



## Natural Remedies: Natural Remedies That Heal, Protect and Provide Instant Relief from Everyday Common Ailments

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By Kasia Roberts Rn

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.STOP POISONING YOUR BODY WITH MEDICATION! Discover Homemade Natural Remedies that Heal, Protect and Provide Instant Relief from Illness, Infection and Everyday Common Ailments Natural remedies in this book look to soothe common headaches, coughs, colds, toenail fungi, rashes, constipation, depression, anxiety and so many other ailments. Because the ingredients listed in this book are plant-based and natural, they do nothing to irritate or create future problems. In fact, they are generally good for the rest of the body as they enact on the very particular, affected area. Heal your body with fresh, healthy ingredients that work for better over-all health. Something as simple as a flower in the field, a garlic clove, or a bit of honey can stretch a long way in the terms of overall health and wellness! Make the ultimate switch to prevent future problems, eliminate the surge of chemicals in the body, and supercharge the body with health. Live a fulfilled, longer life. Alleviate headaches, arthritis pain and tension with natural techniques, and calm the mind with homemade remedies so...



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*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

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