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## Ecological Approaches to Health: Interactions Between Humans and Their Environment

By Claire Dumont

Nova Science Publishers Inc. Paperback. Book Condition: new. BRAND NEW, Ecological Approaches to Health: Interactions Between Humans and Their Environment, Claire Dumont, This book discusses and analyses how ecological models and approaches could contribute to improve human health. In the first section of the book, the evolution of human thought will be redrawn, from ancient conceptions of the world up to the most recent ecological models. The second section of the book presents a review of ecological theories, models, and approaches relevant to the field of health. The text proceeds in an historical perspective and from general to specific: generic theoretical referents followed by referents specific to a field of practice, a discipline, a population, or a situation. Numerous examples are provided. In the third section, common characteristics of ecological theories, models and approaches are described: the consideration of personal, environmental, and occupational components, and the consideration of interactions between them; the positive vision of health; the focus on empowerment, self-determination, and self-regulation of individuals, and finally, the fact that ecological interventions occur mostly in natural environments, where the person interacts with his or her environment and performs his or her occupations, rather than in institutions or hospitals. The fourth...



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