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BEING YOUR OWN BEST FRIEND



Janine Fletcher, United States, 2014. Paperback. Book Condition: New. 2nd. 216 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Book 1 of the YAHOO (You Always Have Other Options), Feel Good Series. The information in this child-friendly book is based on the latest developments in neuroscience. It is designed to give children the knowledge and tools they need to help them to become their own best friend. Through the use of positive self-talk and body...

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- Authored by Janine Fletcher
- Released at 2014



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