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## Concise Guide to Brief Dynamic and Interpersonal Therapy (2nd Revised edition)

By Hanna Levenson, Stephen Butler, Theodore A. Powers, Bernard D. Beitman

American Psychiatric Publishing. Paperback. Book Condition: new. BRAND NEW, Concise Guide to Brief Dynamic and Interpersonal Therapy (2nd Revised edition), Hanna Levenson, Stephen Butler, Theodore A. Powers, Bernard D. Beitman, In today's world of managed care -- characterized by limited mental health resources, emphasis on accountability, concerns of third-party payers, and consumer need -- the demand for mental health professionals to use briefer therapeutic approaches is on the rise. Fully 84% of all clinicians are doing some form of planned brief therapy (6-20 sessions per year per patient). Yet despite clinical advances and outcome data that demonstrate the effectiveness of short-term therapy, many therapists -- in fact, 90% of those whose theoretical orientation is psychodynamic rather than cognitive-behavioral -- are reluctant to learn briefer interventions, seeing value only in long-term, depth-oriented work. The second edition of this Concise Guide is intended to help educate both beginning and experienced clinicians in the strategies and techniques of time-attentive models and to foster more positive and optimistic attitudes toward using these important therapies. \* The seven therapeutic models presented here -- including an entirely new chapter on time-limited group therapy -- highlight the importance of the interpersonal perspective. \* The seven models, one...


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