



Nutrition Science (Fourth Revised Edition)

By B. Srilakshmi

New Age International (P) Limited, 2015. Softcover. Book Condition: New. 4th edition. Nutrition is the science of food and its relationship to health. All the topics related to Nutrition Science with attractive illustrations and latest information are discussed in this multi colour edition. This textbook covers syllabi of basic and applied nutrition science of all Indian universities. Nutrients and the effect of deficiency are discussed in detail. Antioxidants which are essential for preventing degenerative diseases are explained well in this book. The chapter 'Nutrigenomics' explains how dietary chemicals affect the balance between health and disease by altering genetic makeup. Nutrition education through computers are elaborated to meet the present day needs. Challenges of Millennium Development Goals, National nutrition policies and organisations and programmes related to Nutrition are discussed. This book serves as textbook for basic as well as applied nutrition science for those specialising in Nutrition Science at graduate and postgraduate level. This book is valuable for medical and paramedical students and for administrative authorities who are interested in getting authentic information on Nutrition Science. Printed Pages: 564.



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- **Dr. Everett Dicki DDS**