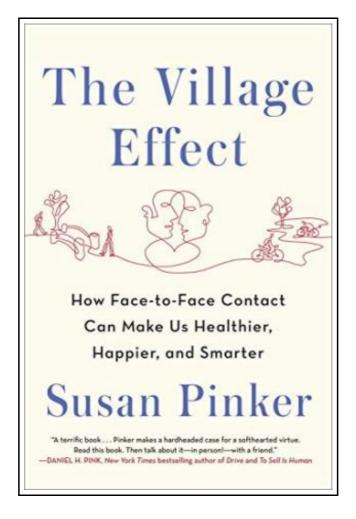
# The Village Effect: How Face-to-Face Contact Can Make Us Healthier, Happier, and Smarter



Filesize: 8.51 MB

### Reviews

It is an awesome ebook which i actually have at any time read through. It usually fails to charge excessive. It is extremely difficult to leave it before concluding, once you begin to read the book. (Dario Murazik IV)

## THE VILLAGE EFFECT: HOW FACE-TO-FACE CONTACT CAN MAKE US HEALTHIER, HAPPIER, AND SMARTER



Spiegel & Drau, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "The benefits of the digital age have been oversold. Or to put it another way: there is plenty of life left in face-to-face, human interaction. That is the message emerging from this entertaining book by Susan Pinker, a Canadian psychologist. Citing a wealth of research and reinforced with her own arguments, Pinker suggests we should make an effort--at work and in our private lives--to promote greater levels of personal intimacy." -- Financial Times "Drawing on scores of psychological and sociological studies, [Pinker] suggests that living as our ancestors did, steeped in face-to-face contact and physical proximity, is the key to health, while loneliness is "less an exalted existential state than a public health risk." That her point is fairly obvious doesn't diminish its importance; smart readers will take the book out to a park to enjoy in the company of others." -- The Boston Globe "A hopeful, warm guide to living more intimately in an disconnected era . . . Pinker explores the powerful effects of face-to-face contact in our increasingly computer-mediated world. While the benefits of human contact may seem like common sense, Pinker"s witty and informative book reveals a far more complex picture of these interactions. It may not surprise readers that having a web of friends and acquaintances makes both job-hunting and surviving the death of a spouse more palatable. But the biological effects that come from the community, and daily interactions with friends, partners, and parents are much less familiar." -- Publishers Weekly "A terrific book . . . Susan Pinker makes a hardheaded case for a softhearted virtue. Read this book. Then talk about it--in person!--with a friend." --Daniel H. Pink, New York Times bestselling author of...

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