



The Simple Little Vegan Slow Cooker

By Michelle A Rivera

Book Publishing Company (TN), United States, 2009. Paperback. Book Condition: New. 196 x 173 mm. Language: English . Brand New Book. Slow cooker enthusiasts will be delighted with this collection of plant-based recipes. Rather than your typical hearty stews and soups, these recipes offer a new twist featuring the exotic flavors of some of our favorite international cuisines. Experience the tastes found in the Passions of Italy, the Colors of Mexico, Asian Delights, Irish Epicurean Favorites as well as American classics. These vegan recipes also make it effortless to adopt a healthier eating style that includes more vegetables, legumes, and whole grains. Ideal for busy families, newlyweds, singles and college kids, just about everyone can enjoy these recipes for home-cooked meals without the fuss.



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