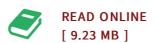




## IMAGERY FOR GETTING WELL: Clinical Applications of Behavioral Medicine

By Brigham, Deirdre Davis; Davis, Adelaide; Cameron-Sampey, Derry

W. W. Norton & Co., New York, NY, 1994. Hard Cover. Book Condition: NEW. Dust Jacket Condition: New. First Edtion, First Printing. BRAND NEW COPY w/removed upper corner to fEP. Elucidating field guide to various clinical applications of mindbody therapies uniquely addressed to both behavioral medicine practioners and patients. Volume clarifies use of imagery and how to design effective progams for patients with specific needs in realms of the emotional, psychological and spiritual. Exploration of synergistic components of stress management, imagery training, expressive therapies, group & individual therapy, play & laughter, nutrition & exercise, high-level awareness, and affects of therapy on the immune, endocrine, gastrointestinal, cardiovascular, pulmonary, and neurological systems. 27 chapters, rich with case studies. First Edition, First Printing.



## Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

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Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

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