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We Like to Move: Exercise is Fun

By Elyse April, Regina Sara Ryan, Diane Iverson

Hohm Press,U.S. Paperback. Book Condition: new. BRAND NEW, We Like to Move: Exercise is Fun, Elyse April, Regina Sara Ryan, Diane Iverson, Useful for ages 4-8, this is a children's picture book with upbeat, rhyming text and brilliantly-coloured illustrations of young children engaging in many different forms of physical activity. The book presents multicultural characters - including African, Hispanic, Caucasian and Asian children and adults - and varied locales, from a busy city street scene to a country landscape. Each child shown is joyfully engaged in movement, demonstrating both the physical and the emotional health benefits of exercise. "We Like To Move" conveys the message that exercise is fun, and a normal part of the life of a human being. The text and illustrations suggest that movement may be spontaneous as well as organised through sports; and that it is for everyone, from every age, gender, culture and walk of life. Even children or adults with physical handicaps can participate in some types of movement.



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Reviews

Extremely helpful for all class of people. We have read through and that i am confident that i am going to going to read through again again down the road. Its been designed in an exceedingly basic way in fact it is simply following i finished reading this pdf in which in fact altered me, alter the way i think.

-- **Noel Stanton**

Absolutely one of the best pdf We have ever read. I really could comprehended every little thing using this written e book. I am easily could get a satisfaction of reading a written publication.

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