



Rejection Proof: How to Beat Fear and Become Invincible

By Jia Jiang

Cornerstone, United Kingdom, 2016. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book. Rejection? It s nothing to be afraid of.Maybe you avoid situations where you might be rejected. You don t apply for that dream job. You don t ask for that pay rise. You don t ask that person on a date. But it doesn t have to be that way - the only thing standing between you and your goals.is you. Jia Jiang had allowed his fear of rejection to rule his life. But he decided to take radical action: he quit his job and spent 100 days deliberately seeking out scenarios where he would likely be rejected, from ordering donuts interlinked and iced like the Olympic rings to asking to pilot a light aircraft. And something remarkable happened; Jia not only learned how to cope with rejection but also discovered that even the most outrageous request may be granted - if you ask in the right way. In this infectiously positive book Jia shares what he learned in his 100 Days of Rejection, explaining how to turn a no into a yes , and revealing how you too can become Rejection...



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