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The Baby Sleep Solution: Practical and Proven Methods for Getting Your Child to Nap and Sleep Through the Night

By Meredith McDow

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Baby Sleep Solution All you want is to get a good night s sleep and this book has some great solutions for pretty much every situation I ve seen. I highly recommend it. - Jeffrey You re exhausted. You haven t slept in what feels like years. Your new baby is crying.constantly. Your husband just backed over the mailbox on the way to work because he s so weary from lack of rest. You ve tried everything and nothing is working. Does this sound like you? Are you so tired you don t know whether you re coming or going? You love your new baby, but why won t she sleep at least a few continuous hours at night? Even napping in the afternoon is a fitful challenge. Rest assured, there is a way. There is help. The Baby Sleep Solution will help you get your child to nap AND sleep through the night using practical and proven methods I m actually the least likely person to be writing a book like this as I m not...



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