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The 4:8 Principle: The Secret to a Joy-filled Life

By Thomas Newberry

Tyndale House Publishers. Paperback. Book Condition: new. BRAND NEW, The 4:8 Principle: The Secret to a Joy-filled Life, Thomas Newberry, Tommy Newberry's message is simple, relevant, powerful, and timeless. In this "New York Times" bestseller, Newberry takes a single biblical principle and teaches us how one simple truth can magnify the joy we experience in our marriage, with our parenting, and in our life as a whole. Unfortunately, we live in a society bent on nursing old wounds and highlighting what is wrong with just about everything. As a result, we have grown accustomed to viewing the world, our lives, and ourselves through a lens of negativity-and that negativity stands in direct contrast to the passionate, purpose-filled people God wants us to be. This is where "The 4:8 Principle" grabs our attention. First, the author skillfully persuades us to acknowledge the link between the thoughts we choose to think and the joy we experience. Next, he shows us how we can grow our potential for joy by refusing to dwell upon the problems and pressures that are enduring and inevitable. Finally, he challenges us to pay the price of joy by becoming "extraordinarily picky" about what we read, watch, and...



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