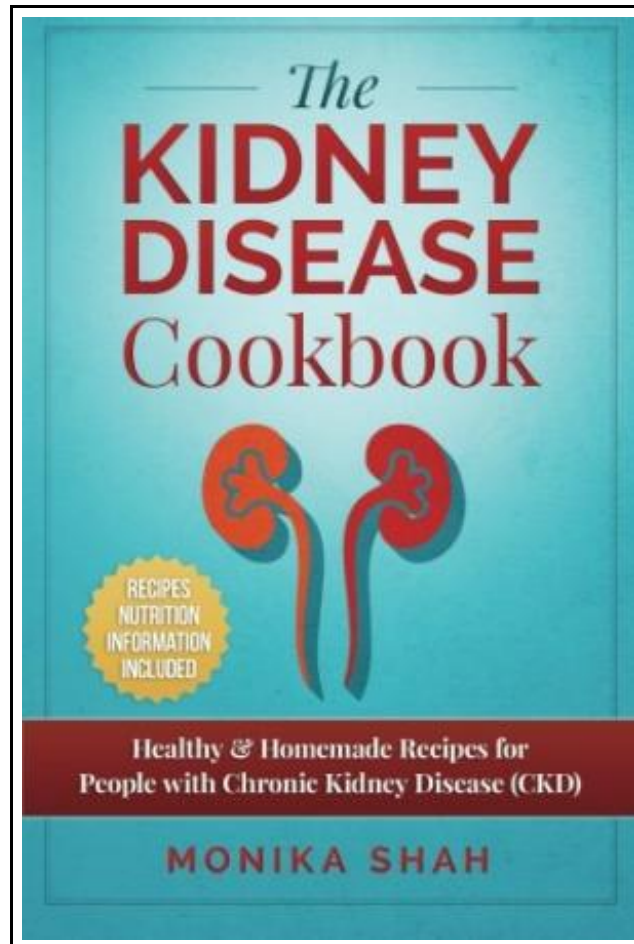


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(Jaclyn Johns DDS)

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.85 Healthy Homemade Recipes for People with Chronic Kidney Disease (CKD) This book has been specifically designed and written for people who have been diagnosed with a kidney disease and seriously strive to heal and cure it with the help of a healthy and effective homemade diet. Apart from taking medications prescribed by the doctor, it is extremely important to eat the right diet to maintain the right levels of nutrients in the body to help kidneys function efficiently. Let's take a closer look on what this book has to offer: The Kidney Disease Cookbook: The cookbook has 85 healthy and homemade recipes which are designed especially for people with Chronic Kidney Disease (CKD). The recipes in the book have been designed using very simple ingredients that people use in their kitchen every day or can find in the grocery stores very easily. These recipes are further categorized into Main Dishes, Sides Dishes, Beverages and Desserts. Healthy Delicious Recipes: The whole purpose of these recipes is to make sure that the person with CKD enjoys life without compromising the taste of the real food. Each recipe in this book has easy to find ingredients and steps with accurate serving sizes and detailed nutritional values. You will find recipes which can be eaten daily or on occasions without even compromising with health a bit. Accurate Nutritional Information: Each recipe comes with an accurate Nutritional Information Table to help people with CKD know what nutrition they are getting and in what quantities. The nutritional table of each recipe provides Amounts per serving details for Calories, Trans Fat, Sodium, Protein, Cholesterol, Potassium, Total Fat, Carbohydrates, Phosphorus, Saturated...



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