



## Book of Human Emotions: An Encyclopaedia of Feeling from Anger to Wanderlust

By Tiffany Watt-Smith

Profile Books Ltd. Hardback. Book Condition: new. BRAND NEW, Book of Human Emotions: An Encyclopaedia of Feeling from Anger to Wanderlust, Tiffany Watt-Smith, Recent research suggests there are only six basic emotions. But if this makes you feel uneasy, suspicious and maybe even a little bereft, The Book of Human Emotions is for you. From anger to wanderlust, each entertaining and informative alphabetical entry reveals the surprising connections and fascinating facts behind our emotional lives. Whether you're in search of the perfect word to sum up that cosy feeling you get from being inside on a cold winter's night, surrounded by friends and good food (what the Dutch call gezellig), or wondering how nostalgia evolved from a fatal illness to enjoyable self-indulgence, Tiffany Watt Smith covers the globe and draws on history, anthropology, science, art, literature, music and popular culture to find the answers. Each emotion has its own story, part of a vast, rich and varied field, influencing every area of our lives. In reading it, you'll discover feelings you never knew you had (like basoerxia, the sudden urge to kiss someone) and gain unexpected insights into why we feel the way we do.



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