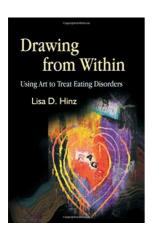
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DRAWING FROM WITHIN: USING ART TO TREAT EATING DISORDERS



Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Drawing from within: Using Art to Treat Eating Disorders, Lisa D. Hinz, Drawing from Within is an introductory guide for those wanting to explore the use of art with clients with eating disorders. Art therapy is a particularly effective therapeutic intervention for this group, as it allows them to express uncomfortable thoughts and feelings through artistic media rather than having to explain them verbally. Lisa D. Hinz outlines the areas around...

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