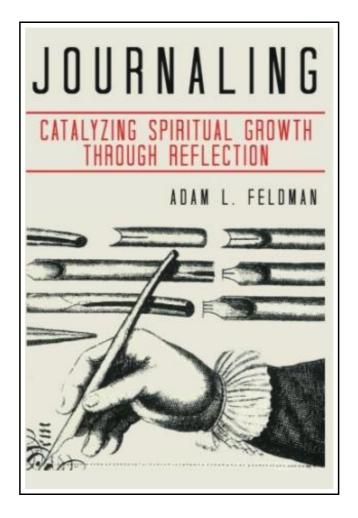
# Journaling: Catalyzing Spiritual Growth Through Reflection



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Milltown Publishing, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Whether you are new to the spiritual discipline of journaling, are restarting, or have filled dozens of journals, this book is for you if you desire to cultivate a daily awareness of Jesus loving, personal, and active presence in your life. Journaling is more than just an introduction to the classic discipline of journaling. It introduces you to a lifestyle of contemplative reflection through Biblical, anecdotal, and practical teaching. Through journaling, believers in Jesus deepen communion with Him, discover contentment in life, and develop confidence in decision-making. Journaling might just be the catalyst for a significant spiritual breakthrough in your life! What others are saying about Journaling If you re interested in cultivating the spiritual discipline of noticing God, and journaling has been one such practice you ve long considered important to introduce or improve within your spiritual journey, then the book you are holding in your hand is the gift you ve long desired. Adam Feldman writes with a refreshing wit and a pastors heart, with lots of practical helps for making journaling a highlight of your pilgrimage into a deeper walk with Jesus. Stephen A. Macchia, author of Becoming A Healthy Church and Crafting a Rule of Life I m more excited about this book than I have been any book in a long time. Nothing has impacted my life like journaling. When I tell people they think it s a diary or they aren t writers--both have little to do with real journaling. Journaling is a spiritual discipline, I ve defined it as a catalogue of reflections and a remembrance of events of what God is saying to you and doing. I know of...



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