



Quiet Mind" Companion (2nd edition)

By Jenny Dent

White Eagle Publishing Trust. Paperback. Book Condition: new. BRAND NEW, "Quiet Mind" Companion (2nd edition), Jenny Dent, Jenny Dent shares her experiences in using White Eagle's classic book of sayings, "The Quiet Mind", to face life's challenges for her personal growth. This practical book gives a spiritual perspective on issues faced by us all, provides affirmations centred on the Christ, or the Light, within us, and offers meditation as a tool in self-healing and the quiet radiation of healing light to others.



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A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

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