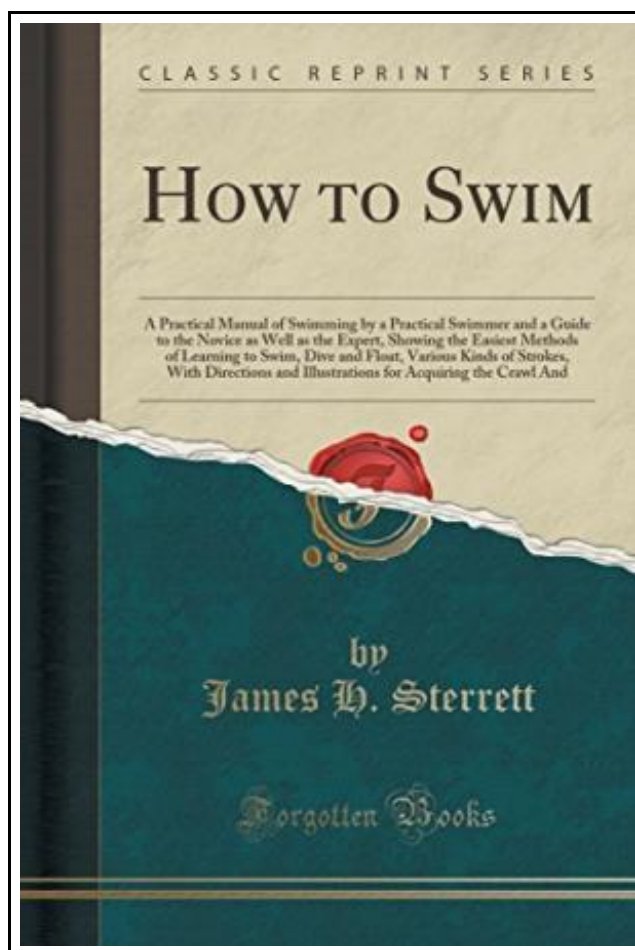


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Reviews

An exceptional publication as well as the font employed was exciting to see. it was actually writtern extremely flawlessly and helpful. Once you begin to read the book, it is extremely difficult to leave it before concluding.


(Dominic Collins)


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


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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from **How to Swim: A Practical Manual of Swimming by a Practical Swimmer and a Guide to the Novice as Well as the Expert, Showing the Easiest Methods of Learning to Swim, Dive and Float, Various Kinds of Strokes, With Directions and Illustrations for Acquiring the Crawl And** The author of this little volume originally compiled the material at the request of the late James E. Sullivan, with whom he was associated in Amateur Athletic Union affairs for a great many years and therefore naturally takes a more than passing interest in the book. With the great advance that has been manifested in swimming, it became necessary to make a thorough revision of the entire matter, at the same time adding a new chapter in life-saving methods which should prove invaluable. While the author disclaims any attempt of self-laudation, still for the benefit of the many who will read this volume and would like to know his capability for assuming to teach the modern methods of swimming, the following letters, from prominent authorities on the sport, are reproduced: L. deB. Handley, New York Athletic Club. Jim Sterrett may be counted among the pioneers of swimming in this country. He was called the Father of America Swimming when I entered the field of competition 20 years ago. Sterrett's prolific pen, too, has done much to spread knowledge of developments. It was in one of his books that I read the first technical discussion of the principles of aquatic progression ever come to my notice, and his numerous articles on all branches of watermanship have ever held interest for me. Wm. E. Bernard, Jr., Swimming Coach, Girard...

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