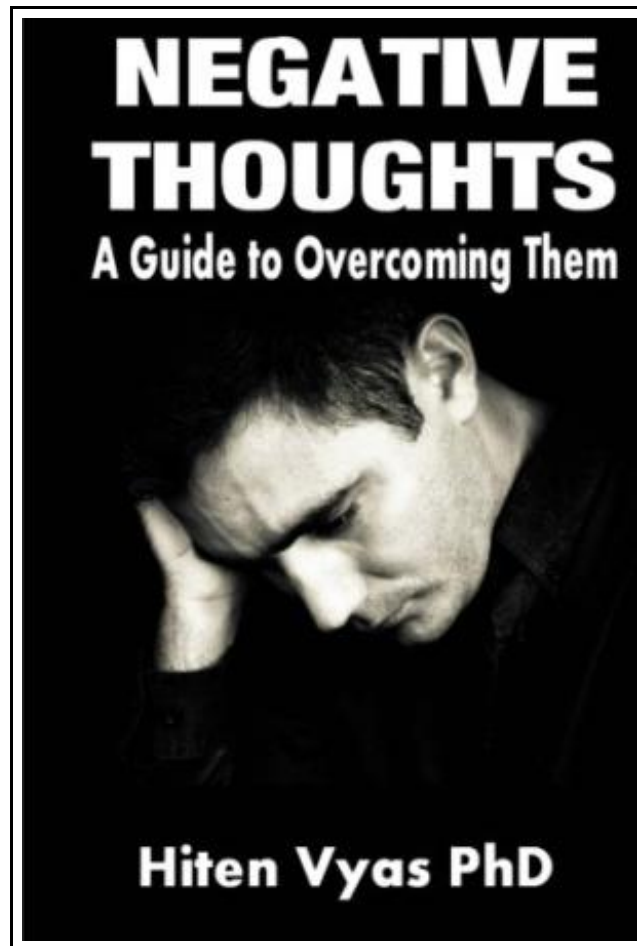


## Negative Thoughts - A Guide to Overcoming Them



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