



## Spirituality and the Therapeutic Process: A Comprehensive Resource from Intake to Termination (Hardback)

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By -

American Psychological Association, United States, 2009.

Hardback. Book Condition: New. New.. 251 x 185 mm. Language: English . Brand New Book. This book is for therapists who want to enhance their effectiveness with clients whose spirituality is a salient part of their worldview. Whether or not the therapist has a spiritual background, the authors demonstrate that it is possible to honor clients spiritual experience from the beginning to the end of the therapeutic process. Practical strategies, techniques, and examples are used to show how spirituality can influence each stage of treatment from before the clinical intake, starting with an understanding of ethical practice guidelines and therapist self-awareness, through termination. Self-reflection questions, diverse case examples, and a multiple session case study chapter are provided to build readers understanding and ability to incorporate spirituality into counseling and psychotherapy. Practitioners in a broad variety of fields, including counseling and clinical psychology, counselor education, and marriage and family therapy will find this book to be a rich source of ideas for examining and modifying their practice. The authors discuss therapist self-awareness tools such as genogram, autobiography, journaling, and mindfulness; recommendations for overcoming biases toward spirituality; and how an agency s climate, referral sources, and intake forms...



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### Reviews

*Extremely helpful to any or all category of individuals. It really is rally fascinating throgh studying time period. I am just quickly could possibly get a pleasure of reading a composed ebook.*

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*This publication may be worthy of a read through, and a lot better than other. It is among the most incredible book we have read through. Your daily life period will be change when you total reading this article publication.*

-- **Garett Baumbach**