



Daily Gratitude Growth Journal: Seat of Your Soul Daily Journal - 365 Days Bonus Leap Year Day Extra Large Pages to Write Your Goals Thoughts Perfect Gratitude Personal Development Tool

By Seat Of Your Soul

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.EXTRA LARGE PAGES - 8 1/2" x 10 1/2"; pages actually allow you to write your daily goals, accomplishments, and thoughts! SPECIAL EXTRAS - 365 Days (unlike most journals) PLUS an extra day for leap years! And a Cover Page for your name and the year. TARGETED PAGES - We have sections on each page for your daily commitment, daily top target, daily focus, daily goals and wants, a nightly recap, and a nightly gratitude - we've got you covered! BONUS GIFTS - Seat Of Your Soul VIP Club members get a FREE guided audio meditation and beginner yoga video! The Seat of Your Soul daily journal is an ideal self-improvement tool that aides you in your daily goals, self-tracking, productivity, happiness, thoughts, wins, and gratitude. This journal comes with extra-large pages that are dated for you to keep a great record of your progress in life - as well as an opening page to write down your name and the year. Keeping a daily thought diary is an amazing tracking tool that has been shown...



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- **Dr. Everett Dicki DDS**