



Job Preparation: Reintegrating After Traumatic Life Experiences

By Alyse King

Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Traumatic life experiences can be devastating and causes you to lose your positive self-image and self-confidence. At times, you may even feel like a failure. The Author, Alyse King felt like this many times during her twenty-two year journey helping her son and daughter to manage their chronic mental illnesses and now moving on to the world of work. The thought of going to school, starting a job-training program and hunting for a job, may even be overwhelming for you. Learning how to handle these every day stresses and rebuild your life is crucial to experiencing success. Since success is not a destination but a continuous journey, continue developing and learning as you travel through life. Always be aware of the opportunities available to you and never allow any of them to slip away. Your achievements at work, in school, with friends and with your family are mostly determined by the way you feel and think about yourself. It depends on your self-image. It is difficult to be interested in enjoying life if you don't know what...



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