



## The Heart of Psychology: Unraveling the Mysteries of the Mind

By Ph. D Howard Paul

AuthorHouse. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. This book takes complicated issues and explains them in a manner everyone can understand. Topics such as guilt, obsessive behaviors, eating problems, dealing with a homosexual child, honesty in relationships, anger, codependence and many others are covered in a uniquely human manner, delicately balancing of warmth, understanding, compassion and humor. Many important topics are addressed that people typically do not wish face or actively avoid. This is a book that can find a valuable home in almost every thinking adults library. For less than the price of 5 minutes of therapy, one is treated to 45 years of wisdom and learning. Everyone can benefit from or be helped by this book. We study history to learn from the wisdom of the past as well as to not repeat mistakes that are avoidable. This book satisfies the same role in that there is much to learn and many mistakes to avoid. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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