



365 Dalai Lama: Daily Advice from the Heart

By Dalai Lama XIV

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, 365 Dalai Lama: Daily Advice from the Heart, Dalai Lama XIV, Imagine having two minutes with the Dalai Lama offering you personal advice on how you could live your life better, overcome your problems, be more joyful and create a better world. This revolutionary new book brings you exactly that: short passages to offer you enlightening advice, day by day. Meditations are suggested on the following: On the stages of life: for the young, adults, and the elderly * On life situations: for men and women, single people, families, the wealthy, the poor, the sick, the dying and those who care for them, and others from all walks of life. * On your roles in society: for politicians, lawyers, activists, teachers, scientists, businesspeople, writers and journalists, farmers, soldiers, carers and others * On your state of mind: for the happy, the sad, pessimists, optimists, the suffering, the isolated, the angry, the proud, the abused, the shy, the undecided, those with no self-esteem, the indifferent. * On society and the world: war, politics, education, farming, the environment, business, dedicating your life to others, and the future * On your spiritual life: for believers,...



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