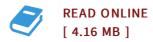




Health Culture Volume 23, No. 8

By Books Group

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1917 Excerpt: .were the product of design by the parents, and discouraged any resort to self-control of the sectual function--preventives except the natural one--except for procreation. Good children are the best life insurance provision for aged parents, the best guarantee against loneliness. No man or woman does justice to society and nature who fails to transmit their lives to children.--Ed. VITALITY AND SLEEP Few men stop in their mad rush for dollars, fame, and pleasure, to give time to serious thought regarding their lowered resistance. A large number of learned men are always on the hunt for germs and in spite of their discoveries we have disease with us. When a man s vitality is at par he can laugh at any disease because he is immune. Now the question is, how can we retain this degree of health? One of the great factors in health is sound...



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