swami Karmananda

Yoga Publications Trust (Bihar School of Yoga), Munger, India. Paperback. Book Condition: New. Yogic Management of Common Diseases deals with 36 common as well as serious diseases afflicting the human body. Diseases covered include those affecting the head and neck, the cardiovascular and respiratory system, the gastrointestinal tract, the joints and musculo-skeletal system, and the uro-genital system. Basic information is provided about the causes and effects of each condition from both the yogic and medical viewpoints. In depth yogic management of each disease is also presented. Printed Pages: 258. Size: 14 Cms x 22 Cms.

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