



Williams' Basic Nutrition & Diet Therapy

By Staci Nix

Mosby, 2008. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Part 1 Introduction to Basic Principles of Nutrition Science 1. Food, Nutrition, and Health 2. Carbohydrates 3. Fats 4. Proteins 5. Digestion, Absorption, and Metabolism 6. Energy Balance 7. Vitamins 8. Minerals 9. Water Balance Part 2 Nutrition Throughout the Life Cycle 10. Nutrition during Pregnancy and Lactation 11. Nutrition in Infancy, Childhood, and Adolescence 12. Nutrition for Adults: the Early, Middle, and Later Years Part 3 Community Nutrition and Health Care 13. Community Food Supply and Health 14. Food Habits and Cultural Patterns 15. Weight Management 16. Nutrition and Physical Fitness Part 4 Clinical Nutrition 17. Nutrition Care 18. Gastrointestinal and Accessory Organ Problems 19. Coronary Heart Disease and Hypertension 20. Diabetes Mellitus 21. Renal Disease 22. Surgery and Nutritional Support 23. Nutrition Support in Cancer and AIDSAppendixes A. Cholesterol Content of Food B. Dietary Fiber in Selected Plant Foods C. Sodium and Potassium Content of Foods, 100 g, Edible Portion D. Salt-Free Seasoning Guide E. Choose Your Foods: Exchange Lists for Diabetes F. Eating Well with Canada's Food Guide G. Calculation Aids and Conversion Tables H. Cultural Dietary Patterns and Religious Dietary...



Reviews

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