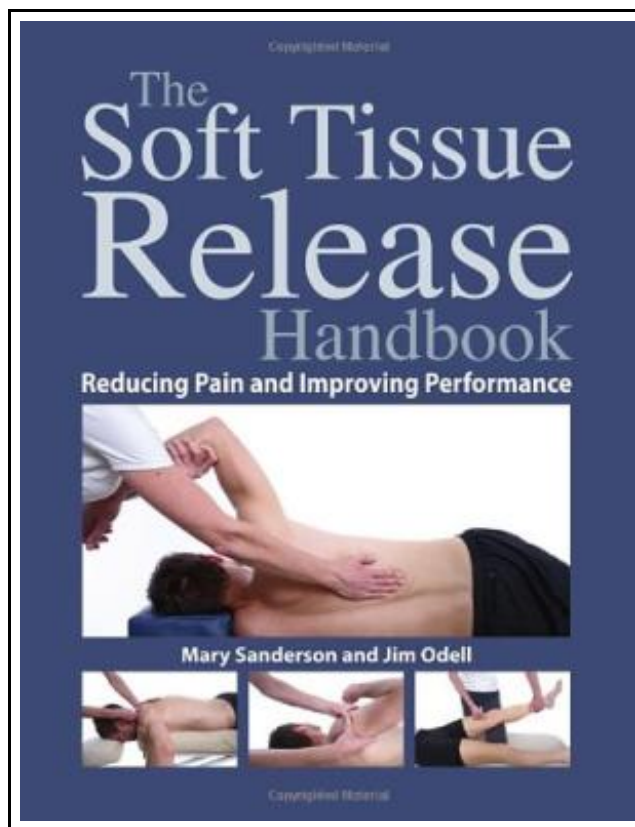


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THE SOFT TISSUE RELEASE HANDBOOK: REDUCING PAIN AND IMPROVING PERFORMANCE

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