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## Recipe for Life: The Autobiography

By Mary Berry

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Recipe for Life: The Autobiography, Mary Berry, From Queen of Tarts to the nation's heart, Mary Berry shares her Recipe for Life. 'In the words of my father, my birth caused no end of trouble.' From the moment she came into the world - two weeks early, throwing her parents' lives into disarray - Mary has gracefully but firmly done things her own way. Born in 1935, in the city of Bath, Mary's childhood was a curious mix of idyllic picnics and ramblings, and alarming air raids; of a spirited and outdoorsy home life and a dreaded school existence. All nearly cut horribly short by an almost fatal bout of polio when she was thirteen, which isolated Mary in hospital, away from beloved family and friends for months. Recovery saw her turn to her one true passion - cookery. And so began a love affair that has - so far - spanned six remarkable decades; from demonstrating ovens in the early 1950s to producing glossy food magazines in the 60s and 70s, gradually becoming the country's most prolific and - many would say - best loved cookery writer. Until her emergence...



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