



## Screamfree Parenting: The Revolutionary Approach to Raising Your Kids by Keeping Your Cool

By Hal Edward Runkel

Three Rivers Press, United States, 2008. Paperback. Book Condition: New. Reprint. 196 x 132 mm. Language: English . Brand New Book. Parents are facing the toughest challenge of their lives. They want to create a loving family environment filled with mutual respect and cooperation but they find instead that human nature and the influence of our culture combine to produce an atmosphere of anxiety, exhaustion, and far too much screaming. Perhaps you can relate! Whether you scream at your children or not, you no doubt feel anxious about them and their choices. You worry how they ll turn out. Unfortunately for parents, many of the techniques some experts present only seem to make matters worse. Hal Edward Runkel has discovered why: Parents are spending far too much time orbiting their lives around their children. They need to return the focus to themselves. They need to grow up and calm down. ScreamFree Parenting is about taming your reactive responses to your deep anxiety. Rather than learning new techniques, you ll discover the liberating principles, based on scriptural truths, that are inspiring parents just like you to revolutionize their family life. Principles that will enable you to remain cool, calm, and connected...



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