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The Talk Before the Walk

By Catherine L. Mukes

Lulu.com, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Many times, daters and engaged couples are looking at one another through rose colored lenses only to determine, after getting married, that they didn't know each other, or maybe even themselves, well enough. The Talk Before The Walk is an interactive workbook designed to encourage dating, engaged, and even married, couples to jump start the conversation by presenting poignant and tough questions. Chapters included address ideas about marriage, money, family, health and wellness, and dreams and aspirations. Each topic boasts numerous questions to explore a deep understanding of each person's history, ideals and values. This workbook is not designed to take the place of a professional counseling session; it is designed to spark the difficult discussion before the marriage to reduce the unexpected heated argument during the marriage.



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