



Nutrition You, Books a la Carte Edition

By Joan Salge Blake

Pearson, United States, 2016. Loose-leaf. Book Condition: New. 4th. 274 x 211 mm. Language: English . Brand New Book. NOTE: This edition features the same content as the traditional text in a convenient, three-hole-punched, loose-leaf version. Books a la Carte also offer a great value this format costs significantly less than a new textbook. Before purchasing, check with your instructor or review your course syllabus to ensure that you select the correct ISBN. Several versions of Pearson's MyLab Mastering products exist for each title, including customized versions for individual schools, and registrations are not transferable. In addition, you may need a Course ID, provided by your instructor, to register for and use Pearson's MyLab Mastering products. A visual approach to Introduction to Nutrition for Non-Majors. Guide students to a deeper understanding of nutrition The Fourth Edition of Nutrition You provides students with a personalized approach to understanding nutrition and teaches them to become informed consumers of nutrition information through interactive lessons, practical applications, and visual study tools. Joan Salge Blake writes in a very engaging style, addressing the student directly, using visual analogies in order to explain concepts, and captivating students with humor. Blake encourages students to think...



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