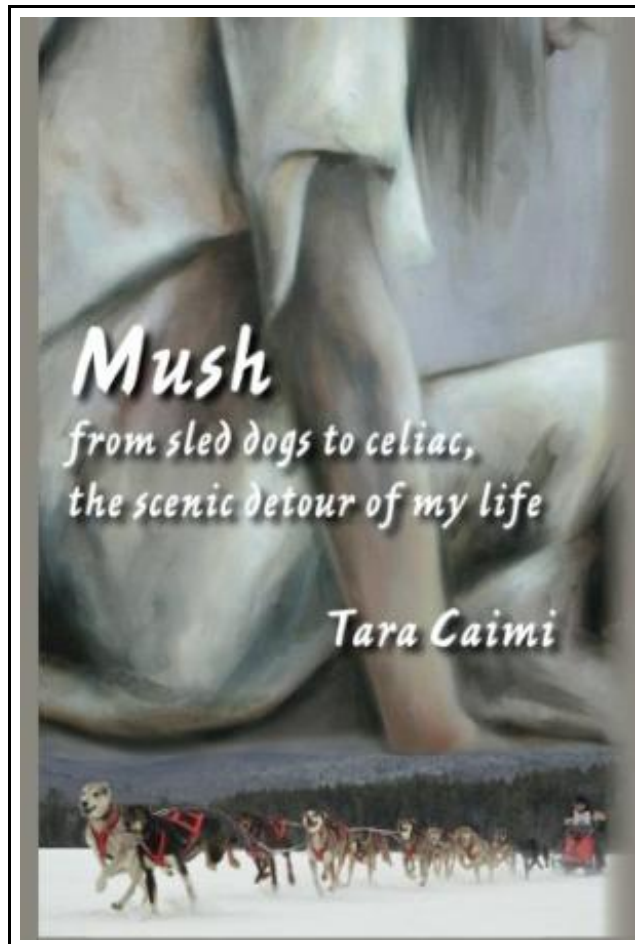


Mush: From Sled Dogs to Celiac, the Scenic Detour of My Life



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(Audrey Lowe I)

MUSH: FROM SLED DOGS TO CELIAC, THE SCENIC DETOUR OF MY LIFE



Plain View Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.When Tara Caimi was twenty-eight years old, she moved from Pennsylvania to Utah to support her boyfriend's dog mushing dream. Nick was confident and courageous, outgoing and adventurous--everything Tara was not. Tara had always suffered from anxiety-related ailments, but in Utah her health steadily deteriorated. Living with Nick revealed some unexpected lifestyle differences, and the culture she encountered rendered her a perpetual outsider. The only comfort she found was in her surrogate family of sled dogs. As personal failures piled up amidst desperate feelings of isolation, her health declined to a point she could no longer ignore. *Mush* is the story of Tara's journey toward someone else's dream and the lifesaving self-discovery it revealed. Tara Caimi's *Mush* does not pretend. It's an unsparing memoir, written with seductive honesty and few favours paid to the writer's ego. Caimi's story picks its way through the half-lit valleys of her wilderness years, as she follows a dream not her own. This is the sort of truth that plenty of us spend our lives avoiding, but she tackles it with a workmanlike lack of sentimentality. Caimi is a likeable and refreshing narrator whose prose allows the reader space to reflect. -- Liz Ann Bennett, editor and publisher of *Oh Comely* magazine One of the things I admire most about Tara Caimi's memoir *Mush* is what it is not. *Mush* follows Tara's life as it slowly spins out of control and she's sucked into a downward spiral of disappointment, stress, and physical illness that nearly kills her. But Tara is a survivor. She lives to write about the whole mess--with candor...



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