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(Trevion O'Hara)

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English. Brand New Book ****** Print on Demand ******.Lose yourself in this Adult Coloring Book with new abstract designs to suit all patience levels. Great for stress, meditation or simply for fun, you will spend hours coloring these pages whilst getting creative with your colors and watching your art come to life. It is art therapy. The book is nicely designed and is a good size coloring book measuring 8.5 x 11 so there s plenty of space to color in each design. The paper is very good quality and the there are easy patterns, medium intensity patterns and a few slightly more challenging patterns so you can choose what you fancy dependent on your mood (or stress levels). This is a great little coloring book for grownups who still love to doodle. Try it for yourself and watch your worries dissolve as you escape into the pages of this adult coloring book - great abstract designs, simple to look at yet stunning when completed. Order your copy today.

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