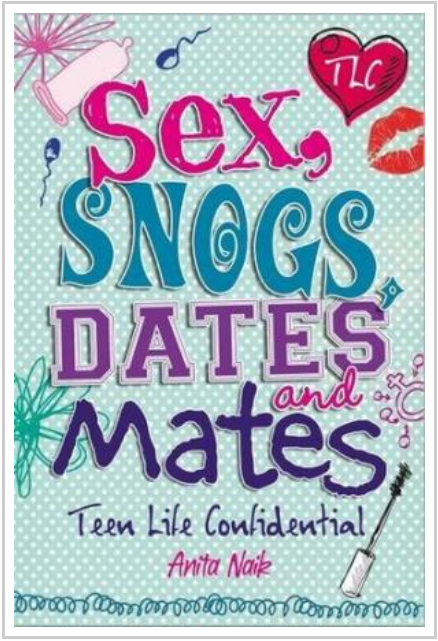

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Sex, Snogs, Dates and Mates

By Anita Naik

Hachette Children s Group, United Kingdom, 2013. Paperback. Book Condition: New. 197 x 130 mm. Language: English . Brand New Book. How do you deal with dating and build good relationships? How will you know when you re ready to have sex? Can you resist the pressure and say no if you re not? Designed to make sex education easier for teenagers and their parents and teachers, this age appropriate guide will give you the facts and answer all the questions on sex and relationships you didn t like to ask, from periods and puberty, crushes and contraception to health and harrassment. Topical and helpful, the book includes quotes from teenagers about their own experiences, and is written in a down-to-earth and friendly manner by highly respected author and agony aunt Anita Naik. The chapter listing is as follows: Your changing body; Sex education - what s it all about?; Love and relationships; Thinking about sex; Having sex; Life after sex; Bigger problems.

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