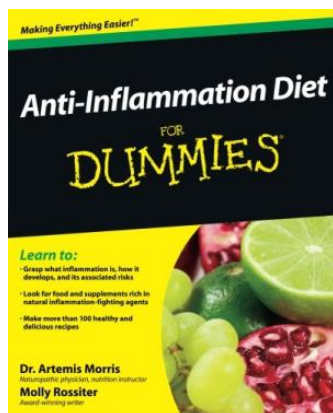


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## ANTI-INFLAMMATION DIET FOR DUMMIES



John Wiley & Sons Inc. Paperback. Book Condition: new. BRAND NEW, Anti-Inflammation Diet For Dummies, Artemis Morris, Molly Rossiter, Trusted information and healthy, delicious recipes to fight inflammation Low-grade inflammation is a condition inside the body, directly related to diet, that slowly wears on the body, facilitating chronic diseases like arthritis, diabetes, obesity, and heart disease. Also, the latest research has detected a correlation between inflammation and conditions like severe allergies, asthma, and even cancer. Anti-Inflammation Diet For Dummies takes...

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- Authored by Artemis Morris, Molly Rossiter
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