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GOLF IN A WEEKEND: STEP-BY-STEP TECHNIQUES TO IMPROVE YOUR GAME

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Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Golf in a Weekend: Step-by-step Techniques to Improve Your Game, Steve Newell, Paul Foston, This title includes step-by-step techniques to improve your game. It is a new look at this popular sport, focusing on the essential techniques needed to improve your game. It includes expert instructions on grip, swing, putting, chipping, pitching, bunker play, shaping your shots, as well as a guide to traditional golfing etiquette. It emphasises the importance of good body posture in getting the best shot, and explains the correct set-up, alignment and ball position needed for better results. It features an illustrated guide to golfing equipment, from clubs, putters and balls to shoes, hats and umbrellas. Each shot is explained and photographed in a step-by-step sequence so you can clearly see the movement of the club, ball and body as the shot progresses. All golfing exercises, techniques and possible pitfalls are shown in over 250 dynamic photographs. Golf is an extremely popular sport all over the world, and is much more fun when you are playing well. Whether you have just taken up the game or have been playing for years, this book will help you. It highlights the importance of posture, showing how to get the stance right and how to hold the club. Key techniques include chipping, putting, pitching, shaping shots, bunker play and how to swing. There are exercise routines to encourage you to practise each technique, as well as solutions to possible pitfalls, all illustrated with practical photographs. The book will make the dream of an improved handicap a reality for all golfers, whatever their skill level.

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