



Habit Stacking: Powerful Yet Simple Life Changing Habits: Increase Productivity, Health, Relationships, Finances and More.

By Brian William

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.TODAY ONLY! GET THIS BOOK AT 50 OFF! *** FREE GIFT FOR YOU! Download The Book To Claim Your THANK YOU BONUS *** LIMITED TIME OFFER! Hurry, before this promo period ends! HABIT STACKING: Over 60 Powerful Ideas To Increase Productivity, Improve Social, Physical And Emotional Well-Being, Manage Time And Finances, And More. In his latest book, Brian William, a successful entrepreneur and father of two, shares some proven habits to improve your life. Realizing that professional and personal success is hard to achieve and even more difficult to maintain in this fast paced world, William shares ideas and tricks that take minutes to implement, but offer lasting results in terms of productivity, time-management, personal growth, satisfaction, professional and relationship success. Change is a skill and like any skill it must be learned, accepted and then practiced before it will work. If you think of change as a pyramid, you would start with the foundation, the base of which is learning. You have to learn several things before you can make a change. You have to learn why...



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