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# SPECIAL-NEEDS KIDS GO PHARM-FREE: NUTRITION-FOCUSED TOOLS TO HELP MINIMIZE MEDS AND MAXIMIZE HEALTH AND WELL-BEING



Penguin Random House LLC, 2010. Softcover. Book Condition: New. Advice for parents interested in nutrition strategies for enhanced health and less dependence on medications for special-needs children. This expert and practical guide advises parents of special needs children on how to maximize the impact of nutrition in order to lessen the need for pharmaceuticals. Informed by the latest research and the author's thriving nutrition-for-kids practice, it presents condition- specific information on how to harness the power of specific foods, ingredients,...

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- Authored by Judy Converse
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