



## Unplug and Wake Up: Contemplations for the Soul

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By Derek Garlick

BookBaby, United States, 2015. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. If you have reached a point in your life, like I did some time ago, where you are asking questions like: what is my purpose? What is the purpose of others? What s the point of our existence? Why I am here? Then this book is for you. I asked all these questions and many more over the years, so I read books, searched the internet, spoke with spiritual people, joined various groups, meditated, but no answers and no information quite satisfied me. I just knew I was here for a reason, but could never find or understand what it was; this led to immense frustration, as I just felt I had forgotten my purpose. I lived an ordinary life (still do), with many of the struggles we all find ourselves facing and whilst embroiled in overcoming these day-to-day struggles, my search for truth and purpose faded, until years later life gave me a slap . My reasonably comfortable life was turned upside down through a personal experience and the result set me off again on my quest for answers. A lot...



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