



The Professional Stress Solutution: Essential Oils and Holistic Health Stress Management Techniques

By Mrs Elizabeth Ashley

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book *****

Print on Demand *****.Stress is pandemic in our society.

Scientists agree it plays a quintessential role in how likely it is we will suffer from chronic and possibly fatal illnesses in the future.

Risk factors of metabolic syndrome, diabetes, stroke and heart disease are increased through stress. The daft thing

is. aromatherapy can do amazing things to ease it, and

potentially aromatherapists could take a massive workload

away from the doctor s surgeries. Discover the hormonal

changes and peptide triggers that change a persons health and

mental state. Learn how it affects the liver, adrenals and

pituitary gland. Uncover the strange phenomenon of Yin disease

Build a better foundation of care, but also a knowledge base

that means you can sell your treatments more effectively.

Improve your healing skills set Supercharge your referrals

potential from other complementary therapists and orthodox

medicine alike. Includes free bonus material of Chiropractic

chart of misalignments and potential organic disturbance Chart

of the meridians and suggested acupressure points to detox the

organs more quickly Detailed information about how to

improve the patients condition with vitamin and minerals...



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