



The Heart of Happiness: Restoring Happiness with Heart- Centred Healing

By Julianne Rose

BalboaPressAU. Paperback. Book Condition: New. Paperback. 104 pages. Dimensions: 8.5in. x 5.5in. x 0.2in. This guide focuses on the idea of heart happiness, a natural state of being that can exist regardless of what is happening in our lives. The Heart of Happiness offers a multi-dimensional perspective exploring seven major issues of life-self, relationships, health and well-being, career or calling, abundance, connecting with others, love and healing. Using these simple change processes can transform any area of your life. Julianne's latest exploration led her along a fascinating path of selfdiscovery. Through her own personal challenges and observation of the struggles of others, she gradually came to the realisation that there must be an easier, more direct way to work through life's challenges. She started exploring a channelling process of connecting to her Higher Self. One day, in the very early hours of the morning, Julianne received a spiritual download of information that was to become the basis for The Heart of Happiness. In discovering this way of connecting with her Higher Self, she was both excited and in awe of this new level of insight and awareness. This knowledge has continued to come through, to help Julianne with her own life...



READ ONLINE
[5.77 MB]

Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**