



## The Re-Words: A Philosophical Novel about the Art of Reinvention

By Ella Jane Sandwell

Createspace, United States, 2014. Paperback. Book Condition: New. Jes Coolbaugh (illustrator). 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. I wanted to change. Though not unhappy or depressed, I found myself unfulfilled. With a self-imposed examination, I realized that many of my behaviors, many of my current life choices were based on a foundation of ideological bricks that I established long ago, when I was in a much different place both emotionally and physically. Because I completely changed my life, and unable to find a program that addressed the kind of reinvention I wanted, I devised and documented my own plan. This is my account detailing what I did to replace my core beliefs and systematic responses that I brought with me through the years, with brand new fundamental views and reactions. This book holds the keys to how I unlocked the new me. Author Ella Jane Sandwell Bright and uplifting with a powerfully honest undercurrent, The Re-Words is a personal story, depicting what one woman did to confront old habits and ideas and replace them with refreshed and revamped notions. The subtitle, a philosophical novel about the art of reinvention, reflects her...



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